

Sunday, February 8, 2026
Fifth Sunday after Epiphany
10:00 AM



Welcome to Worship!
As we prepare for worship, please silence your mobile devices.
We invite you to a time of silence and focus.

WELCOME TO WORSHIP: It is our joy to welcome you to worship today, in-person and from wherever you may be viewing. We give thanks for whatever brought you, and pray that you may experience the love of God surrounding you and upholding you as we gather together to give thanks to God through Word and Sacrament.

ASSISTED LISTENING DEVICES are available to use in the Sanctuary for worship. They are located in the Sound Booth; ask the Sound Booth operator if you would like to use one.

WORSHIP IS LIVESTREAMED in the Faith and Family Center (located near the entrance doors to the large parking lot). Anyone is welcome to worship in that space.

WE WELCOME CHILDREN IN WORSHIP! Like Jesus who welcomed children to his ministry, Saint Andrew's welcomes children to our worship services. Re-usable activity bags (for readers and non-readers) with books, stickers, crayons, paper, and a snack are available from the usher/hospitality team; please return the bags following worship.

- "Younger Disciples Tips" are in the bulletin with ideas to engage children in worship.
- "A Time for Younger Disciples" during worship invites all God's children to listen to a message.

Health Practices in place to help reduce the spread of viruses and illness:

- Mask wearing is optional. Anyone who wishes to mask is welcome to do so.
- Hand sanitizer is available throughout the building.

For other activities, events, meetings check our website: <https://SALC.church>

VIDEO AND AUDIO RECORDING IN PROGRESS

Saint Andrews livestreams and records its worship services to YouTube.

Video and Audio recording is currently in progress. It is possible that video footage and/or audio conversations of worshippers in the Saint Andrew's Sanctuary may appear on the YouTube livestream/recording.

GATHERING

PRELUDE

“We Gather Together”
The Bell Choir

Arr. L. Larson

WELCOME

Pastor Lara Forbes

*Worship leaders will say text in light print.
Congregation will say/respond with bold text.*

Please stand as you are able.



HYMN

I Heard the Voice of Jesus Say



1 I heard the voice of Je - sus say, "Come un - to me and rest;
2 I heard the voice of Je - sus say, "Be - hold, I free - ly give
3 I heard the voice of Je - sus say, "I am this dark world's light;



lay down, O wea - ry one, lay down your head up - on my breast."
the liv - ing wa - ter, thirst - y one; stoop down and drink and live."
look un - to me, your morn shall rise, and all your day be bright."



I came to Je - sus as I was, so wea - ry, worn, and sad;
I came to Je - sus, and I drank of that life - giv - ing stream;
I looked to Je - sus, and I found in him my star, my sun;



I found in him a rest-ing-place, and he has made me glad.
my thirst was quenched, my soul re - vived, and now I live in him.
and in that light of life I'll walk till trav-'ling days are done.

CONFESSION AND FORGIVENESS

Blessed be the holy Trinity, † one God,
the Creator of heaven and earth,
the Word who spoke life into being,
the Wind stirring the waters.

Amen.

Let us confess our sin in the presence God and one another.

Silence is kept for reflection.

Loving God,
**you call us to life in community,
but we have served our own interests
at the expense of our neighbors.
We have sown deceit where honesty was needed.
We say the right words,
but our hearts are far from you.
Turn us to seek your face.
Knit us together and give us the mind of Christ,
that we may do justice, love mercy,
and walk humbly with you, our God.
Amen.**

Like a spring of water that never fails,
God covers you in the righteousness of Christ,
and forgives your sin in † Jesus' name.
May the Spirit give you strength to live for others,
and bless you with the gift of peace.
Amen.

GREETING

The Grace of our Lord Jesus Christ, the love of God,
and the communion of the Holy Spirit be with you all.
And also with you.

HYMN OF PRAISE

Refrain

This is the feast of vic-to-ry for our God. Al-le - lu - ia,

al-le - lu - ia, al - le - lu - ia. 1 Wor - thy is Christ, the Lamb

who was slain, whose blood set us free to be peo - ple of God.

Refrain

This is the feast of vic-to-ry for our God. Al-le - lu - ia,

al-le - lu - ia, al - le - lu - ia. 2 Pow - er, rich-es, wis - dom, and

strength, and hon - or, bless - ing, and glo - ry are his.

Refrain

This is the feast of vic-to-ry for our God. Al-le - lu - ia,

al-le - lu - ia, al - le - lu - ia. 3 Sing with all the peo - ple of

God, and join in the hymn of all cre - a - tion: Bless - ing, hon-or,

glo - ry, and might be to God and the Lamb for-ev - er. A - men.

