

Weekly Meeting

10 Minutes - Reconnect

Talk about life. What new is going on? What has been the highlights of your week?

15 Minutes - Accountability

Ask one another the accountability questions; encourage one another to walk with Jesus.

15 Minutes - Bible Reading

Talk through your journals, and discuss what God has been teaching you.

5 Minutes - Memorization

Discuss how your Scripture memorization has gone this week.

10 Minutes - Prayer

End by asking how you can pray for one another, and spending time praying for each other.

"Deep discipleship is all about helping people find greater and deeper enjoyment in the triune God" ~ JT English

Accountability

Questions to Ask As You Meet Together

Have you spent time in prayer and in Scripture reading this week?

Have you honored God with your thoughts, words, and actions this week?

What is one sin that you are seeking to defeat? How is the battle going?

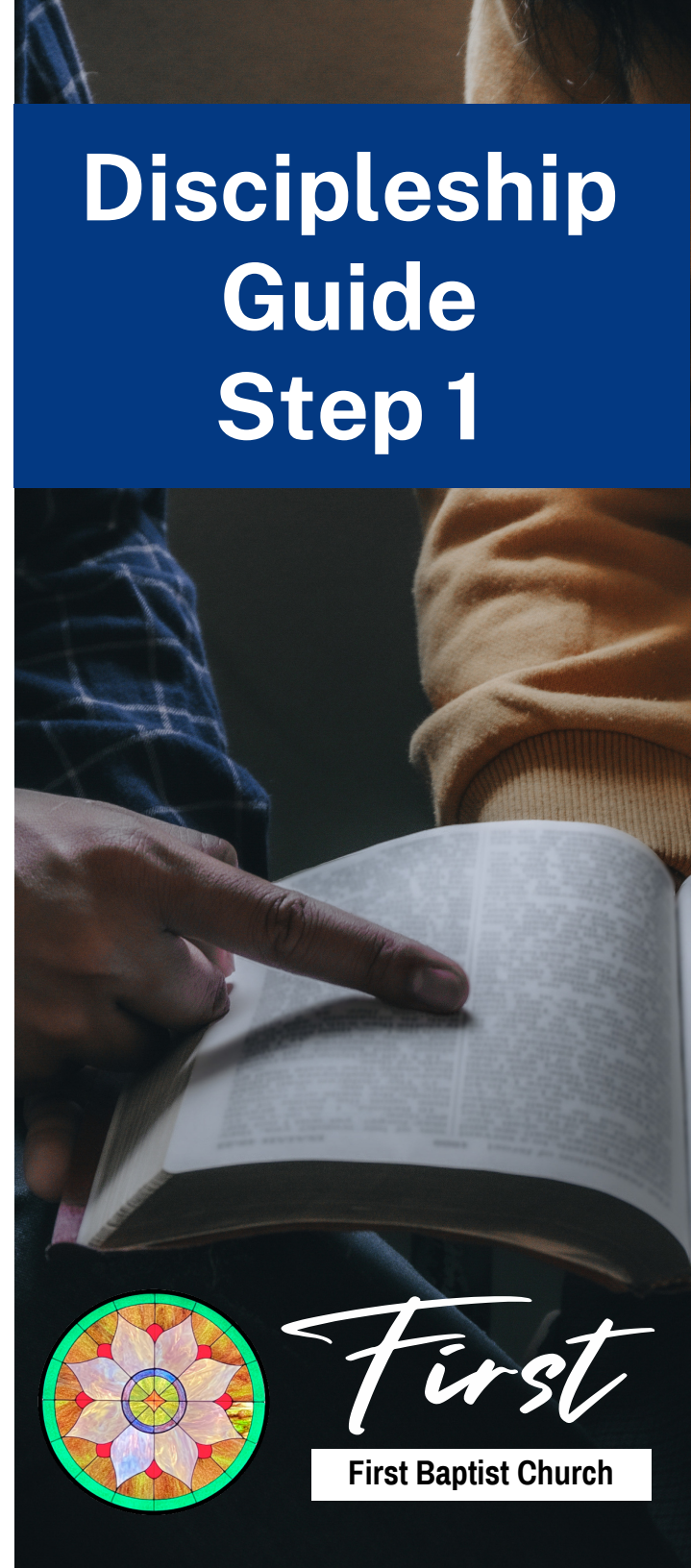
How are you showing love and care for your spouse/ children/ grandchildren/ parents?

Did you gather with a local church this week?

Whose salvation are you praying for? With whom are you sharing the gospel with?

"True discipleship involves deep relationships. Jesus didn't simply lead a weekly Bible study. He lived life with His disciples ..."
~ Francis Chan

Discipleship Guide Step 1



First

First Baptist Church

Four Week Discipleship Challenge

Prayerfully seek one or two other people of your same gender to partner with for discipleship for four weeks.

- Read the Bible five times a week for four weeks.
- Memorize one passage of Scripture each week for four weeks.
- Keep a daily devotional journal for four weeks.
- Meet once a week for four weeks to discuss what God has been teaching you, to encourage one another, and to hold one another accountable.

“Go, therefore and make disciples.” ~ Jesus

“There is no such thing as a disciple of Christ who is not making other disciples of Christ. Disciples make disciples. ~ JT English

Bible Reading

Beatitudes/Psalms/1 Thessalonians

Week One

Day One: Matthew 5:1-12
Day Two: Matthew 5:13-20
Day Three: Matthew 5:21-30
Day Four: Matthew 5:31-37
Day Five: Matthew 5:38-48

Week Two

Day One: Matthew 6:1-15
Day Two: Matthew 6:16-24
Day Three: Matthew 6:25-34
Day Four: Matthew 7:1-14
Day Five: Matthew 7:15-27

Week Three

Day One: Psalm 1
Day Two: Psalm 8
Day Three: Psalm 19
Day Four: Psalm 23
Day Five: Psalm 25

Week Four

Day One: 1 Thessalonians 1
Day Two: 1 Thessalonians 2
Day Three: 1 Thessalonians 3
Day Four: 1 Thessalonians 4
Day Five: 1 Thessalonians 5

Memory Verse

Gospel Basics

Week One: Romans 5:8
Week Two: Romans 6:23
Week Three: Romans 8:1
Week Four: 2 Corinthians 5:21

Journaling

H.E.A.R Method

HIGHLIGHT:

Write an “H” on the left of your paper and then write out the verse that most stands out to you from today’s reading.

EXPLAIN:

Write an “E” on the left of your paper. Write out and explain today’s Bible reading in your own words.

APPLY:

Write an “A” on the left of your paper. Write out how today’s Bible reading should be applied to your own life.

RESPOND:

Write an “R” on the left of your paper. Write out how you will respond to today’s Bible Reading. Is there a change you need to make in your life? Is there a promise you need to hang onto? Is there something you need to pray for?

So much of discipling is doing what you ordinarily do but bringing people along with you and having meaningful conversations like Jesus did. ~ Mark Dever