



Small Group Study Guide

Ephesus: Return to Your First Love

Week #1 — July 19, 2026

Icebreaker

Let us get to know each other (15 min)

1. Can you think of a time you were lost? What happened? How did you feel?
2. Talk about something or someone you really love. How do your actions display how you feel about that thing or that person?

God Wink

(10-15 min)

3. Where has God been working in your life lately? What challenges are you facing?

Deeper Study

(15 min)

Read Revelation 2:1-7.

4. List the good things the church is doing.
5. What does Jesus say is missing?
6. What do you think He means by “First Love”?

7. How does Jesus tell them they can get their first love back? What do they need to do?
8. What do you think are the things they did at first?
9. Can you remember when Jesus first became real to you? How did you feel? What did you do?
10. Are things different today? Why or why not?

Application

11. What do you need to do in order to come back to a first love experience with Jesus?