

Sunday, August 9, 2026
The 11th Sunday after Pentecost
10:00 AM



Welcome to Worship!
As we prepare for worship, please silence your mobile devices.
We invite you to a time of silence and focus.



WELCOME TO WORSHIP: It is our joy to welcome you to worship today, in-person and from wherever you may be viewing. We give thanks for whatever brought you, and pray that you may experience the love of God surrounding you and upholding you as we gather together to give thanks to God through Word and Sacrament.

ASSISTED LISTENING DEVICES are available to use in the Sanctuary for worship. They are located in the Sound Booth; ask the Sound Booth operator if you would like to use one.

WORSHIP IS LIVESTREAMED in the Faith and Family Center (located near the entrance doors to the large parking lot). Anyone is welcome to worship in that space.

HOLY COMMUNION: All are welcome at the Lord's table. Holy Communion is God's Word made visible in bread and wine. At communion distribution, the BREAD is placed in the hands. Red wine and White grape juice are offered by individual cups. Gluten free options are available, as well.

WE WELCOME CHILDREN IN WORSHIP! Like Jesus who welcomed children to his ministry, Saint Andrew's welcomes children to our worship services. Re-usable activity bags (for readers and non-readers) with books, stickers, crayons, paper, and a snack are available from the usher/hospitality team; please return the bags following worship.

- "Younger Disciples Tips" are in the bulletin with ideas to engage children in worship.
- "A Time for Younger Disciples" during worship invites all God's children to listen to a message.

Health Practices in place to help reduce the spread of viruses and illness:

- Mask wearing is optional. Anyone who wishes to mask is welcome to do so.
- Hand sanitizer is available throughout the building.

For other activities, events, meetings check our website: <https://SALC.church>

VIDEO AND AUDIO RECORDING IN PROGRESS

Saint Andrews livestreams and records its worship services to YouTube.

Video and Audio recording is currently in progress. It is possible that video footage and/or audio conversations of worshippers in the Saint Andrew's Sanctuary may appear on the YouTube livestream/recording.

GATHERING

PRELUDE

“Sicilienne”

Paradis

Karin Islip, violin and Elaine Koga, piano

WELCOME

Pastor Lara

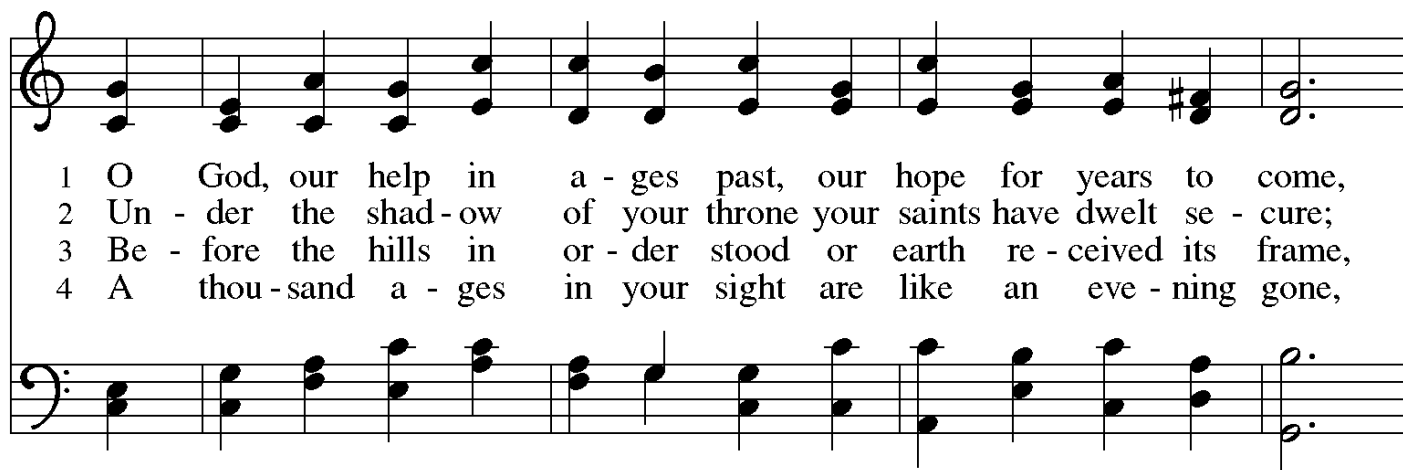
*Worship leaders will say text in light print.
Congregation will say/respond with **bold text**.*

Please stand as you are able.