Refrain

This is the feast of vic-to-ry for our God. Al-le - lu - ia,
 al - le - lu - ia, al - le - lu - ia. 4 For the Lamb who was
 slain has be - gun his reign. Al - le - lu - ia.

Final refrain

This is the feast of vic-to-ry for our God.
 Al-le - lu - ia, al - le - lu - ia, al - le - lu - ia.

PRAYER OF THE DAY

Let us pray together. God of miracles,
 sometimes we are slow to believe in your power, even when your miracles occur all
 around us each and every day. Open our hearts to see and believe, that empowered
 by your Spirit, we may be nourished by your word and love the world you have
 made, through Jesus Christ our Savior and Lord. Amen.

Please be seated.

A TIME FOR YOUNGER DISCIPLES

Pastor Lara

WORD

ANNOUNCEMENT OF THE GOSPEL

The Holy Gospel according to John.
Glory to you, O Lord.

GOSPEL: John 5:1-18

After this there was a Jewish festival, and Jesus went up to Jerusalem.

Now in Jerusalem by the Sheep Gate there is a pool, called in Hebrew Beth-zatha, which has five porticoes. In these lay many ill, blind, lame, and paralyzed people. One man was there who had been ill for thirty-eight years. When Jesus saw him lying there and knew that he had been there a long time, he said to him, "Do you want to be made well?" The ill man answered him, "Sir, I have no one to put me into the pool when the water is stirred up, and while I am making my way someone else steps down ahead of me." Jesus said to him, "Stand up, take your mat and walk." At once the man was made well, and he took up his mat and began to walk.

Now that day was a Sabbath. So the Temple authorities said to the man who had been cured, "It is the Sabbath; it is not lawful for you to carry your mat." But he answered them, "The man who made me well said to me, 'Take up your mat and walk.' " They asked him, "Who is the man who said to you, 'Take it up and walk'?" Now the man who had been healed did not know who it was, for Jesus had disappeared in the crowd that was there. Later Jesus found him in the temple and said to him, "See, you have been made well! Do not sin any more, so that nothing worse happens to you." The man went away and told the Temple authorities that it was Jesus who had made him well. Therefore the Temple authorities started persecuting Jesus, because he was doing such things on the Sabbath. But Jesus answered them, "My Father is still working, and I also am working." For this reason the Jews were seeking all the more to kill him, because he was not only breaking the Sabbath but was also calling God his own Father, thereby making himself equal to God.

The Gospel of the Lord.
Praise to you, O Christ.

