

October 8, 2023

Gamers: Lessons from Stardew Valley (Philippians 4:1-9)

Big Idea – Let your faith grow your emotional intelligence.

Warmup: Describe an argument you have engaged in that you actually won. What was it and what did you actually win...really?

READ Philippians 4: 1-9

- Describe the issue the Apostle Paul is addressing in the Philippian church? How does Paul characterize these two women?
- Does Paul offer solutions? What nuggets of spiritual and emotional maturity does he offer in this passage? Why was it so important for Paul to call this out to the extent we are still reading about it 2000 years later?
- What is God saying to you in these verses?

REFLECT (The following questions are designed for break out groups.)

- Conflict in the church is inevitable and yes, normal. It can be rough but Paul assures us peace can also be experienced. Do you believe that? What has to happen for peace to be attained (v.8-9)?
- How would you rate your emotional intelligence when your last conflict surfaced? Was your first inclination to:
 1. Engage immediately and win!
 2. Cool off, think about it, then seek to resolve, or
 3. Run, ignore and try to forget it?

How do you typically characterize the person you are in conflict with? How should you?

- How does what Jesus is teaching you in these verses line up with your life??

RESPOND

- What attitudes and actions described in this passage do you need to adopt moving forward this next week?
- Is there a conflict that you need to resolve? You can “wing it” OR you can pray, use this passage to help map out a strategy and attempt to resolve it!
- How is the Spirit leading you to respond this week?

“To transform religious and irreligious people into Fully Devoted Followers of Christ.”