Intentional Giving: Generosity from the Heart

What does it mean to give intentionally, generously, and from the heart? Throughout November, we'll explore the spiritual practice of giving—not out of obligation or expectation, but as a joyful expression of gratitude, trust, and our awareness of the abundance already present in our lives. Previously referred to as *tithing*, intentional giving invites us to consciously choose how we share our financial resources in support of what we love and value.

As we open our hearts to the flow of giving and receiving, we deepen our spiritual connection and help sustain the community that nourishes us. We warmly invite everyone to participate in this month's journey, wherever you are on your spiritual path and whatever giving from the heart looks like for you. This is an opportunity to reflect on what matters most, listen for inner guidance, and discover the joy of giving with greater awareness and intention.

Our Intentional Giving month culminates on **Sunday, November 22**, with a sacred ceremony followed by our **Thanksgiving Potluck celebration**. Together, let's celebrate the blessings of our spiritual community, give thanks for all we share, and embrace the abundance we create when we give from the heart!