Protecting Your Home From Pornography

Practical Tools for Christian Families

Key Truth:
> Technology is a *tool*, not a substitute for teaching, trust, and accountability.

Layer 1 — Protect the Whole Home (Internet Filtering)

OpenDNS Family Shield (FREE)
> Blocks adult websites on every device connected to your home Wi-Fi.

> DNS Settings:
> - `208.67.222.123`
> - `208.67.220.123`

> Benefits:
> - Easy to set up
> - No monthly cost
> - Works on TVs, tablets, computers, and phones on Wi-Fi

Layer 2 — Device Protection

> Recommended Apps:
> - Net Nanny - https://www.netnanny.com
> - Qustodio - https://www.qustodio.com
> - Bark - https://www.bark.us
> - Norton Family - https://us.norton.com/store
> - Canopy - https://www.canopy.us

These can:
- Block explicit sites
- Monitor searches
- Set screen limits
- Alert parents

Layer 3 — Accountability

> Technology alone is not enough.

> Helpful practices:
> - Devices used in common areas
> - No overnight private internet use
> - Spouses sharing passwords
> - Accountability partners for teens & adults

Layer 4 — Build a Culture of Openness

- Talk early and often
- Teach God's design for sexuality
- Emphasize grace & restoration, not shame
- Encourage confession without fear

Goal:
> Not just "blocking sin" but **training hearts and habits**.

2. Step-By-Step OpenDNS (Family Shield) Setup

What You Need:
- Your Wi-Fi router login (usually printed on router)

Step 1 — Log Into Your Router
1. Open browser
2. Type one of these:

   ```
   192.168.1.1
   192.168.0.1
   ```

3. Enter username/password

Step 2 — Find DNS Settings

Look for:
- Internet Settings
- WAN
- DHCP
- DNS Server

Step 3 — Enter These Numbers

Primary DNS:
   208.67.222.123

Secondary DNS:
   208.67.220.123

Save and reboot router.

Step 4 — Test It

Try visiting a known adult site — it should be blocked.

Advanced (Optional)

Create a free OpenDNS Home account to:
- Customize categories
- View reports
- Block additional sites

3. "Minimum Protection Kit" (By Skill Level)

Beginner (Least Technical) ***
- Turn on Apple Screen Time / Google Family Link
- Use OpenDNS Family Shield
- Keep devices in public areas

Cost: $0

Intermediate (Most Families)
- OpenDNS or Router Filtering
- Qustodio or Bark on phones
- Accountability partner or parent reports

Cost: ~$5–15/month

Advanced / Strong Protection
- Router filtering + OpenDNS
- Device filtering software
- Accountability monitoring
- Remove private browsing access
- Disable app store installs without approval

Cost: ~$15–30/month

*** Notes:

Apple Screen Time & Content Restrictions (for iOS/Mac devices)

Built-in feature on iPhones, iPads, and Macs. Enable it in Settings >Screen Time to restrict adult websites, limit app usage & set passcodes. It's straightforward with no extra cost.

Apple support guide: Search "Screen Time" in your device settings or visit support.apple.com

Microsoft Family Safety (for Windows & Xbox)

Free tool integrated into Windows accounts. Blocks adult content, sets time limits & monitors activity. Easy to enable via family.microsoft.com

Great for households with multiple Microsoft devices

Google Family Link (for Android devices)

Free app from Google that lets parents set screen time limits, approve apps & block inappropriate websites including porn via SafeSearch & content filters. Works across phones, tablets & Chromebooks.

Download from Google Play Store & follow the setup wizard