

Weekly Messenger 01-23-2026

Wisdom for 2026: What Shapes the Heart Shapes the Life

Most of us spend a great deal of energy managing what happens around us. We plan schedules, manage responsibilities, and try to stay one step ahead of life's demands. Yet Scripture consistently invites us to look inward—to the place where our thoughts, emotions, desires, and decisions are formed.

The Book of Proverbs makes a striking claim: the heart is the source from which life flows. In biblical language, the heart is not simply emotion; it is the center of who we are. What captures our attention, stirs our affections, and occupies our inner world eventually shapes how we live.

That insight feels especially relevant in a distracted and overwhelmed culture. We are constantly absorbing information, images, opinions, and emotional signals—often without slowing down to ask how they are shaping us. Over time, what we repeatedly allow into our inner life becomes familiar, then normal, and eventually influential.

Proverbs does not suggest that we withdraw from the world or ignore reality. Instead, it invites us to practice discernment—to pay attention to what has access to our hearts. Wisdom, according to Scripture, involves thoughtful guarding, not fearful isolation. It means learning to recognize which inputs nourish the soul and which quietly drain it.

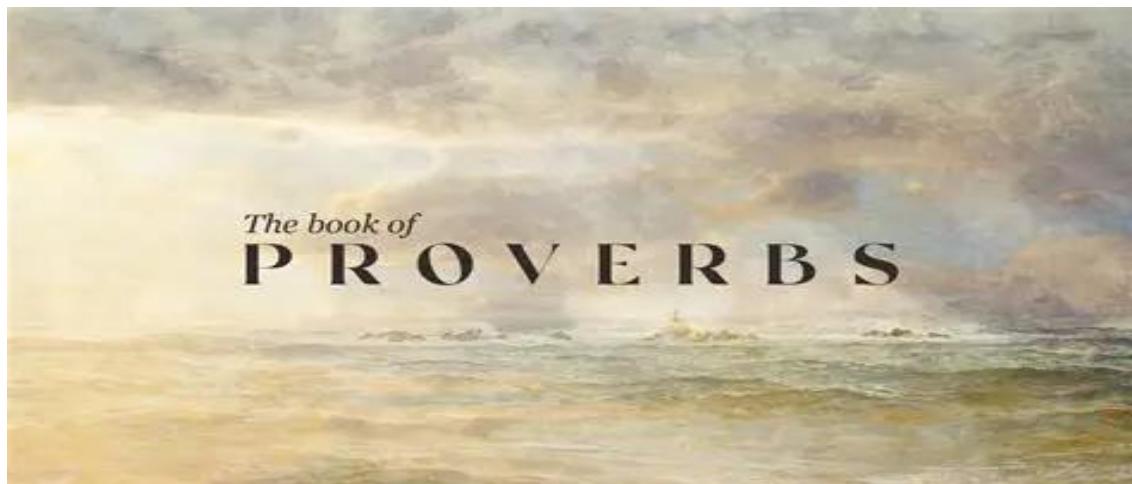
The promise attached to this wisdom is hopeful. When the heart is well cared for, life begins to flow differently. Decisions become clearer. Relationships become healthier. Faith becomes steadier. Guarding the heart is not about restriction; it is about cultivating a life-giving source.

As our *Wisdom for 2026* sermon series continues, this week's message turns inward, helping us reflect on what is shaping us beneath the surface. In a noisy world that constantly competes for our attention, Proverbs invites us to slow down, become more aware, and tend carefully to the place where life begins.

Join us this Sunday as we explore why guarding the heart matters—and how wisdom invites us to live from a healthier, more life-giving source.

See you Sunday!

Grace and peace,
Laugh often and Fear not!
David!