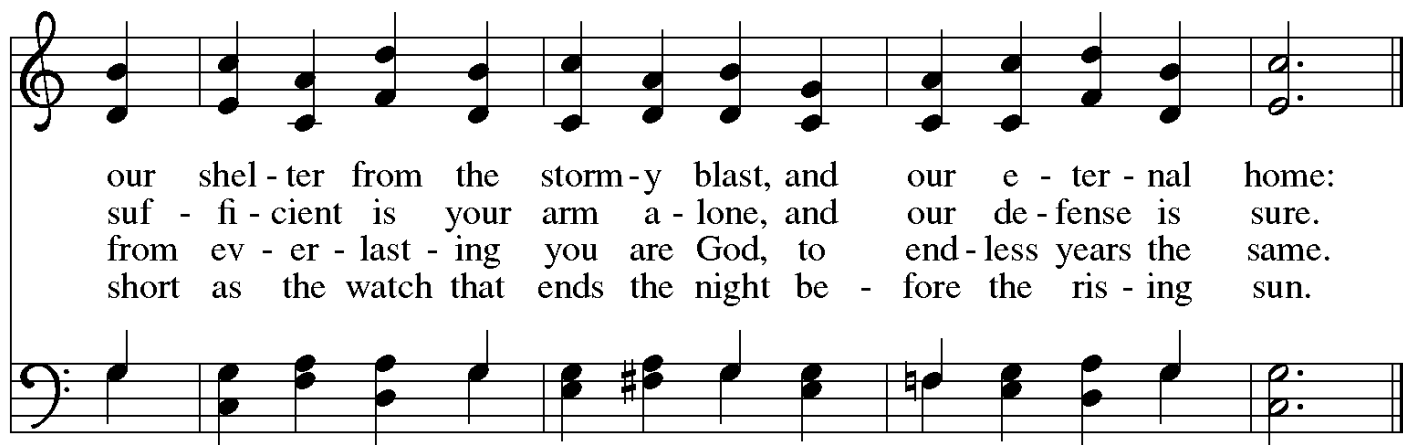


HYMN

O God, Our Help in Ages Past



1 O God, our help in a - ges past, our hope for years to come,
 2 Un - der the shad - ow of your throne your saints have dwelt se - cure;
 3 Be - fore the hills in or - der stood or earth re - ceived its frame,
 4 A thou - sand a - ges in your sight are like an eve - ning gone,



our shel - ter from the storm - y blast, and our e - ter - nal home:
 suf - fi - cient is your arm a - lone, and our de - fense is sure.
 from ev - er - last - ing you are God, to end - less years the same.
 short as the watch that ends the night be - fore the ris - ing sun.

5 Time, like an ever-rolling stream,
 bears all our years away;
 we fly forgotten, as a dream
 dies at the op'ning day.

6 O God, our help in ages past,
 our hope for years to come,
 still be our guard while troubles last
 and our eternal home!

CONFESSION AND FORGIVENESS

Blessed be the holy Trinity, † one God, whose compassion endures forever.
Amen.

Baptized into Christ, let us confess our sin.

Silence is kept for reflection.

Compassionate God,
we confess to you all our sins.
Our burden is heavy, and we cannot free ourselves.
Forgive us, and in your mercy,
call us back to you.
Restore us to dwell in your peace.
In Christ's name we pray,
Amen.

Beloveds, you belong to Christ Jesus
and you are God's children through faith.
In the cross of † Christ,
and through the power of the Holy Spirit,
your sins are forgiven.
Amen.

GREETING

The Grace of our Lord Jesus Christ, the love of God,
and the communion of the Holy Spirit be with you all.
And also with you.

HYMN OF PRAISE



☐ Glo-ry to God, glo - ry to God, glo - ry to God in the high - est;



glo - ry to God, glo - ry to God, and peace to God's peo- ple on earth.



I Lord God, heav-en - ly king, al- migh- y God and Fa- ther, we



wor- ship you, we give you thanks, we praise you for your glo - ry.



☐ Glo-ry to God, glo - ry to God, glo - ry to God in the high - est;



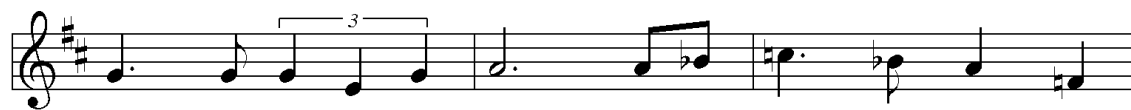
glo - ry to God, glo - ry to God, and peace to God's peo- ple on earth.



II Lord Je - sus Christ, on - ly Son of the Fa - ther,



Lord God, Lamb of God, you take a - way the sin of the



world: have mer - cy on us; you are seat - ed at the



right hand of the Fa - ther: re- ceive our prayer.