GOSPEL RESPONSE



SERMON

Pastor Lara Forbes

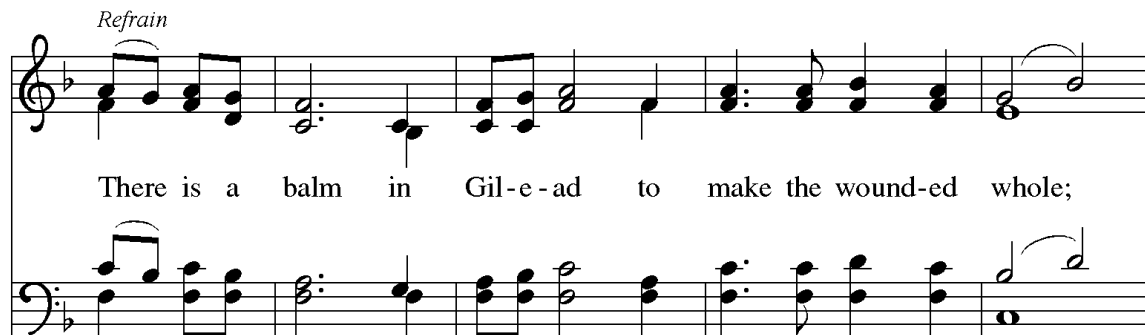
Please stand as you are able



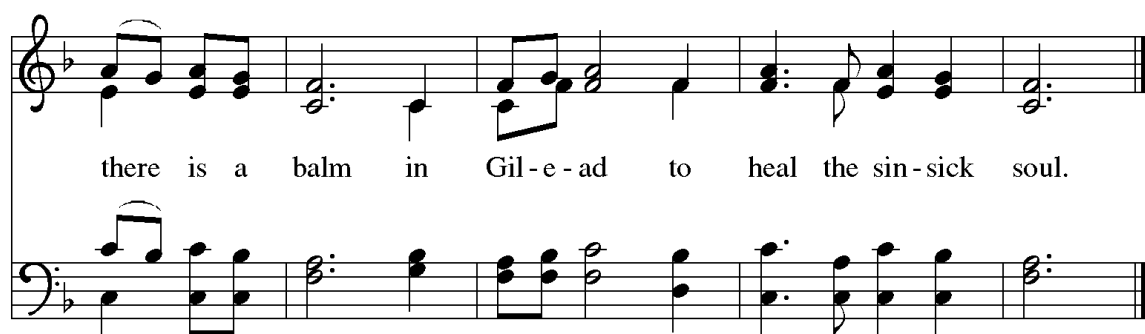
HYMN

There Is a Balm in Gilead

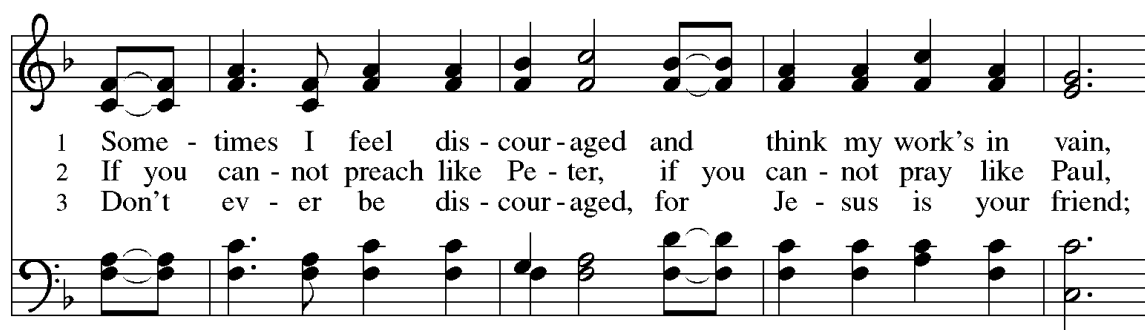
Refrain



There is a balm in Gil-e-ad to make the wound-ed whole;




there is a balm in Gil-e-ad to heal the sin-sick soul.



1 Some - times I feel dis - cour - aged and think my work's in vain,
2 If you can - not preach like Pe - ter, if you can - not pray like Paul,
3 Don't ev - er be dis - cour - aged, for Je - sus is your friend;

Refrain



but then the Ho - ly Spir - it re - vives my soul a - gain.
you can tell the love of Je - sus and say, "He died for all."
and if you lack for knowl-edge, he'll ne'er re - fuse to lend.

AFFIRMATION OF FAITH

Apostles' Creed

Trusting in God's baptismal promises, we affirm our faith using the words of the Apostles' Creed.

**I believe in God, the Father almighty,
creator of heaven and earth.**

**I believe in Jesus Christ, God's only Son, our Lord,
who was conceived by the power of the Holy Spirit,
born of the Virgin Mary,**

**suffered under Pontius Pilate, was crucified, died,
and was buried; he descended to the dead.**

On the third day he rose again;

**he ascended into heaven, he is seated at the right hand of the Father,
and he will come to judge the living and the dead.**

**I believe in the Holy Spirit,
the holy *catholic Church, the communion of saints,
the forgiveness of sins, the resurrection of the body,
and the life everlasting. Amen.**

** here, "catholic" means the wholeness of the church in all times and places.*

Younger Disciples Tip ~ Prayers/Offering: Invite children to write down who they want to pray for this week and one way they can serve their family/community.

THE PRAYERS

*After each petition, the leader will say. Merciful God,
Your response is, **receive our prayer.***

THE PEACE

**The peace of Christ be with you always.
And also with you.**

Please greet people around you as you are comfortable.

Please be seated.

ANNOUNCEMENTS

Pastor Lara

OFFERING Our ushers will be passing offering plates. We welcome your gifts to support the mission and ministry of Saint Andrew's Lutheran Church. There are envelopes in the pews, or you can give online using the QR code.



OFFERTORY MUSIC “Tune My Heart to Sing Thy Grace”
 The Chancel Choir

Arr. J. Leavitt

Come, thou fount of every blessing,
tune my heart to sing thy grace;
streams of mercy, never ceasing,
call for songs of joyful praise.
While the hope of endless glory
fills my heart with joy and love.
Teach me ever to adore Thee;
May I still Thy goodness prove.

Oh to grace how great a debtor
daily I'm constrained to be!
Let that grace now like a *fetter,
bind my wandering heart to thee.
Prone to wander, Lord, I feel it,
prone to leave the God I love;
here's my heart, oh take and seal it,
seal it for thy courts above.

