

September 3, 2023

Supply Lines: Preparing for the Storms (1 Kings 19)

Plan for crisis before it comes.

Warmup: What is the best practice of self-care you give yourself during seasons of crisis?

READ 1 Kings 18-19

- What is the background story for 1 Kings 19?
- Identify the variety of emotions Elijah is experiencing in verses 1-10. State Elijah's lament to the Lord within the passage of verses 1-10. What does God tell him to do in this passage?
- What is God saying to you in these verses?

REFLECT

- Describe the plot pattern you see unfolding in 1 Kings 19. What behaviors and actions are repeated in this chapter among the characters—God and Elijah?
- What Wall has Elijah hit? Why didn't Elijah foresee the Wall looming in front of him? How could Elijah have been prepared, and prevented his derailment by the fierce reputation of Jezebel? How does God move Elijah from desolation to consolation?
- How does what Jesus is teaching you in these verses line up with your life?

RESPOND

- God desires to build resilience in your life; how are you responding to His prompting? Find a quiet space and spend five minutes in silence with God. What is His personal instruction to you?
- No one escapes crisis or tragedy. Break into groups of 3 or 4 and communicate how you are building your supply lines in preparation for the Wall in your future. Add another name to your blue supply lines handout from last week.
- How is the Spirit leading you to respond this week?

"To transform religious and irreligious people into Fully Devoted Followers of Christ."