C Glo- ry to God, glo - ry to God, glo - ry to God in the high - est;



glo - ry to God, glo - ry to God, and peace to God's peo- ple on earth.



I For you a- lone are the Ho - ly One, you a - lone are the Lord,
II



you a - lone are the Most High, Je - sus Christ, with the Ho - ly



Spir- it, in the glo - ry of God the Fa- ther, A - men.



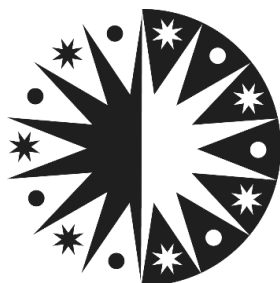
C Glo- ry to God, glo - ry to God, glo - ry to God in the high - est;



glo - ry to God, glo - ry to God, and peace to God's peo- ple on earth,



and peace to God's peo - ple on earth.



PRAYER OF THE DAY

Let us pray. O God our defender,
storms rage around and within us and cause us to be afraid. Rescue your people from despair, deliver your sons and daughters from fear, and preserve us in the faith of your Son, Jesus Christ, our Savior and Lord. Amen.

Please be seated.

A TIME FOR YOUNGER DISCIPLES

Pastor Lara

You can find the Gospel story in your Spark Story Bible on page 294.

WORD

First Reading: 1 Kings 19:9-18

On Mount Horeb, where God had appeared to Moses with typical signs of God's presence—earthquake, wind, and fire—Elijah now experienced God in "sheer silence." God assured Elijah that he is not the only faithful believer. Seven thousand Israelites are still loyal. God instructed Elijah to anoint two men as kings and to anoint Elisha as his own successor.

At Horeb, the mount of God, Elijah came to a cave and spent the night there.

Then the word of the Lord came to him, saying, "What are you doing here, Elijah?" He answered, "I have been very zealous for the Lord, the God of hosts, for the Israelites have forsaken your covenant, thrown down your altars, and killed your prophets with the sword. I alone am left, and they are seeking my life, to take it away."

He said, "Go out and stand on the mountain before the Lord, for the Lord is about to pass by." Now there was a great wind, so strong that it was splitting mountains and breaking rocks in pieces before the Lord, but the Lord was not in the wind, and after the wind an earthquake, but the Lord was not in the earthquake, and after the earthquake a fire, but the Lord was not in the fire, and after the fire a sound of sheer silence. When Elijah heard it, he wrapped his face in his mantle and went out and stood at the entrance of the cave. Then there came a voice to him that said, "What are you doing here, Elijah?"

He answered, "I have been very zealous for the Lord, the God of hosts, for the Israelites have forsaken your covenant, thrown down your altars, and killed your prophets with the sword. I alone am left, and they are seeking my life, to take it away."

Then the Lord said to him, "Go, return on your way to the wilderness of Damascus; when you arrive, you shall anoint Hazael as king over Aram. Also you shall anoint Jehu son of Nimshi as king over Israel, and you shall anoint Elisha son of Shaphat of Abel-meholah as prophet in your place. Whoever escapes from the sword of Hazael, Jehu shall kill, and whoever escapes from the sword of Jehu, Elisha shall kill. Yet I will leave seven thousand in Israel, all the knees that have not bowed to Baal, and every mouth that has not kissed him."

Word of God. Word of Life.
Thanks be to God.

Please stand as you are able.

GOSPEL ACCLAMATION



ANNOUNCEMENT OF THE GOSPEL

The Holy Gospel according to Matthew.

Glory to you, O Lord.

Matthew 14:22-33

Jesus made the disciples get into a boat and go on ahead to the other side of the Sea of Galilee, while he dismissed the crowds. And after he had dismissed the crowds, he went up the mountain by himself to pray. When evening came, he was there alone, but by this time the boat, battered by the waves, was far from the land, for the wind was against them. And early in the morning he came walking toward them on the sea. But when the disciples saw him walking on the sea, they were terrified, saying, “It is a ghost!” And they cried out in fear. But immediately Jesus spoke to them and said, “Take heart, it is I; do not be afraid.”

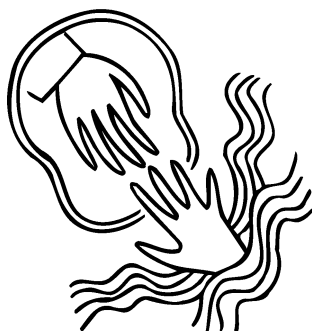
Peter answered him, “Lord, if it is you, command me to come to you on the water.” He said, “Come.” So Peter got out of the boat, started walking on the water, and came toward Jesus. But when he noticed the strong wind, he became frightened, and, beginning to sink, he cried out, “Lord, save me!” Jesus immediately reached out his hand and caught him, saying to him, “You of little faith, why did you doubt?” When they got into the boat, the wind ceased. And those in the boat worshiped him, saying, “Truly you are the Son of God.”