Sunday Worship Services

8:30 am – Traditional

10:30 am- Contemporary

Email: mvpc@mviewpc.org

Website: mviewpc.org

Office Hours

8a-5p M-Th

Phone: 702-341-7800

Pastor

Rev. David W. Dendy

Men's/Mission Director

Dr. Gary Wall

Director of Family Ministries

Chris Kirschman

Director of Music

Dr. Mark Wherry

Redeemed Worship Leader

Bridgette Foster

Administrative Assistant

Shane Jensen

Tech Assistant

Tracy Vanderwerf

Church Accountant

Mitra McNally

Ministry Coord/Social Media

Tami Samek

Facilities Manager

Mark Washburn

Women's Ministry Director

Allison Gray

Organist

Richard Wilson

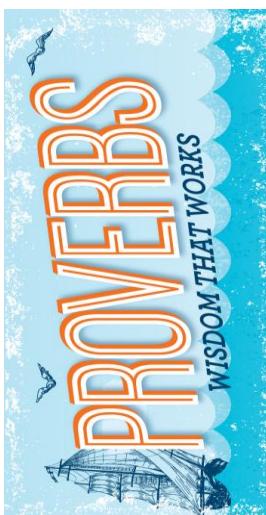
Bell Choir Director

Gail Berg

Elder Mailbox

Session@mviewpc.org

Family Ministry News



Youth Group –

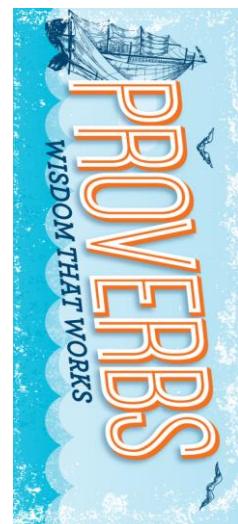
Youth Group 4:00 p.m. Come to dinner at 5p.m.

Children -

Sunday School Jan. 25th during 2nd service.

U50s/adults.

Next meeting will be Jan. 25th at 1:00 p.m.



The year of wisdom!

CJK



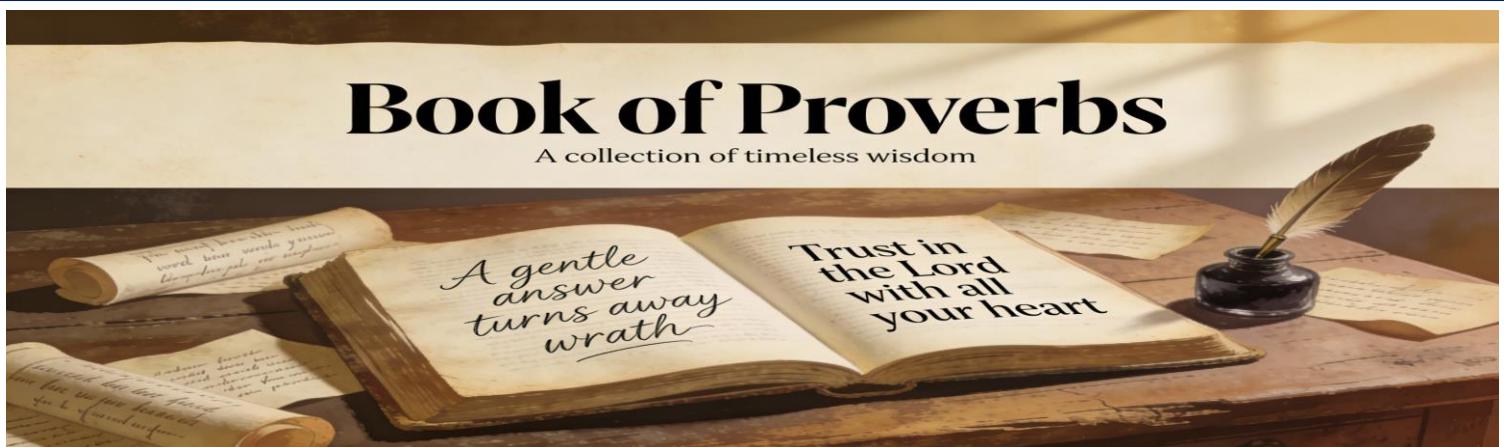
Join the MVPC family this Sunday at 8:30 a.m. and 10:30 a.m.
for Virtual Church!