Oh that day when freed from sinning,
I shall see thy lovely face;
clothed then in blood washed linen
how I'll sing thy wondrous grace.
Come, my Lord, no longer tarry,
take my ransomed soul away;
send thine angels now to carry
me to realms of endless day.

**A fetter is a chain or shackle*

Please stand as you are able.

OFFERTORY VERSE

Create in Me a Clean Heart

Cre - ate in me a clean heart, O God, and re - new a right
spir - it with - in me. Cast me not a - way from your
pres - ence, and take not your Ho - ly Spir - it from me. Re -
store un - to me the joy of your sal - va - tion,
and up - hold me with your free Spir - it.

The musical score is written on five staves in G major (one sharp) and 4/4 time. The melody is simple and hymn-like, with lyrics written below each staff. The first staff begins with a treble clef and a key signature of one sharp (F#). The music consists of quarter and half notes, with some phrases connected by slurs. The lyrics are: 'Cre - ate in me a clean heart, O God, and re - new a right spir - it with - in me. Cast me not a - way from your pres - ence, and take not your Ho - ly Spir - it from me. Re - store un - to me the joy of your sal - va - tion, and up - hold me with your free Spir - it.'

Music: J. A. Freylinghausen, 1670–1739

OFFERTORY PRAYER

God of majesty,
no eye has seen, no ear has heard what you have prepared for those who love you,
yet in this meal you reveal the wideness of your mercy. Use what we have gathered
to feed us with the reign of God come near, Jesus Christ, our Savior and Lord.
Amen.

GREAT THANKSGIVING

The Lord be with you.

And also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

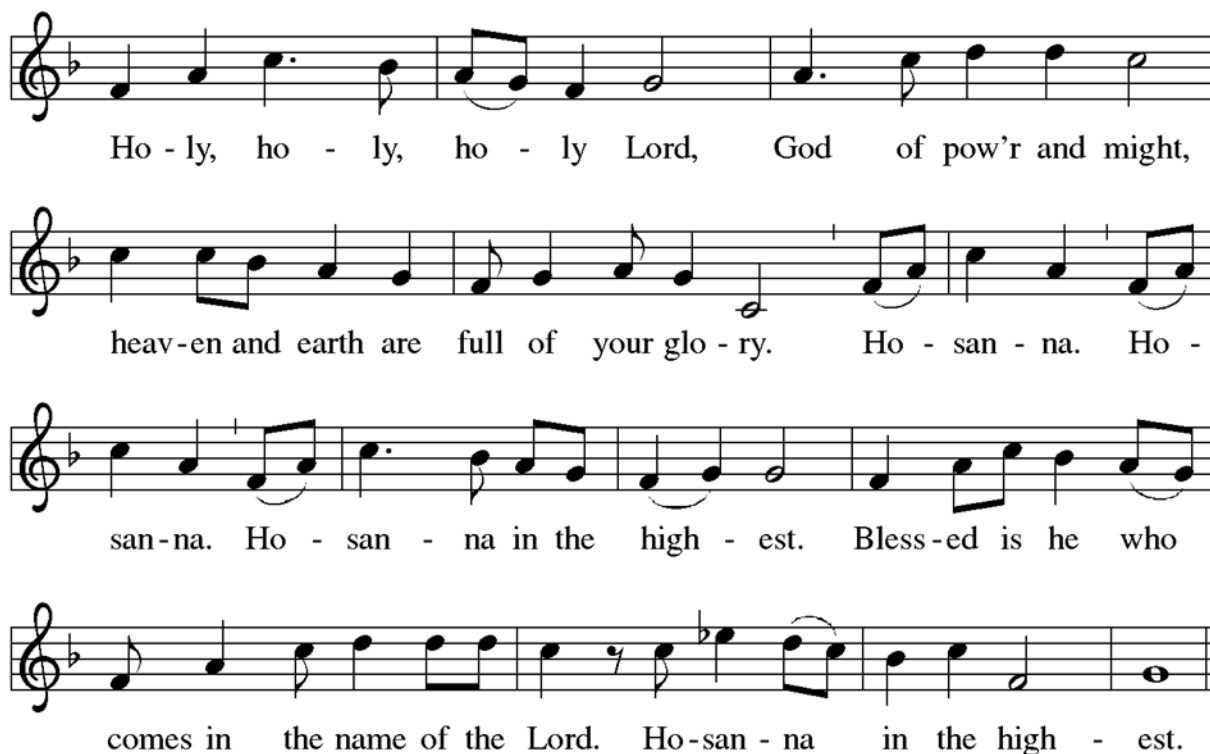
It is right to give our thanks and praise.

