

April 25, 2026

Trust (Psalm 23)

Warmup: In the past week, what made you smile?

READ & REFLECT Psalm 23

Open in prayer – give thanks to God – invite the Holy Spirit to do His work in you

- When you read verses 1-3, explain the ways that the Shepherd looks after the sheep.
- Spend a few minutes paraphrasing verses 2-3 placing them within the context of your current week.
 - Record your thoughts:
 - Share them with someone in your Life Group.
- Read and record what John 10:14 says. How does the Good Shepherd know how to care for you personally?
- Are you satisfied with the recent care you have received from the Shepherd? Why or why not?
- Read verse 1 silently to yourself. If you feel a lack of care in your life, how might that be connected to verses 1 and 2?
- How have you recognized God pursuing you with His goodness and unfailing love? (*Verse 6*)
- Name a current “dark valley” or deep uncertainty in your life. How do you sense the LORD guiding you through it?
- In his sermon, Neil talked about how Jesus redeemed us through His death on the cross. Jesus continues to “step into our life and death situations to redeem us.” What is Jesus redeeming in your life through this current valley of uncertainty?

RESPOND

- Prepare to spend 3 minutes of solitude with the Good Shepherd. Pick up a hazelnut or a small object, hold it in your hand and have someone slowly read Psalm 23. Listen quietly—what does the Good Shepherd want you to know?
- How does declaring Psalm 23 in the morning prepare you for the day? For the battles you will face this month?
- Give God thanks and praise for His care!

“To transform religious and irreligious people into Fully Devoted Followers of Christ.”