

June 25, 2023

## GATM: The Flash – Humility (Philippians 2:1-18)

*Be humble. Focus on imitating Christ.*

*Warmup: What petty argument have you engaged in recently?*

### READ Philippians 2:1-18

- According to verses 1-7, what is Paul asking the Philippians to do? If you quoted the verses as your answer, paraphrase your answer making it personal to you.
- After reading verses 1-18, what is our natural human tendency?
- What is God saying to you in these verses?

### REFLECT

- What expectations do you place upon others to practice humility? What is an area of your life you find difficult to practice humility? Why is this a challenge?
- Share your opinion with the person next to you, after rereading verses 5-8, describe the process of Jesus emptying Himself.
- How does what Jesus is teaching you in these verses line up with your life?

### RESPOND

- Can you practice humility with personal willpower? How can verse v 16 empower you to practice the humility of Jesus? How will following Jesus' example of humility create unity within your home, church, and workplace?
- Read verse 4 in several translations: How will you practice verse 4 this week? Within several minutes of silent prayer, ask the Holy Spirit to identify a weak area of humility. Record a "next step" to help you overcome this weakness and share your strategy with someone in your Life Group.
- How is the Spirit speaking to you right now?

*"To transform religious and irreligious people into Fully Devoted Followers of Christ."*