

September 6, 2026

Does My Life Matter? (Luke 6:12-19)

Warmup: When you were younger, who was someone you looked up to and wanted to be like? What was it about them that you wanted in your own life?

READ Luke 6:12-19

- Employers review resumes, conduct interviews, and analyze performance data. Jesus chose His team with a completely different strategy. When you make decisions, which of these do you tend to rely on most: a) factual evidence, b) advice from friends, c) AI tools, or d) prayer with the Almighty God.

REFLECT

- The answer might be obvious, but get as specific as you can about why the disciples would leave the work they were already doing to follow Jesus.
- Our scripture shows how Jesus was focused UP, IN, and OUT. Can you think of other passages that show the same thing? Write them below. (Hint: every passage about Jesus shows at least one of these!)
- This shape for human life that Jesus models in the Gospels is also seen in the Old Testament. Read Genesis 1:26-30. How do you see UP, IN, and OUT in the first chapter of the Bible?
- Thinking about UP, IN, OUT, ask someone in your Life Group (even the leader) to draw the triangle with the words at each corner, and then discuss how your Life Group is focused in these three directions. Especially talk about the OUT focus of your group this year.
- Share a specific way your life has been changed by following Jesus in these directions.
- In the sermon we talked about how living UP, IN, and OUT makes your life matter (of course, you also matter simply because God loves you!). And we also talked about how sometimes our culture, our parents, and we ourselves want more from us. Pair up and share how you handle the expectations on your life and also follow Jesus.

RESPOND

- As you follow Jesus this week, is there one step you want to take in one direction (UP, IN, or OUT)?
- Gather in groups of 3-4, share any other prayer requests, and pray for each other.

"To transform religious and irreligious people into fully devoted followers of Christ."