It is indeed right, our duty and our joy, that we should at all times and in all places give thanks and praise to you, almighty and merciful God, through our Savior Jesus Christ.

By the leading of a star he was shown forth to all nations; in the waters of the Jordan you proclaimed him your beloved Son; and in the miracle of water turned to wine he revealed your glory.

And so, with all the choirs of angels, with the church on earth and the hosts of heaven, we praise your name and join their unending hymn:

SANCTUS



Ho - ly, ho - ly, ho - ly Lord, God of pow'r and might,
heav-en and earth are full of your glo - ry. Ho - san - na. Ho -
san-na. Ho - san - na in the high - est. Bless-ed is he who
comes in the name of the Lord. Ho-san - na in the high - est.

WORDS OF INSTITUTION

On the night that Jesus was betrayed, he took bread, blessed and broke it and shared it with his friends, saying, “Take and eat, this is my body, given for you. Do this for the remembrance of me.”

After they had eaten, Jesus took the cup, blessed it, and shared it with his friends, saying, “This cup is the new covenant in my blood which is shed for you and for all people for the forgiveness of sin. Do this for the remembrance of me.”

We pray together the prayer Jesus taught us:

THE LORD’S PRAYER

Our Father in heaven, hallowed be your name,
your kingdom come, your will be done, on earth as in heaven.
Give us today our daily bread.
Forgive us our sins as we forgive those who sin against us.
Save us from the time of trial and deliver us from evil.
For the kingdom, the power, and the glory are yours,
now and forever. Amen.

INVITATION TO COMMUNION

Please be seated. We wait silently as the participants who are worshiping online are communed.

LAMB OF GOD

Lamb of God, you take a - way the sin of the world; have
mer-cy on us. Lamb of God, you take a - way the sin of the
world; have mer - cy on us. Lamb of God, you take a - way the
sin of the world; grant us peace.

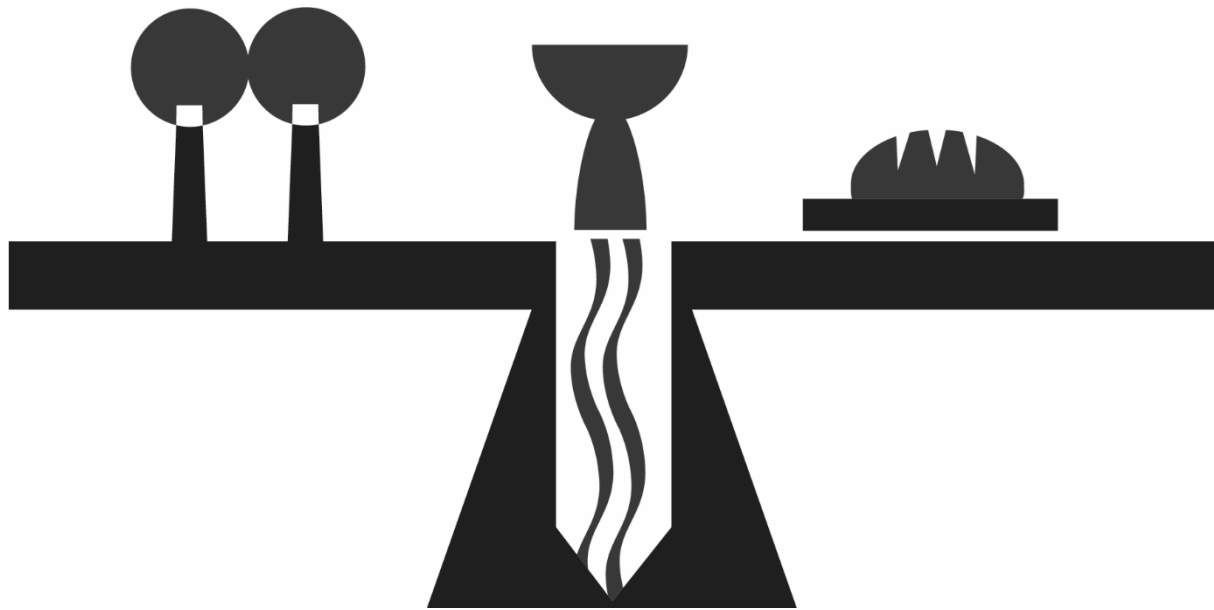
COMMUNION DISTRIBUTION

Today, Communion is received continuously at two stations.

Please follow the directions of the ushers and use the hand sanitizer provided.