Go to the MVPC webpage @ www.mviewpc.org and select
Facebook or YouTube

CLOSED CAPTION AVAILABLE

Are you missing out on Pastor David's wonderful virtual sermons because you can't hear what is said? We now know closed caption is available on the YouTube broadcast. Follow the directions below:

On YouTube under the video, where you can start, pause, etc. is a "cc". Click on that to start closed



Ministry supporting women who have lost a spouse

JUST US

"Galentine's Lunch"

Monday, Feb. 9, 2026

Noon

Sign-up in the Narthex



7690 W. Lake Mead Blvd

Meet at the restaurant.

Separate Checks

God's Grace Cancer Support

13 week series
Jan. 8 - Apr. 2
2:00-3:00pm
Open to all



You're never alone in the fight!

Isaiah 41:10

BOOK CLUB

This is a new year and new books to read. Please join us as we discuss a selected book. We meet in the Chapel on the last Friday of the month at 10am.

Our upcoming books are:

January 30th - One Thousand White Women
by Jim Fergus

February 27th - In Order to Live - A North
Korean Girl's Journey to Freedom
by Yeonmi Park

BOOK CLUB



GRIEF SHARE®

GRIEF RECOVERY
SUPPORT GROUP

Group begins on Tues, Jan. 13, 2026
1:00pm - 3:00pm Chapel
No registration required

“The Well” (Caregiver Support Group)

Feeling drained?

Caregiving can be rewarding, but it is also challenging. Taking time for yourself can make you a better caregiver.

**13-week series
Jan. 22 – Apr. 16
10:00am – 11:00am**

Take Care of Yourself as a Caregiver



“The Well” (Caregiver Support Group)

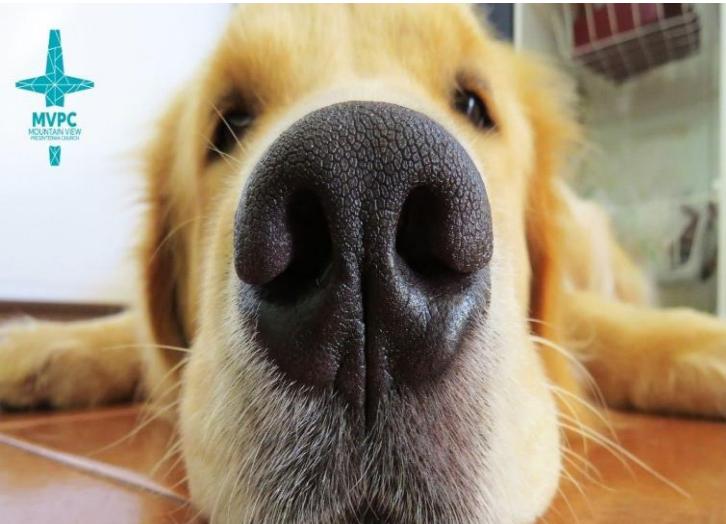
Are you currently caring for a loved one, whether a parent, spouse, child or friend? Caregiving, while done in love, often drains one's energy. Caregivers often have a sense of feeling useful and needed, however the ongoing demands of caring for someone can lead to a Caregiver neglecting caring for themselves.

Here are a few signs.

- **Are you feeling exhausted, overwhelmed or anxious**
- **Are you feeling lonely or disconnected from others**
- **Easily angered or impatient**
- **Trouble sleeping**

MVPC is offering a Caregiver Support Group to give you the opportunity to meet with other Caregivers and share how things are going. This is a safe place to share and ask questions. Let us help you refuel and refill your “Well”!

First meeting on January 22 at 10:00am – 11:00am.



“I smell something yummy!”