The Gospel of the Lord.

Praise to you, O Christ.

SERMON

Pastor Lara Forbes



Please stand as you are able.

HYMN

Precious Lord, Take My Hand



1 Pre - cious Lord, take my hand, lead me on, let me stand,
2 When my way grows . . drear, pre-cious Lord, lin - ger near,
3 When the dark - ness ap - pears and the night draws . . near,



I am tired, I am weak, I am worn.
when my life is . . . al - most . . gone,
and the day is . . . past and . . . gone,



Through the storm, through the night, lead me on to the light.
hear my cry, hear my call, hold my hand lest I fall.
at the riv - er I stand, guide my feet, hold my hand.



Take my hand, pre-cious Lord, lead me home.

AFFIRMATION OF FAITH

Apostles' Creed

Trusting in God's baptismal promises, we affirm our faith using the words of the Apostles' Creed.

**I believe in God, the Father almighty,
creator of heaven and earth.**

**I believe in Jesus Christ, God's only Son, our Lord,
who was conceived by the power of the Holy Spirit,
born of the Virgin Mary,
suffered under Pontius Pilate,
was crucified, died, and was buried;
he descended to the dead.**

**On the third day he rose again;
he ascended into heaven,
he is seated at the right hand of the Father,
and he will come to judge
the living and the dead.**

**I believe in the Holy Spirit,
the holy *catholic church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting. Amen.**

** here, "catholic" means the wholeness of the church in all times and places.*

Younger Disciples Tip ~ Prayers/Offering: Invite children to write down who they want to pray for this week and one way they can serve their family/community.

THE PRAYERS

After each petition, the leader will say, "Lord, in your mercy".

*Your response is, **hear our prayer.***

THE PEACE

The peace of Christ be with you always.

And also with you.

We share God's peace to reconcile with one another so that we are at peace with each other before receiving the sacrament of Holy Communion.

Please be seated.

ANNOUNCEMENTS

Pastor Lara

OFFERING Our ushers will be passing offering plates. We welcome your gifts to support the mission and ministry of Saint Andrew's Lutheran Church. There are envelopes in the pews, or you can give online using the QR code.



OFFERTORY MUSIC

"Romance"

Sibelius

Karin Islip, violin and Elaine Koga, piano

Please stand as you are able

OFFERTORY VERSE

Musical notation for the Offertory Verse, consisting of six staves of music in G major (one sharp). The lyrics are written below the notes.

Let the vine-yards be fruit-ful, Lord, and fill to the brim our cup of
bless - ing. Gath - er a har - vest from the seeds that were
sown, that we may be fed with the bread of life.
Gath - er the hopes and dreams of all; u - nite them with the prayers we
of - fer now. Grace our ta - ble with your pres - ence,
Lord, and give us a fore - taste of the feast to come.

OFFERTORY PRAYER

Loving God,

we offer at your table the gifts of our hearts. Help us take heart in you and share freely of your love, so that all creation can taste your abundance. We ask this in the name of Jesus, through the Spirit abiding with us now and forever. Amen.

MEAL

GREAT THANKSGIVING

The Lord be with you.

And also with you.

Lift up your hearts.

We lift them to the Lord.

