

Participant Guide

The logo for Unity Village Chapel, featuring a blue circular icon with a white geometric design above the word "unity" in a bold, blue, sans-serif font. Below "unity" is the text "Village Chapel" in a smaller, blue, sans-serif font.

unity[®]
Village Chapel

SMALLGROUPS

Three smooth, stacked stones of different colors (orange, brown, and dark brown) with the words "mind", "body", and "soul" written on them in a light, sans-serif font. The stones are set against a soft, glowing background.

mind
body
soul

March 9 - April 18, 2026

“We create an arena for personal spiritual growth and to foster connections that strengthen Unity Village Chapel”.

Our Sacred Agreements

GROUP INTENTION: This is a circle for spiritual unfolding—not group therapy. We speak in “I” statements. We witness. We don’t fix.

PARTICIPATION: We show up prepared, present, and willing—always honoring our own pace and boundaries.

RESPECT: Everyone matters, and is treated with respect.

TRUTH: We speak from our personal experience. Honesty is our gift to one another.

CONFIDENTIALITY: What is shared here stays here. We ask before sharing anything beyond this space.

COMPASSION: We notice our judgments and soften them. When emotions rise, we seek compassion—not correction.

NAVIGATING CONFLICT: When challenges arise, we speak directly and kindly. If needed, we reach out with grace to our ministers for support.

The Art of Sacred Listening

I am truly *Listening* when:

- I honor your story as sacred.
- I meet you where you are—not where I think you should be.
- I stay curious, even when I don’t fully understand.
- I resist the urge to teach, fix, or figure it out.
- I remember we are walking each other home.

SMALL GROUP SUPPORT TEAM

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SMALL GROUP GIVING

Link for Giving to UVC: <https://www.unityvillagechapel.org/pages/give>

Text to Give: (833) 993-2065

