

## **You've Got This**

*Lyrics: Kathy Beasley*

*Instrumentation & Vocals – AI Assisted*

Mmm...

There's a moment...

When life meets you right where you are...

Not asking you to be different...

Just asking you to stay...

### **VERSE 1 (Our Humanity)**

Woke up in a space I didn't recognize

Same room, different eyes

Something shifted deep inside

Couldn't name it... but I knew it was time

Not the kind of time you chase or plan

Not something you hold in your hand

Just a quiet pull saying "stand"

Right here... in your life... as it is

I used to wait for a sign to appear

Something certain, something clear

But the voice got stronger year by year

"Be here now... your life is here"

### **PRE-CHORUS (Our Divinity)**

And I felt it...

Something steady, something true

Not outside... it moved right through

Every breath was pulling me

Back to who I came to be

### **CHORUS (Our Affirmation)**

Just keep living...

Right here in this moment

There's a life in you that's already chosen

Just keep loving...

Let it move through you

There's a deeper truth carrying you

Just keep going...

Even when it feels slow

There's a wisdom in you that already knows

You've got this...

You've got this

### **VERSE 2 (Our Shift)**

I stopped asking "when will it change?"

Started showing up anyway

Every step became a way

To let this life have its say

Shower, shave, show up, shine  
Simple rhythm, sacred time  
Not perfection... just aligned  
With the truth that says "I'm mine"

I've been held in ways I couldn't see  
By faith that kept on carrying me  
By love that never let me leave  
The place where life is living me

#### **PRE-CHORUS (Our Wisdom)**

And I trust it...  
Even here, I trust the flow  
There is more than I can know  
Every step reveals the way  
As I choose this life today

#### **CHORUS (Our Power)**

Just keep living...  
Right here in this moment  
There's a life in you that's already chosen

Just keep loving...  
Let it move through you  
There's a deeper truth carrying you

Just keep going...  
Even when it feels slow  
There's a wisdom in you that already knows

You've got this...  
You've got this

#### **SPOKEN WORD (Our Truth)**

Listen...

Life is expressing right where you stand.  
Not later... not somewhere else...  
Right here.

The same presence that brought you this far  
Is the presence that is living as you now.

There is a wisdom within you that knows how to respond.  
There is a strength within you that knows how to continue.  
There is a love within you that knows how to carry you forward.

You are not waiting for your life to begin.  
You are participating in it now.

So stay with it.  
Let it unfold through you.  
Let it reveal itself as you move.

Just keep living.  
Just keep loving.  
Just keep going.

**BRIDGE (Our “in-between” moment)**

Standing on the edge of what was  
Looking out at what’s becoming  
This is where the shift shows up  
This is where the heart keeps humming

Not the end... not the start  
This is where you trust your heart  
Every step, every breath  
Is a yes to life expressed

**FINAL CHORUS (Our Moment)**

Just keep living...  
You are life in motion  
Every moment holds devotion

Just keep loving...  
Let it rise within you  
There is nothing here against you

Just keep going...  
You are not alone  
There is truth in you that’s fully grown

You’ve got this...  
You’ve got this

**OUTRO (Our Affirmation)**

I am here...  
I am living...  
I am loving...  
I am moving forward...

This life is good...  
This life is whole...  
This life is mine to live...

And I do...