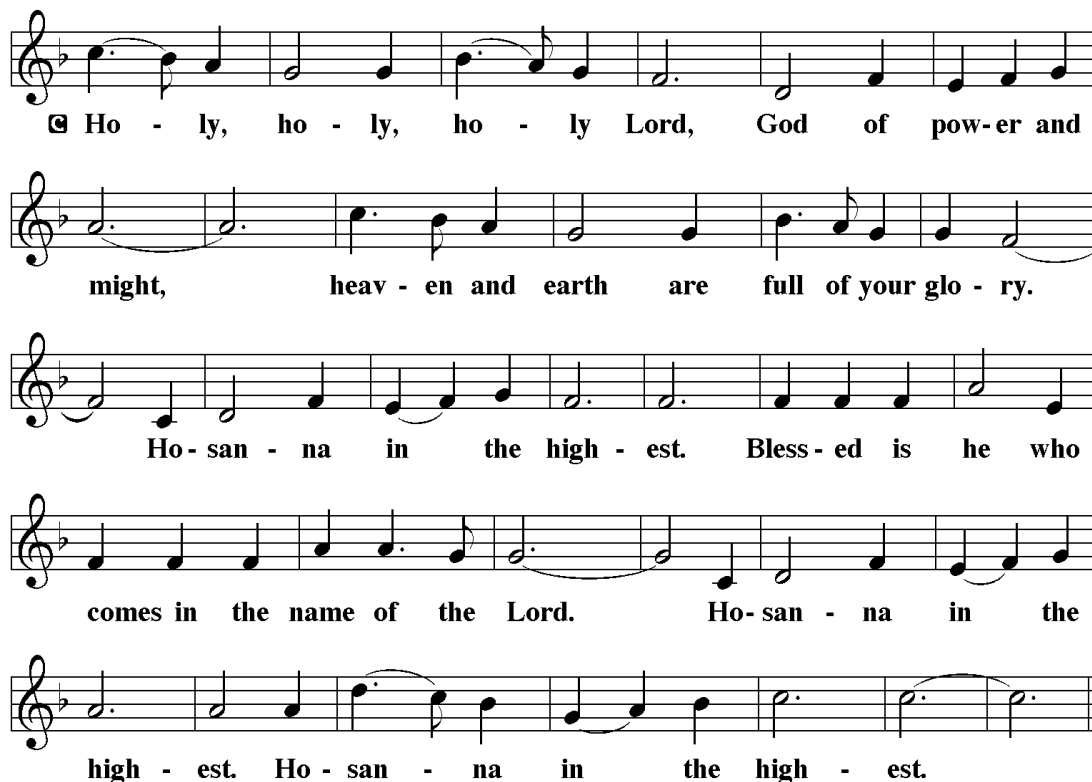
Let us give thanks to the Lord our God.

It is right to give our thanks and praise.

It is indeed right, our duty and our joy, that we should at all times and in all places give thanks and praise to you, almighty and merciful God, through our Savior Jesus Christ; who *on this day overcame death and the grave, and by his glorious resurrection opened to us the way of everlasting life. And so, with all the choirs of angels, with the church on earth and the hosts of heaven, we praise your name and join their unending hymn:

** We say “on this day” because we celebrate Easter every Sunday.*

SANCTUS



Ho - ly, ho - ly, ho - ly Lord, God of pow-er and
might, heav - en and earth are full of your glo - ry.
Ho - san - na in the high - est. Bless - ed is he who
comes in the name of the Lord. Ho - san - na in the
high - est. Ho - san - na in the high - est.

WORDS OF INSTITUTION

On the night that Jesus was betrayed, he took bread, blessed and broke it and shared it with his friends, saying, "Take and eat, this is my body, given for you. Do this for the remembrance of me."

After they had eaten, Jesus took the cup, blessed it, and shared it with his friends, saying, "This cup is the new covenant in my blood which is shed for you and for all people for the forgiveness of sin. Do this for the remembrance of me."

We pray together the prayer Jesus taught us:

THE LORD'S PRAYER

Our Father in heaven, hallowed be your name,
your kingdom come, your will be done, on earth as in heaven.
Give us today our daily bread.
Forgive us our sins as we forgive those who sin against us.
Save us from the time of trial and deliver us from evil.
For the kingdom, the power, and the glory are yours,
now and forever. Amen.

INVITATION TO COMMUNION

Come to the table of God, where the fences are torn down and the harvest is shared.
The feast is ready and all are welcome!

Please be seated.

*We wait silently as the participants who are worshipping online are communed.
All are invited and welcome at the Lord's table.*

LAMB OF GOD

☞ Lamb of God, you take a - way the sin of the world; have mer-cy on

us. Lamb of God, you take a - way the sin of the world; have

mer-cy on us. Lamb of God, you take a - way the

sin of the world; grant us peace, grant us peace.

COMMUNION DISTRIBUTION

Today, Communion is received continuously at two stations.

Please follow the directions of the ushers and use the hand sanitizer provided.

Bread is placed in the hands. Red wine and White grape juice are offered by individual cup. Please ask if you would like a gluten-free option.

If you wish to be communed in your seat, please let one of the ushers/hospitality team know.

COMMUNION HYMN

Remember and Rejoice



1 Re - mem - ber and re - joice, re - newed by floods of grace.
2 In life, in death, we trust in God's most ho - ly name,
3 We pledge our - selves a - new to flee the lures of hell,
4 God, bless us by your grace; re - mind us of your care.
5 Re - mem - ber and re - joice, re - newed by floods of grace.