Pet Ministry Annual Bake Sale

**Sunday February 8th
after both services**

Attention MVPC Bakers our Pet Ministry is hosting a bake sale and we need some help! We would love some of your delicious baked goods themed Superbowl and/or Valentine's Day plus any Sugar Free recipes for the sale. All proceeds to be donated to a local animal rescue.

Baked goods can be dropped off at Fellowship Hall on Sat., Feb. 7h between 1-4 PM or on Sunday morning before each service! If you would like to drop them off in the kitchen during the week please mark them for BAKE SALE! Please label your baked item clearly with what it is including ingredients such Nuts or Sugar Free etc.

We need many Volunteers to help on Saturday (prep) and Sunday. **Volunteer on Sat. Feb 7th 1:00-4:00pm** to label and organize the donated goods – any amount of time you can help is appreciated.

Volunteer on Sun., Feb. 8th 7:45- 8:30am – set up & sell baked goods 9:30-10:30am – sell baked goods 11:30-12:45pm – sell baked goods & clean up.

If you can assist in baking and or volunteering your time, please RSVP what day/time you can help to: Tammy.petlover2017@yahoo.com



RightNow Media is a free service offered to MVPC/Guests/Friends. You will have exclusive access to hundreds of Bible studies and topical videos led by world-class teachers along with a multitude of Christian-based videos for your family to enjoy.

It's easy to sign up, email Tami Samek, Ministry Coordinator at Tami@mviewpc.org and she will set you up and you can start accessing great Bible-based studies/videos today! *Happy New Year!*

Doing Good - The Book of Titus

If Christians are “saved by grace,” totally apart from good works, what difference does it make if we Do Good or not? In this series, from the book of Titus, Chip Ingram reveals that there are four key reasons why Doing Good matters so much. He also explains how we can become people who habitually Do Good – and the first step begins with who we are, not what we do. According to Scripture, Doing Good is not just a suggestion, it is very powerful, and can be costly. Chip encourages us, however, that the price of not Doing Good, can be even more costly. This series clarifies what Doing Good will do in you and then through you, for the benefit of others and the glory of God.



Jesus Changes Everything (YOUTH)

* Note: The real-life stories in this series contain mature themes.*

Teenagers often feel trapped. They’re stuck in the same habits, depression sets in, and they wonder about their purpose. Life might seem pointless or hopeless at best. The lie that says nothing will ever change pulls teenagers deeper into the rut.



But Jesus offers a way out. He reaches down to give life—a new path to follow. He has the power to free us from habits, redeem our relationships, and give us a new identity. It all begins by deciding to follow Him, because a life surrendered to Jesus is a life transformed.

In this 4-part series, Nick Hall, Founder and Chief Communicator for PULSE, a ministry focused on reaching the next generation for Christ, talks to students about how a relationship with Jesus changes everything—our identity, relationships, habits, and mission. Students will be challenged to allow Jesus to transform every aspect of their lives.

Off the Couch Into Creation - Season 1



Join the Wild Brothers — Morgan, Hudson, Kian, and Asher — as they transition from their adventurous upbringing in Indonesia to exploring the natural wonders of the United States.

Determined to prove that adventure isn't limited to distant lands, they embark on journeys starting right in their backyard. This award-winning series inspires families to discover the beauty and excitement of God's creation close to home.

God's Uncommon Man Tony Dungy & James Brown

Do you ever wonder what it looks like to be a man of faith? In this three-session series, sportscaster James Brown and former NFL coach Tony Dungy will teach us what it means to be an “uncommon man”—a man who follows God faithfully. Are you ready to take the next step in your life of faith? Learn what it takes in God's *Uncommon Man*.

January 18, 2026

Per Capita Sunday



**Amount for 2026:
\$48.00 per member**

Please make checks payable to MVPC or select
"Per Capita" for online giving option – thank you!

**MVPC Dinner
& Talent Show**

February 13

Pastor David Dendy, MC

Dinner - 6pm Talent Show - 7pm

Sign-up for Dinner in the Narthex



Join us for great food, fellowship & fun!

