

28 December 2025  
**Hope in the darkness**  
Psalm 88, 1 Peter 2:4-10

*A prayer of lament after Christmas?*

- 1) The '**I**' and '**You**' of the Psalm
  - a. '**I**' am 'overwhelmed by troubles' and 'near death' (v3-5)
  - b. '**You**' are the God who has put the '**I**' where he is (v6-9a)
  - c. '**You**' are 'the God who saves' the '**I**' (v1-2)
- 2) Therefore, if '**You**' don't save, '**I**' cannot declare the praise of '**You**' (v9b-12)
- 3) Why then am '**I**' rejected by 'You' and under '**You**'r wrath and darkness? (v13-18)

**Words of truth and comfort from this psalm**

- (the reality of experience) *God hears and validates our cries*
- (the reality of truth) *God is sovereign over our troubles*
- (the reality of salvation) *God is our only hope*
- (the reality of life) *True darkness is spiritual (1 Peter 2:9)*

**We live in the shadow of death and darkness,  
where Christ, our God and Saviour is the only hope.**