We bear the sign of Je - sus Christ, that time can - not e - rase.
for - ev - er traced by wa - ter sign, and sealed by Spir - it flame.
to cling to Christ's com - mu - ni - ty, in jus - tice, peace to dwell.
Re - new - ing Spir - it, fill us now, in - spire our work, our prayer.
We bear the sign of Je - sus Christ, that time can - not e - rase.



Please stand as you are able.

PRAYER AFTER COMMUNION

Let us pray together. Compassionate God,
through the gifts of bread and wine our hearts are filled with the abundance of your love. Strengthen us that we, through this holy meal, may share your love freely, as you have shared with us. We ask this in the name of Jesus, through the Spirit nourishing us now and forever. Amen.

SENDING

Younger Disciples Tip ~ Blessing: Mark the sign of the cross on your child's forehead as a reminder of this sending blessing

BLESSING

May the love of God abound in you.

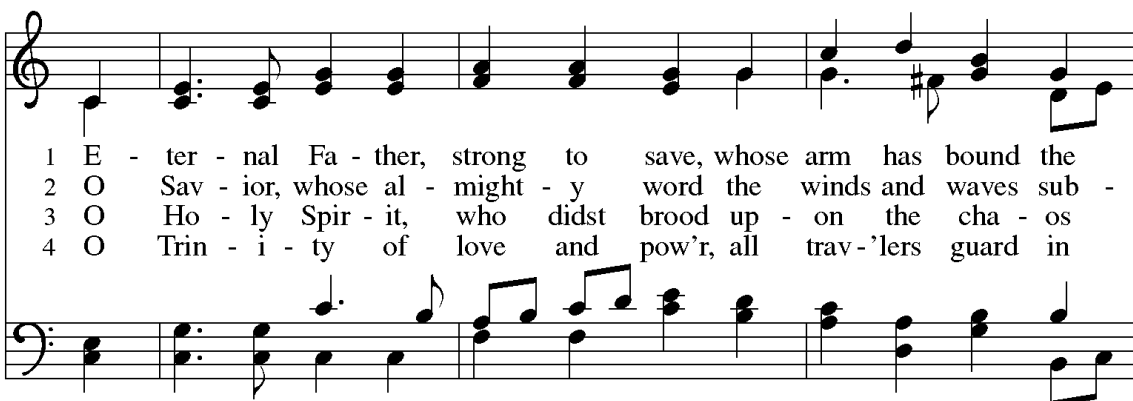
May the grace of our savior Jesus Christ fill your hearts.

