

PATHWAYS

spirit vibes

insights, events
and inspiration
for the spiritual
journey

JULY
2026

Spirit Vibes is
PATHWAYS'
quarterly newsletter
designed to inform,
inspire, and publicize
the ways it is working
to deepen
relationships with
humanity, creation,
and the Divine.
Let's journey!



PATHWAYS
A CENTER FOR SPIRITUAL RENEWAL

Blurring Boundaries

In any relationship, fierce love causes us to cross boundaries and borders to discover one another, to support one another, to heal one another. When we do this, when we go crazy with affection, and offer wild kindness to our neighbor across the street or across the globe, we make a new kind of space between us. We make space for discovery and curiosity, for learning and growing. We make space for sharing stories and being changed by what we share. This is the space of the border, of mestizaje, of both/and. It's the kind of space where we can enhance our knowing with what the other knows; we can develop this kind of knowing, which W. E. B. Du Bois called "double consciousness." We can learn to see the world not only through our own stories, through our own eyes, but also through the stories and worldview of the so-called other. This is the kind of space that changes us, that grows empathy, this is ubuntu... We simply must open our eyes, look across the room, the street, the division, the border—and reach out to that neighbor, offering our hand, our compassion, and our heart.

Excerpt from:

Fierce Love: A Bold Path to Ferocious Courage and Rule-Breaking Kindness That Can Heal the World
(Harmony Books, 2021) by Jacqui Lewis

A VIRTUAL EVENT

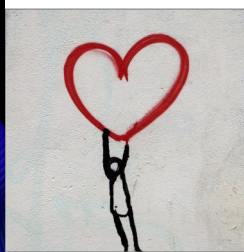
September 23
6:30-8:00 pm CST

Risking Love

An evening of poetry and music with Rosemerry Wahtola Trommer and Ken Medema as we seek a deeper love with the earth, ourselves, and the divine.



How might we open ourselves to personal and communal joy within the strife and challenges of our world? PATHWAYS is pleased to present poet Rosemerry Wahtola Trommer and pianist/storyteller singer/improvisational virtuoso Ken Medema for a 90-minute virtual program (Zoom) on September 23 — part poetry, part song, part group conversation — and a chance to meet this same world, exactly as it is, in a new way.



Please join us for this incredible opportunity to hear from these respected, leading voices. Visit seekthepath.org for more details and registration.

upcoming offerings



Sacred Circles JUL 11 (9am-12pm)

Enrich your summer routine with this hands-on workshop exploring art and spirituality. Learn about the history and importance of mandalas as sacred symbols of wholeness and balance, and create your own personal mandala with meaningful mantras, prayers and symbols of your choosing. Nicole Landreth, Womanspace Executive Director, leads our time together from 9am to 12pm. A \$25 registration fee includes materials and snacks; a \$40 family rate is available as well as scholarships. [Click here](#) for more details and registration.

Beyond Stereotypes

NOV 2, 9, 16 (6-7pm)

a virtual conversation

Learn about Jewish beliefs, practices, values and community life through the lens of understanding rather than stereotypes.

Healing through Ink

NOV 7 (9-11am)

Led by a licensed therapist and business owner, we'll explore the cultural relevance of tattoos as a means of healing.

All events will be held at Christ Lutheran Church unless otherwise noted. Visit seekthepath.org for more details.

Because

by Rosemerry Wahtola Trommer from *The Unfolding*
(Wildhouse Publishing, 2024)

So I can't save the world—
can't save even myself,
can't wrap my arms around
every frightened child, can't foster peace among nations,
can't bring love to all who feel unlovable.

So I practice opening my heart
right here in this room and being gentle with my insufficiency.

I practice walking down the street heart first.

And if it is insufficient to share love,
I will practice loving anyway.

I want to converse about truth,
about trust. I want to invite compassion into every interaction.
One willing heart can't stop a war.
One willing heart can't feed all the hungry.
And sometimes, daunted by a task too big,
I tell myself what's the use of trying?

But today, the invitation is clear:
to be ridiculously courageous in love.
To open the heart like a lilac in May,
knowing freeze is possible and opening anyway.
To take love seriously. To give love wildly.
To race up to the world as if I were a puppy,
adoring and unjaded, stumbling on my own exuberance.
To feel the shock of indifference,
of anger, of cruelty, of fear, and stay open.

To love as if it matters, as if the world depends on it.

Personal Reflections

Testimony from a recent PATHWAYS attendee:

"Praying for the World" Prayer Vigil (April 2026)

It was a powerful experience and one that brought a wash of tears. The world in which we live is so very fragile and in such need of prayer.

—Jan Hedrick, CLC member

Thank you to the over 35 participants who participated this year in *Praying for the World*. We plan to make this event an ongoing prayer focus throughout the year. Stay tuned for more details soon.

PATHWAYS TEAM

Karen Glavin, Chair
Bill Blackburn, Lee Blackburn, Anna Borchers,
Jenny Campbell, Kris Campbell,
Deacon Jennifer Fox, Deacon Laura Gorton,
Rev. Molly Hunter

PATHWAYS

A CENTER FOR SPIRITUAL RENEWAL

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