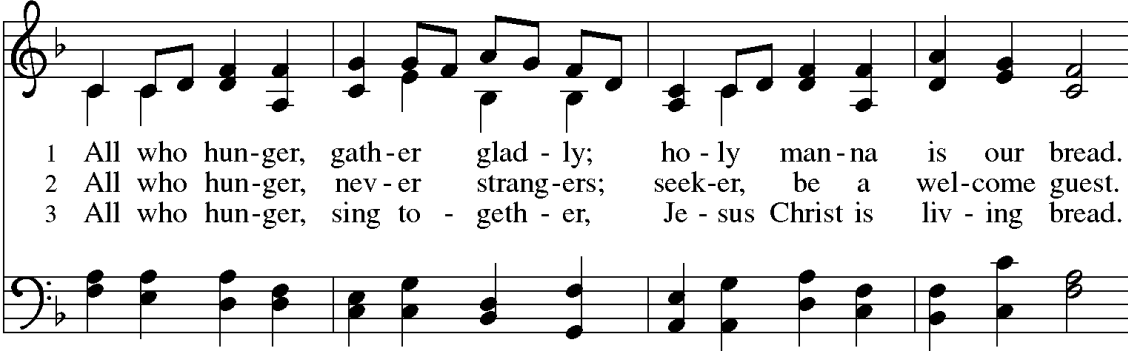
Bread is placed in the hands. Red wine and White grape juice are offered by individual cup.

If you wish to be communed in your seat, please let one of the ushers/hospitality team know.




COMMUNION HYMN


All Who Hunger, Gather Gladly



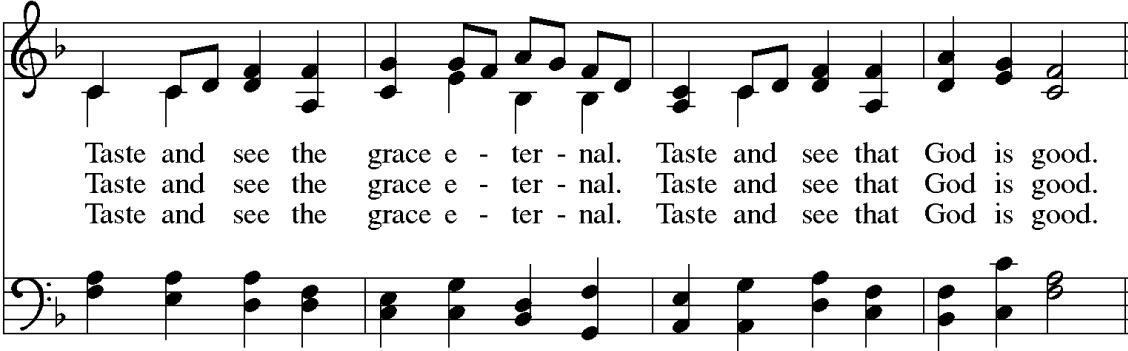
1 All who hun-ger, gath-er glad - ly; ho - ly man - na is our bread.
2 All who hun-ger, nev - er strang-ers; seek-er, be a wel-come guest.
3 All who hun-ger, sing to - geth - er, Je - sus Christ is liv - ing bread.



Come from wil-der - ness and wan - d'ring. Here in truth we will be fed.
Come from rest-less - ness and roam-ing. Here in joy we keep the feast.
Come from lone - li - ness and long - ing. Here in peace we have been fed.



You that yearn for days of full-ness, all a - round us is our food.
We that once were lost and scat-tered in com - mu - nion's love have stood.
Blest are those who from this ta - ble live their days in grat-i - tude.



Taste and see the grace e - ter - nal. Taste and see that God is good.
Taste and see the grace e - ter - nal. Taste and see that God is good.
Taste and see the grace e - ter - nal. Taste and see that God is good.

Please stand as you are able.

PRAYER AFTER COMMUNION

Let us pray together. Radiant God,
In the sacrament of Jesus' body and blood you have drawn us to your heart. Send us from this table with delight, that our lives may reflect the beauty of your love, and bear witness to all we have seen and heard, through Jesus Christ, our Savior and Lord. Amen.