*We are here
to help!*

DIVORCE Care
for those going through
separation or divorce

MVPC New Group Starts

Jan. 26, 2026

6:00 - 7:30pm

(Group meets from Jan. 26 to Apr. 20)



Our Vision

LOVE
God

LOVE
People

KNOW
God

KNOW
People

SERVE
God

SERVE
People

It's what we do!

**LAUGH OFTEN
FEAR NOT!**



Join us in the Fellowship Hall between services this Sunday, Jan. 25th to assemble Homeless Care Packs. This is an important ministry and helps the most needy in our community.





Nancy Frazier – Jan. 24th
 Maria Harper – Jan. 26th
 Andrea Jones – Jan. 26th
 Pam Ramseth – Jan. 27th
 Brenda Levitan – Jan. 28th
 Stephen Fuquay – Jan. 30th
 Jo Ellen Lewis – Jan. 30th

Happy Anniversary!



Dennis and Toni Bunce – Jan. 24th
 Doug and Jane Nestor – Jan. 24th

This Week's Events

Sun., Jan. 25

8:30 a.m. Traditional Worship, SC
 9:45 a.m. Homeless Care Pack Assembly, FH
 10:30 a.m. Contemporary Worship, SC
 1:00 p.m. Grace Presbyterian Church, SC
 1:00 p.m. U50's, Mark
 4:00 p.m. Youth Group, FH
 5:30 p.m. Volunteer Appreciation Dinner, FH
 7:00 p.m. AA Meeting, FH

Mon., Jan. 26

9:00 a.m. Quilters, FH
 10:00 a.m. Staff Meeting, CH
 6:00 p.m. Divorce Care, Esther
 7:00 p.m. Gamblers Anon., CH

Tues., Jan. 27

9:45 a.m. Women's Bible Study, FH
 11:30 a.m. Divine Dealing, FH
 1:00 p.m. Griefshare, CH
 5:30 p.m. Narcotics Anon., CH
 7:00 p.m. Men's Bible Study, CH
 7:00 p.m. Women's Bible Study, FH

Wed., Jan. 28

10:00 a.m. Pastor's Bible Study, FH
 5:00 p.m. Bell Choir, CH
 7:00 p.m. Choir, SC
 7:00 p.m. AA Meeting, FH
 7:00 p.m. Session, Mark

Thurs., Jan. 29

10:00 a.m. Caregiver Support Group, CH
 2:00 p.m. Cancer Support Group, CH
 5:00 p.m. Redeemed Worship Rehearsal, SC
 7:00 p.m. Al Anon, Esther
 7:00 p.m. Grace Choir Rehearsal, SC

Fri., Jan. 30

10:00 a.m. MVPC Book Club, CH
 2:00 p.m. Knitting Group, FH

Sat., Jan. 31

11:00 a.m. Bell Choir Rehearsal, CH
 5:00 p.m. AA Meeting, FH



Messenger articles and Sunday announcement requests are due in the Church office by **Wednesday at noon** each week! Thank you for your cooperation!

LET THE PEOPLE PRAY

Pray without Ceasing. (1 Thessalonians 5:17)

Our Members

- Sherry Lowrey
- Bobby Lum
- Patti Luthy
- Cheryl Madsen
- The Maletsky Family
- The Malfara Family
- Joe Manninen
- Dana X Marshall

Our World

- People of Ukraine
- Barcelona train crash victims
- Syria tensions

Our City

- Traffic Safety
- Colder Weather
- CCSD start times

Our Nation

- Winter Storms
- Budget Talks
- Canned Tuna recall

Our Churches

1. St. Timothy's Episcopal Church
2. Living Water Baptist Church
3. Northwest Community Church

Our Congregation

Bob Berry, Sally Hahn, Lois Letizia,
Janet Jones, Peg Pollack,
Delores Singleton, Jeff Southwell

- Elders: Wes Forred
- Deacons: Dan Ehrhardt,
Anya Fontes

Other Prayer Concerns...