May the life of the Holy Spirit ✝ bless you and give you peace. **Amen.**

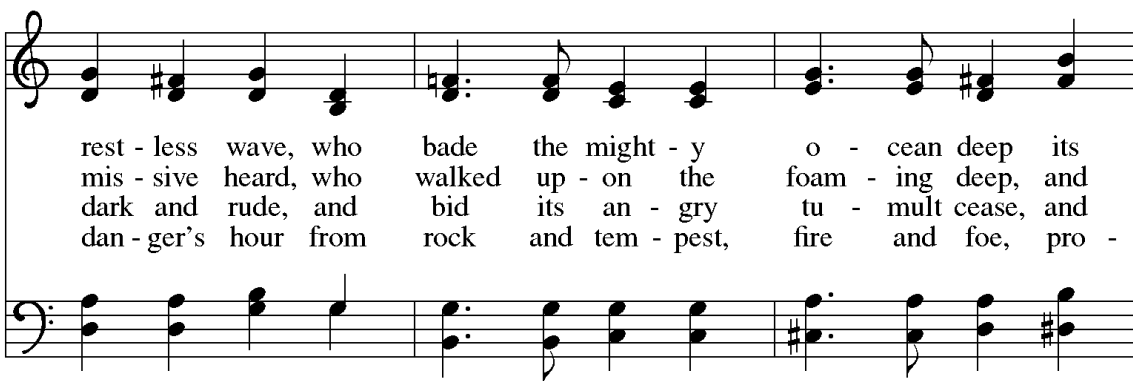


SENDING HYMN

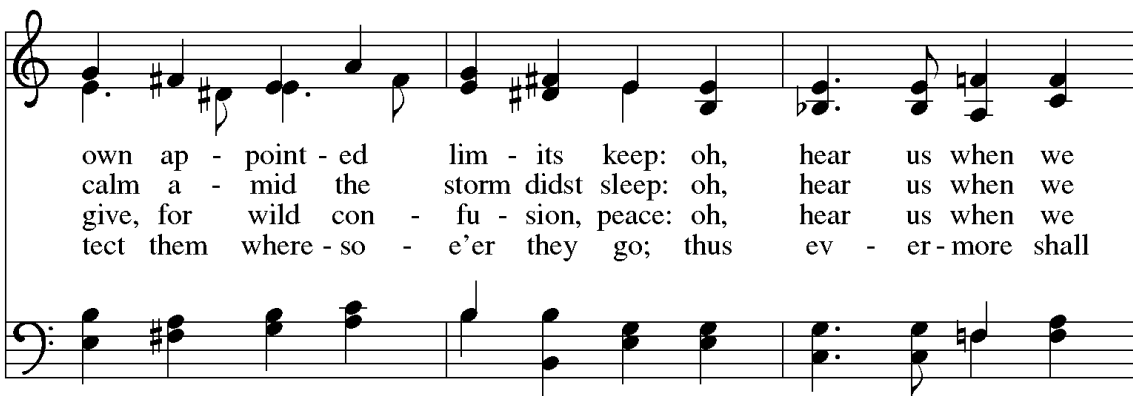
Eternal Father, Strong to Save



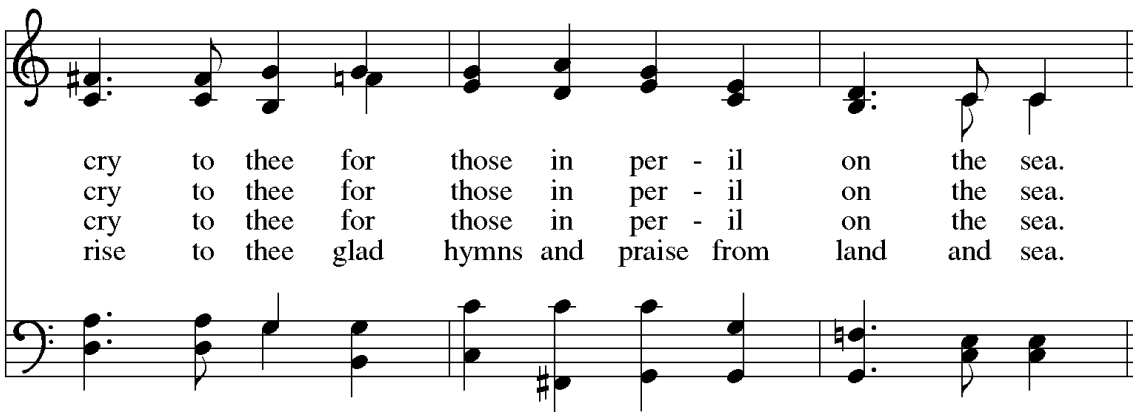
1 E - ter - nal Fa - ther, strong to save, whose arm has bound the
 2 O Sav - ior, whose al - might - y word the winds and waves sub -
 3 O Ho - ly Spir - it, who didst brood up - on the cha - os
 4 O Trin - i - ty of love and pow'r, all trav - 'lers guard in



rest - less wave, who bade the might - y o - cean deep its
 mis - sive heard, who walked up - on the foam - ing deep, and
 dark and rude, and bid its an - gry tu - mult cease, and
 dan - ger's hour from rock and tem - pest, fire and foe, pro -



own ap - point - ed lim - its keep: oh, hear us when we
 calm a - mid the storm didst sleep: oh, hear us when we
 give, for wild con - fu - sion, peace: oh, hear us when we
 tect them where - so - e'er they go; thus ev - er - more shall



cry to thee for those in per - il on the sea.
 cry to thee for those in per - il on the sea.
 cry to thee for those in per - il on the sea.
 rise to thee glad hymns and praise from land and sea.

SENDING

All children and youth are invited to come forward to participate in the sending.

Go in peace. Praise the Lord.

Thanks be to God.

POSTLUDE

“Sonata in b minor ("Allegro")”
Karin Islip, violin and Elaine Koga, piano

J.S. Bach

Flowers today are given by Aaron and Mary Davis in celebration of Daniel’s birthday!



Thank you to all who are assisting with worship today:

