## Page 1 Keep With You

#### Frequently Asked Questions

- Q: When does camp begin?
- A: Registration begins Friday at 5:00 p.m. No supervision will be provided for children who arrive early.
- Q: When does camp end?
- A: Sunday after lunch at 1:00 p.m.
- Q: Is dinner served Friday?
- A: Yes
- Q: May I call my camper? May my camper call me?
- A: Only in the event of an emergency.
- Q: What is the weather like?
- A: Mt. Meadows is located at 4,300 feet in elevation. The cabins and bathrooms are heated, but please bring warm clothes, extra socks and shoes for when they get wet, and be prepared for the possibility of snow and/or rain!
- Q: What do I bring?
- A: Bible, notebook, pen, warm sleeping bag, clothes for cold and wet weather/snow, extra socks AND shoes, bath towel, flashlight.
- Q: What don't I bring?
- A: Cell phone, Ipod, any electronic game devices.
- Q: What are you policies for sick campers?
- A: We ask that anyone who doesn't feel well (or has been directly exposed to any virus/flu) to please stay home. If a camper gets sick while at camp we will contact the parents and request camper pick up as soon as possible.
- Q: Can I send medications with my child?
- A: All medications brought to camp must be turned in to camp administration for safe-keeping and distribution. All medications will be given by the camp nurse according to the doctor's label or <u>signed</u> instructions from the parent. Over-the-counter medications (Tylenol, cough syrup, etc.) that have been approved by a camp-associated physician are available and will be given as symptoms warrant. Parents will be notified if symptoms persist.

# Mountain Meadows Bible Camp





#### Winter 2026





"And this is eternal life, that they may know You, the only true God, and Jesus Christ whom You have sent."

John 17:3



A Ministry of Shasta Christian Youth, Inc. Camp (530) 474-3143

Director: Paul Wiens P.O. Box 494591 Redding, CA 96049 office (530) 722-9961 www.shastachristianyouth.org

## Page 2 Keep With You

### Winter Retreat Schedule

#### Online Registration @ ShastaChristianYouth.org

All camps begin Friday for at 5:00 p.m. All camps end Sunday after lunch at 1:00 p.m.

Junior For high energy kids January 2-4 \$104.00

in grades 4-6

Junior High For the wild and crazy January 9-11 \$104.00

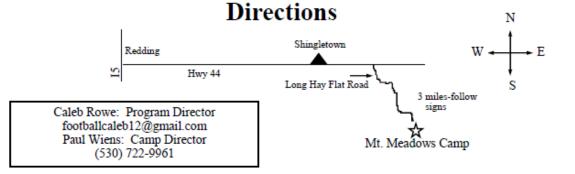
ones in grades 7-8

High School For teens in grades 9-12 January 16-18 \$104.00

The road to camp can be icy and slippery during the winter months.

We encourage you to bring chains, four wheel drive vehicles or carpool with someone whose vehicle can handle the winter conditions!

\*\*Please drive slowly past neighbors on Long Hay Flat Road\*\*



#### Page 3

#### **Cut on dotted line and Mail With Payment**

Please do not write outside dotted line

	Please do not write	above this line. For off	fice use only.	
Ca	mp Regi	stration	Form	
Camp (circle one):	Junior	Jr. High	High School	College
Camper Name			Birthdate	(mm/dd/yy)
	M/I			
Age Grade	Gend	er <u>ONE</u> Cab	in Buddy Request (no	guarantee)
Parent Name				
Street Address	City		State	Zip Code
( )	( )		( )	
Home Phone	Work Phone		Cell Phone	_
Home Church		Email A	Address	
Secondary Emergency Contac	t (if unable to re	ach parents):	( )	
Name	Relationship		Phone	
TO CONSENT: Mountain Me s and may use pictures in print	ed/web publicati	ons. Your registr		nission for
t give consent.	authorize Mount d and over the co ray examination vision of any phy	ounter medication s, anesthetic, med sician and/or sur	ole Camp as agents for us as indicated by a ph dical or surgical diagra geon licensed under th	ysician and/or losis rendered he provisions of

#### Page 4

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#### Medical/Health History \*Confidential\* Payment Details Personal Health and Accident Insurance Unless you get a phone call from Shasta Christian Youth, your registration is confirmed. Policy Number Payment is required with your Personal Physician registration form! Physician Phone Number Mt. Meadows accidental insurance is a secondary coverage. In the Payment: event of an accident, your insurance will be billed first. Camp Cost \$ 104.00 Please check YES or NO on the following YES Able to Swim - - - - - -Immunizations current - - - - - - -Donation to camp to help \$ Date of last Tetanus Vaccine keep camper fees low Any activity restrictions for medical reasons?\*-Total Enclosed Allergies to food/medicine\*-----П Special Dietary Needs\*-----Condition requiring medication\*-----\*If yes to these questions above, please include \*\*Please list amount and source of all scholarships that will be applied to your payment (if applicable). an attachment with further explanation of needs. Health History: (Circle those that apply) Frequent Urination Scholarship Source Diabetes Anaphylaxis Asthma Iodine allergy Heart Problems Scholarship Amount Epilepsy/Seizures Other: Ear Infections Occasionally, it is necessary to provide campers with Checks Payable To: non-prescription medications when they are at camp. Shasta Christian Youth, Inc. Please check below to indicate whether you give permission for the listed medication to be administered by qualified camp staff. We will not administer any Payment Address: medication without this authorization. (Please send form AND money to) Please check YES or NO for each medication YES NO YES NO Mountain Meadows Camp Registrar Cough drops Pepto Bismol (upset stomach) P.O. Box 494591 Tylenol (head/ Ibuprofen (head/muscle aches) Redding, CA 96049 Benadryl (itching Loratadine cold/allergy symptoms) (allergies) Register Online @ Cortisone 1% cream Tums (itching/bug bites) (upset stomach) ShastaChristianYouth.org ALL MEDICATIONS and PRESCRIPTIONS MUST: Be in the original container. Be in the original comainer. Have a note with HOW, WHEN, and WHY to administer Late registrations are usually okay, which is SIGNED by the legal guardian. but please phone or text Jared and Sabrina 530-737-7895 OFFICE USE ONLY to reserve a spot within the Recent exposure to pink eye, flu, other infections? Feeling sick?

Medications?

last week before camp.