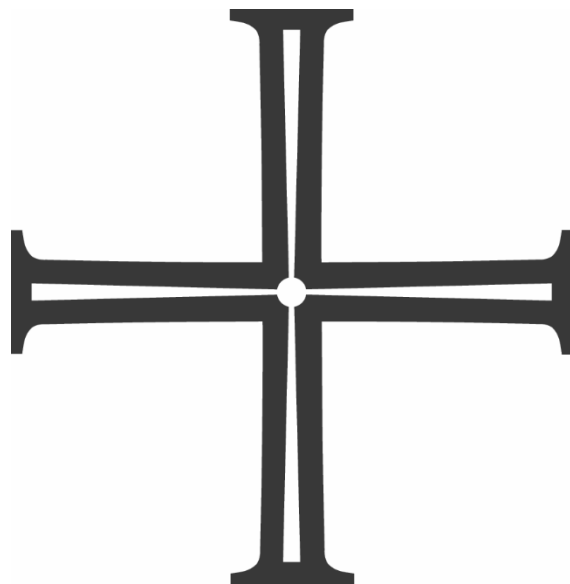
SENDING

Younger Disciples Tip ~ Blessing: Mark the sign of the cross on your child's forehead as a reminder of this sending blessing

BLESSING

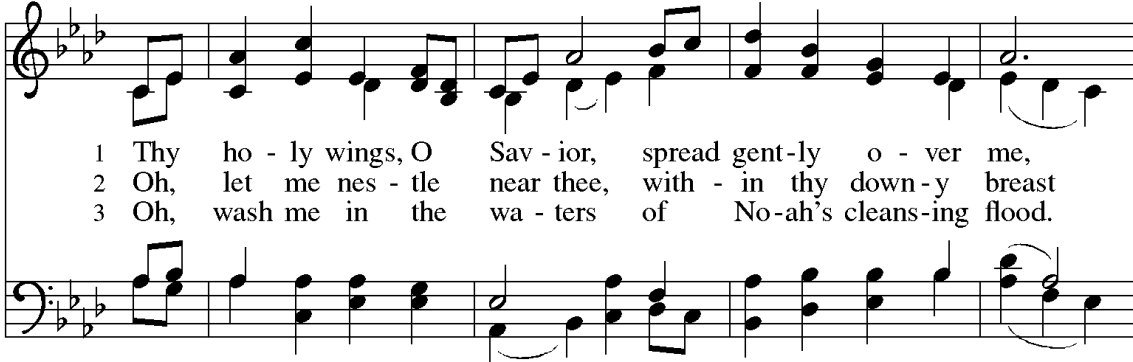
May the Spirit of the triune God ✠ bless you with joy, anoint you with compassion,
and send you in love.

Amen.



SENDING HYMN

Thy Holy Wings




1 Thy ho - ly wings, O Sav - ior, spread gent - ly o - ver me,
 2 Oh, let me nes - tle near thee, with - in thy down - y breast
 3 Oh, wash me in the wa - ters of No - ah's cleans - ing flood.



and let me rest se - cure - ly through good and ill in thee.
 where I will find sweet com - fort and peace with - in thy nest.
 Give me a will - ing spir - it, a heart both clean and good.



Oh, be my strength and por - tion, my rock and hid - ing place,
 Oh, close thy wings a - round me and keep me safe - ly there,
 Oh, take in - to thy keep - ing thy chil - dren great and small,



and let my ev - 'ry mo - ment be lived with - in thy grace.
 for I am but a new - born and need thy ten - der care.
 and while we sweet - ly slum - ber, en - fold us one and all.

SENDING

All children and youth are invited to come forward to participate in the sending.

Go in peace. Share God's love.

Thanks be to God!

POSTLUDE

"Toccata" (excerpt)
Will Simpson, Organ

Theodore Dubois



Thank you to all who are assisting with worship today:

Pastor Lara Forbes, *Preaching and Presiding*

Will Simpson, *Director of Music*

Elaine Koga, *Accompanist*

Amy Baro, *Assisting Minister*

Aaron Davis, *Lector*

Soren Lester, *Acolyte*

Mark Davis and Shana Nielsen, *Ushers*

Hillary Nordwell, *Altar Guild*

Dianne Chong, *Livestream video*

Erik Nielsen, *Audio*

Katrin and Gunter Bonnofsky, *Greeters*

Jay Baxter, *Coffee host*

*Volunteers are always welcome! Contact Sherry (sherry@salc.church)
to serve as a greeter or coffee host!*



Today is Scout Sunday! This day is celebrated every year on the Sunday before (or on) February 8, which is Scouting Anniversary Day. Scouting is an organization that teaches its participants to be attentive to others and helpful to everyone. It also encourages its participants to make the most out of the life God has given them and doing God's will. If you currently participate in scouting, or have participated in the past, we thank you for your service!