Pastor Lara Forbes, *Preaching and Presiding*

Will Simpson, *Director of Music*

Vanessa Rykaczewski, *Bell Choir Director*

Elaine Koga, *Accompanist*

Amy Baro, *Assisting Minister*

Michele Vossler, *Lector*

Melanie Grad, *Acolyte*

Art Gurtel and Tom Benson, *Ushers*

Hillary Nordwell, *Altar Guild*

Susan Hegedus, *Livestream video*

Johannes Grad, *Audio*

Eva Mader and Gene Rowland, *Greeters*

Michele and Dave Vossler, *Coffee Hosts*

Worship Texts for August 23
Isaiah 51:1-6 and Matthew 16:13-20

LITURGY and MUSIC: Unless otherwise noted, liturgy, liturgical music, and hymns are from Evangelical Lutheran Worship (ELW) and All Creation Sings (ACS), and Scripture readings are from New Revised Standard Version Bible (NRSV) Liturgy and NRSV text from Sundays and Seasons.com. Kenneth L. DeJong Liturgy, Copyright 2026 Augsburg Fortress; streamed/reprinted with permission under Augsburg Fortress Liturgies Annual License #SAS006660. All rights reserved. New Revised Standard Version Bible, copyright 1989, Division of Christian Education of the National Council of the Churches of Christ in the United States of America. Used by permission. All rights reserved. Reprinted / podcast / streamed with permission under OneLicense.net #A-718073. All rights reserved. Reprinted / podcast / streamed with permission under CCLI #2042297 and #CSPL048062. All rights reserved.

Volunteers needed for Porchlight Rotating Shelter in August.

We will be hosting Porchlight Rotating Men's Shelter from Friday, July 31, to Tuesday, Sept. 1 at Saint Andrew's. We will have between 20 and 25 men here from 6:00 pm to 7:30 am using the Fellowship Hall, kitchen, restrooms, and parking lot.

We need HOSTS! Come and meet the men and be a host from 6:00 pm to 7:00 pm. Welcome the meal providers and help them find service utensils and supplies. Many of the men have jobs and some will be coming in later, but they do appreciate being greeted and knowing they are welcome. Contact Cheryl Jurrus to pick some dates (cheryljurrus74@gmail.com).



NEXT SUNDAY!!!

We will **NOT** have worship on site (in person or livestream), but we will be worshipping with other **Eastside Lutheran Church Community congregations at Ebright Creek Park at 10 a.m. on August 16.**

Bring your chair!!

This fun event includes an outdoor worship service (with communion and Pastor Lara preaching), songs, fellowship and a fun potluck lunch.

St. Andrew's members are asked to bring:

- **salads**
- **vegetables**
- **fruit**

Holy Trinity Lutheran Church, Mercer Island WILL have in-person worship at 9:00 AM on August 16. (8501 SE 40th Street, Mercer Island).



EASTSIDE
LUTHERAN
CHURCH
COMMUNITY



Community Worship



**August 16 | At Ebright
10:00am | Creek Park**

FAMILY FUN | WORSHIP | POTLUCK MEAL

Saint Andrew's:

**Please plan on bringing Fruit, Vegetables or Salad for the
Potluck!!**

Ebright Creek Park: 1317 - 212th AVE SE, Sammamish

**Sammamish Hills, Our Savior, Love of Christ, Holy Trinity,
Grace Chinese, St. Luke's, St. Andrew's, Mt Si, Cross of Christ**

Calendar

Sunday, August 9

10:00 AM Worship
11:00 AM Coffee and Conversation
11:15 AM Knit Wits

Monday, August 10

1:00 PM Staff Meeting

Tuesday, August 11

8:30 AM Tuesday Morning Men, Online

Wednesday, August 12

2:00 PM Care Team Meeting, Online
4:00 PM Adult Education Committee, Online

Thursday, August 13

Friday, August 14

Saturday, August 15

Sunday, August 16

10:00 AM **WORSHIP IN THE PARK**
No Onsite worship service

Monday, August 17

1:00 PM Staff Meeting

Tuesday, August 18

8:30 AM Tuesday Morning Men, Online

Wednesday, August 19

Thursday, August 20

Friday, August 21

Saturday, August 22

Sunday, August 23

10:00 AM Worship
11:00 AM Coffee and Conversation

The Reverend Lara Forbes, Lead Pastor
pastor@SALC.church

The Reverend Timothy T. Weber,
Shared-Time Pastor

timwebertt@yahoo.com

Dr. Will Simpson,

Director of Music Ministries
will@SALC.church

Doug Johnson,

Director of Youth and Family Ministries
doug@SALC.church

Sherry Grindeland, Fellowship Coordinator

sherry@SALC.church

Kurt Lutterman, Facilities Manager

kurt@SALC.church

Kathy Fisher, Communications Director

kathy@SALC.church

Vanessa Rykaczewski, Handbell Choir Director

Elaine Koga, Choir Accompanist

Abby Kasper, Facilities Set-up

April Daniel, Records Administrator

Ann Thorpe, Sunday Church School Coordinator

Joan Tweten, Kitchen Team

**We welcome your support of
our mission and ministry. Use
the QR Code to give to SALC.**



**We are a Reconciling in
Christ congregation.**



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425-746-2529 <https://SALC.church>
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SALC and SALCfamilies