insights, events and inspiration for the spiritual journey

OCT 2025

Spirit Vibes is PATHWAYS' quarterly newsletter designed to inform, inspire, and publicize the ways it is working to deepen relationships with humanity, creation, and the Divine.
Let's journey!



CENTER FOR SPIRITUAL RENEWAL

Offering Thanks

Autumn is a time of harvesting and offering thanks. Today, we celebrate the fruits of the seeds planted five years ago this fall when *PATHWAYS*, a new ministry of Christ Lutheran, was launched. Recognizing a growing hunger for spiritual resources and connection, we provide opportunities for people to experience God in varied settings and offerings. Our mission then is the same today: provide a place where all are welcome and people of different faith traditions can gather for spiritual conversation, prayer, and reflection.

We are grateful to those who provided their wisdom as we planted seeds.

We are grateful for old and new friends as we journey together, encountering the Holy.

We are grateful for the planning committee which listens and responds to the Holy Spirit guiding us.

We are grateful for the presence and support of Christ Lutheran.

We give thanks, O God, for Your steadfast love and guidance.

In this age of division and conflict, PATHWAYS will continue to provide encouragement for people to deepen their relationship with humanity, creation, and the Divine.

In gratitude,

Karen Glavin PATHWAYS Chair



By the Numbers

Over the last five years...

- Over 1,670 people have attended a PATHWAYS offering.
- PATHWAYS has facilitated workshops at nearly a dozen congregations and agencies.
- 34% of attendees are from outside of the Christ Lutheran family.

A gallery of PATHWAYS offerings through the years can be found on the next pages. We thank our wide-reaching community for its support, and look forward to the next five years and beyond.



Thank You!

On September 28, PATHWAYS celebrated its five year anniversary with two special events: Creation Morning and Autumn Fest. What a wonderful weekend! We generated \$1,467 at the Autumn Fest fundraiser — complete with a pie auction — to help support our 2026 programming (stipends for facilitators and supplies). Included below and on the following page are images from a variety of PATHWAYS events over the years. What a joy to reflect on the spiritual connections made and our shared ministry.















Personal

Reflections

Testimonies from recent PATHWAYS attendees:

to congregate with others and celebrate the peace and beauty that can be found in nature. It was a poignant reminder to slow down, breathe, and appreciate God's blessings that are all around us."

— Kendra Hall. CLC member











Autumn Fest (September 2025)

Jan Hedrick's cherry pie sold for \$170! She later commented, "I'll have to treat my next cherry pie with greater respect! I thought the whole event was a smashing success. Thanks be to God!"

Jan Hedrick. CLC member





Through the years...













Spiritual deepening toward wholeness

















upcoming offerings

Healing Service NOV 30 10am

A brief time of prayer, laying on of hands, and anointing on Sunday, November 30. Held in the Christ Lutheran sanctuary following 9am worship, this gathering seeks to provide peace and wholeness in Christ.

Longest Night DEC 21 4:30pm

The joy of the holiday season can feel elusive to those who have experienced loss. Amidst the twinkle lights and noise, let us offer a moment for prayer, reflection, and remembrance. On the day with the longest night, we'll offer prayers for the world and one another, and draw near to God. Reflective music and spiritual practices will help us center ourselves. Join us for a time of hope and healing.

Virtual Book Study: The Amen Effect JAN 12, 19, 26 and FEB 2 6pm

The Amen Effect: Ancient Wisdom to Mend Our Broken Hearts and World by Rabbi Sharon Brous

From penguinrandomhouse.com:

From one of our country's most prominent rabbis, an inspiring book about the power of community.

In a time of loneliness and isolation, social rupture and alienation, Rabbi Brous contends that it is through honoring our most basic human instinct — the yearning for real connection — that we reawaken our shared humanity and begin to heal. She contends that the word *amen* affirms the fullness of one another's experience by demonstrating, in body and word: "I see you. You are not alone." With original insights and practical tools, *The Amen Effect* identifies simple practices that connect us to our better angels, offering a blueprint for a more meaningful life and a more connected, caring world. Registration information coming soon.



a ministry of Christ Lutheran Church

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on Facebook, search:

Pathways: A Center for Spiritual Renewal

seekthepath.org

Gratitude Blessing

Spirit of Generosity, we come to you with hearts overflowing with gratitude for your abundant creation. As we awaken each morning, help us to remember this day is a gift, this breath is grace, this life a wonder. Remind us with every flower we see, every act of kindness, every moment of connection to something so much bigger than ourselves, to whisper thank you. Cultivate in us a sense of awe and trust in your lavish grace. Let each word of thanks we offer expand our hearts until delight inhabits us and we know love as our sustenance.

—Christine Valters Paintner



PATHWAYS TEAM

Karen Glavin (Chair), Bill Blackburn, Lee Blackburn, Anna Borchers, Jenny Campbell, Kris Campbell, Deacon Jennifer Fox, Deacon Laura Gorton, Kendra Hall, Jan Hedrick