Register today! Annual Women's Retreat: March 6-7- 8, 2026

Rainbow Lodge, North Bend

Pastor Deanna Wildermuth, speaker: "Telling Our Story, Listening for God"

Brochures with pricing and room requests are available in the narthex. A PDF of the brochure can also be sent via email, contact Kathy (kathy@salc.church) if you'd like it emailed. Let Fellowship Coordinator Sherry Grindeland know if you're interested in attending ASAP. (We almost sold out last year.) sherry@salc.church or 425-746-2529.



LITURGY and MUSIC: Unless otherwise noted, liturgy, liturgical music, and hymns are from Evangelical Lutheran Worship (ELW) and All Creation Sings (ACS), and Scripture readings are from New Revised Standard Version Bible (NRSV) Liturgy and NRSV text from Sundays and Seasons.com. Kenneth L. DeJong Liturgy, Copyright 2026 Augsburg Fortress; streamed/reprinted with permission under Augsburg Fortress Liturgies Annual License #SASoo666o. All rights reserved. New Revised Standard Version Bible, copyright 1989, Division of Christian Education of the National Council of the Churches of Christ in the United States of America. Used by permission. All rights reserved. Reprinted / podcast /

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Lenten Prayer Partners:

Sign-up TODAY to be a Lenten Prayer Partner: Become a Saint Andrew's Secret Prayer Partner. You will be given a name to pray for throughout Lent and someone will pray specifically for you.

We will share information about your prayer partner so you can personalize your prayers for them and remember them with encouraging cards and notes.

How to sign up:

- Fill out a form in the Narthex.
- Email or call Fellowship Coordinator Sherry Grindeland at 425-746-2529 or sherry@salc.church.
- Online at the Prayer Partners on our webpage found at
- You will receive an email with your prayer partner information on or before Ash Wednesday, March 5. (If you don't receive the email by noon on March 5, contact Fellowship Coordinator Sherry Grindeland at sherry@salc.church.)

We have a prayer partner reveal at the Adult Forum on Sunday, April 12. (The Sunday after Easter.) It is always a joyous occasion to learn who has been praying for us and to hear stories about how the spirit touched us during this time.

Worship Text for February 15
Last Sunday of Epiphany
John 6:1-15



Calendar

Sunday, February 8

Scout Sunday

9:00 AM Education Hour
Sunday School (preschool – 5th Grade)
10:00 AM Worship
4:00 PM Joint Confirmation, SALC

Monday, February 9

12:00 PM Staff In-Service
7:00 PM Council Meeting

Tuesday, February 10

8:30 AM Tuesday Morning Men
10:00 AM Pastor's Bible Study
7:00 PM Bell Choir Rehearsal

Wednesday, February 11

10:00 AM Women's Book Group
2:00 PM Care Team Meeting
4:00 PM Adult Education Committee Meeting

Thursday, February 12

7:00 PM Choir Rehearsal

Friday, February 13

Office is Closed

Saturday, February 14

Happy Valentine's Day



Sunday, February 15

9:00 AM Education Hour, Guest Speaker
Sunday School (preschool – 5th Grade)
10:00 AM Worship
11:15 AM KnitWits

Monday, February 16

Office is Closed/President's Day

7:00 PM Discipleship Committee

Tuesday, February 17

8:30 AM Tuesday Morning Men
10:00 AM Pastor's Bible Study
7:00 PM Bell Choir Rehearsal

Wednesday, February 18

Ash Wednesday

10:00 AM Women's Book Group
7:00 PM Ash Wednesday Worship

Thursday, February 19

7:00 PM Choir Rehearsal

Friday, February 20

Saturday, February 21

Sunday, February 22

9:00 AM Education Hour
Sunday School (preschool – 5th Grade)
10:00 AM Worship

The Reverend Lara Forbes, Lead Pastor
pastor@SALC.church

The Reverend Timothy T. Weber,
Shared-Time Pastor
timwebertt@yahoo.com

Dr. Will Simpson,
Director of Music Ministries
will@SALC.church

Doug Johnson,
Director of Youth and Family Ministries
doug@SALC.church

Sherry Grindeland, Fellowship Coordinator
sherry@SALC.church

Kurt Lutterman, Facilities Manager
kurt@SALC.church

Kathy Fisher, Communications Director
kathy@SALC.church

Vanessa Wilkie, Handbell Choir Director

Elaine Koga, Choir Accompanist

Abby Kasper, Facilities Set-up

April Daniel, Records Administrator

Ann Thorpe, Sunday Church School Coordinator

Joan Tweten, Kitchen Team

**We welcome your support
of our mission and ministry.
Use the QR Code to give to
SALC.**



**We are a Reconciling in
Christ congregation.**



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