

## I Am Not Enough (Matthew 4:1-11)

Warmup: If you were stranded in the desert for 40 days what's one item you would have with you, in addition to food and water?

READ Matthew 4:1-11 aloud, paying special attention to verses 5-7.

- What specific temptation did the devil present to Jesus in verses 5-7?
  - What was the devil trying to get Jesus to prove?
- How did the devil use Scripture in this temptation?
  - O Did the devil quote Psalm 91:11-12 accurately?

## **REFLECT**

- What stood out to you the most about Jesus' second temptation in the wilderness?
- Pastor Neil explained the need to prove oneself occurs when there is <u>doubt</u>. What word or idea completes this sentence for you?
- When do you feel the strongest pressure to prove yourself to others, or even to God?
  - O What emotions or situations trigger this?
- What truth mentioned in the sermon frees you from approval ratings of others?
- How does understanding that God never intended you to be self-sufficient change how you view your limitations?
- Psalm 139:23-24 is a prayer of self-examination. How does this prayer help you experience freedom from guilt and shame?

## **RESPOND**

- When during your day could you intentionally pray Psalm 139:23-24? What would it look like to make this a daily rhythm?
- How does living in complete reliance upon Jesus connect with Psalm 139:23-24?
- In what other areas of your life is lesus inviting you to complete reliance on Him?