

IMPACT COHORTS SERIES & SUMMARIES

ABOUT COHORTS

The “engine” of IMPACT Players is our IMPACT Coaching Cohorts program. Throughout the year, we have several groups of 6-12 men who gather for 7-8 weeks to encourage and strengthen one another in a fun and sincere community. Each group is led by an IMPACT Coach and engages in an interactive discussion around original IMPACT Players content. Get connected to a cadre of men who will walk with you through the challenging times and celebrate with you in the days of breakthrough.

IMPACT Currently has 16 Cohort Curriculum Series available with new content being created regularly.

CURRICULUM LISTED ALPHABETICALLY -

BATTLE GROUNDS: FIGHT THE GOOD FIGHT



We are in a battle. Men must learn to fight the right fight, with the right weapons, against the right enemy. This is a battle for the heart, the soul, the mind and the body. Men will learn how to fight not only for themselves, but for their spouse and family as well.

DAD COACHING



Men will learn how to lead in their homes by growing as Dads. Over 8 weeks, men will consider the role their earthly father, and their heavenly father has on their parenting style. Additionally, men will learn how to connect emotionally, practice discipline, and create special moments for each of their children as they grow up.

DO OVER: START FRESH/START OVER



We all need a fresh start, and sometimes, we just have to call a “do over.” In this 7 week study, men will consider how they can experience a “do over” in their key relationships (marriage and family), faith, work and attitude.

FAITH COACHING



This 10 week series is the ground floor study for all men who want to build a strong faith foundation for themselves and their families. This is perfect for men who have no familiarity with Christianity, or for those who feel unprepared to help others grow in their spiritual faith as well.

GOOD NEWS FOR MARRIAGE: RENEW, REJUVENATE, AND REDEEM YOUR MARRIAGE IN WEEKS



Marriage can be beautiful, a burden, and broken, often at the same time. Together, we will explore how God's Good News can explain what is difficult in your marriage and transform your marriage to fulfill its purpose and promise. Whether you are single, engaged, married, divorced, or widowed, there is Good News for you in this study!

GOOD NEWS FOR YOUR FAMILY: EVERY FAMILY IS DYSFUNCTIONAL. NO FAMILY IS BEYOND REPAIR.



Family is meant to bring goodness, joy, life, and hope into the world. Why does it seem that too often family is a source of pain, frustration, and despair in our lives? Together, we will discover how God's Good News can bring hope, health, and life to your family.

GOOD NEWS FOR YOUR FINANCES: INVEST IN A HEALTHY RELATIONSHIP WITH YOUR FINANCES & GET HEALTHY RELATIONSHIPS IN RETURN



Whatever your financial situation, there is Good News for you and your family today. In this study, men will learn where their true value comes from, how to have a healthy relationship with God and money, how to make your money work for you, and how to multiply your money for eternal purposes. One of the greatest gifts you can give to yourself, your wife, children, and co-workers is a healthy and honorable approach to money.

GOOD SEX: GREAT EXPECTATIONS - THE BEAUTY, BROKENNESS, AND BLESSINGS OF SEX IN REAL LIFE



Sex is good... except for when it isn't. While men are bombarded constantly with messages about sex, they almost never discuss sex in healthy and meaningful ways. Expectations related to sex (inside and outside of marriage) play a crucial role in the health, happiness, and future of a marriage.

GOOD SHEPHERDING: ANCIENT LEADERSHIP IN MODERN TIMES



Leadership is tough. Every man is called to lead but finding a healthy approach to leadership can be very difficult. In this 8 week IMPACT Cohort study, men will learn effective, life-giving leadership from the ways of "The Good Shepherd." Shepherding ourselves, our spouse, our family, and community is the secret to healthy leadership.

HONEST TALK FOR MEN: MARRIAGE. FAMILY. CAREER. FAITH. AUTHENTIC AND REAL CONVERSATION.



Real men need to get real with real men. Honest talk is an 8 session cohort which deals with honest questions that real men are asking. Together, we will ask real questions and find real answers and hope.

HUSBAND COACHING



Whether you are engaged, a newlywed or have been married for decades, this 8 week coaching program will help you grow as a husband and improve your marriage. Men will learn key insights and best practices on how to communicate, lead, serve, romance, and reconcile with their wives.

IMPACT 101: 7 FOUNDATIONAL LESSONS FOR MEN TO THRIVE IN THE RELATIONSHIPS THAT MATTER MOST



The IMPACT 101 takes 7 key lessons from three unique studies - 1) Faith Coaching 2) Husband Coaching 3) Dad Coaching. Wherever you are in your spiritual development, or relationally as a Dad or a Husband, there are important nuggets you will receive each week that will help you grow as a man.

IMPACT 202: 7 FOUNDATIONAL LESSONS FOR MEN TO THRIVE IN THE RELATIONSHIPS THAT MATTER MOST



The IMPACT 202 takes 7 key lessons from three unique studies - 1) Faith Coaching 2) Husband Coaching 3) Dad Coaching. Wherever you are in your spiritual development, or relationally as a Dad or a Husband, there are important nuggets you will receive each week that will help you grow as a man.

IMPACT 303: 7 FOUNDATIONAL LESSONS FOR MEN TO THRIVE IN THE RELATIONSHIPS THAT MATTER MOST



The IMPACT 303 takes 7 key lessons from three unique studies - 1) Faith Coaching 2) Husband Coaching 3) Dad Coaching. Wherever you are in your spiritual development, or relationally as a Dad or a Husband, there are important nuggets you will receive each week that will help you grow as a man.

MAN OF THE MOMENT: INSIDE-OUT LEADERSHIP IN TROUBLED TIMES



Discover 9 key characteristics that will allow you to lead at home and at work with integrity and grace. Men will learn how to move from being impulse-driven to Spirit-Led. In this 7 week study, men will discover how to access these 9 characteristics in their marriage, family, workplace, and community.

SOUL OF AN ENTREPRENEUR



An IMPACT Cohort focused on meeting the unique needs and demands of business and non-profit entrepreneurs. The focus is not solely on best practices for succeeding in business, but how to negotiate the unique demands, responsibilities, expectations, and pressures in a way that allows for men to thrive in their marriage, family and spiritual health also. This seven-week series will explore how to cultivate the soul of an entrepreneur.