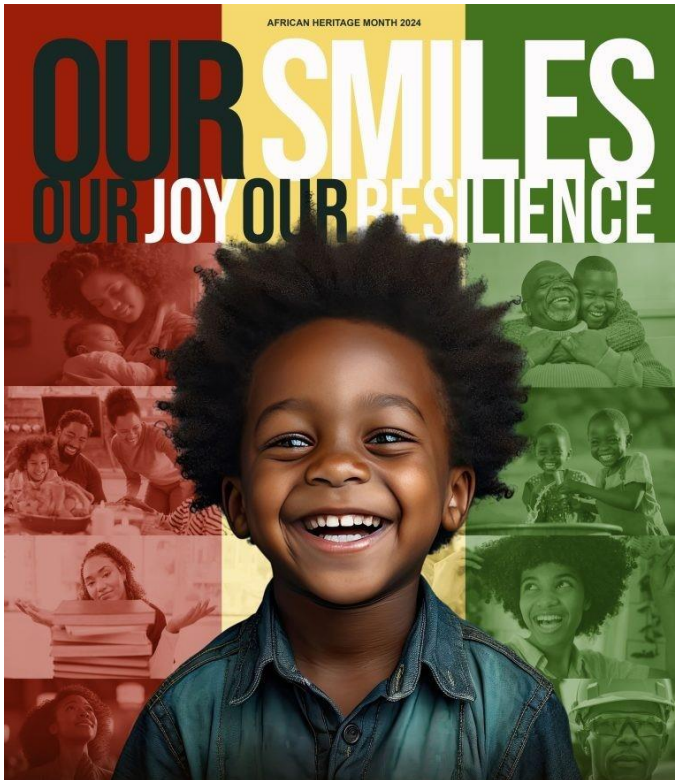


The Cathedral Church of All Saints



African Heritage Month
The Last Sunday after Epiphany
The Transfiguration
February 11, 2024

Welcome!

I am delighted to have you with us today for this service of worship. Please, stay awhile. Get to know us better. No matter who you are, or where you are on life's journey, you are welcome here.

We at All Saints Cathedral Church, are a diverse lot, from many Christian backgrounds, non-Christian backgrounds, and no faith backgrounds. We come for Christian community, to find God in relationships with neighbours and new friends. We come for lessons from the incredible life of Jesus Christ. We come for spiritual rest, time to think, pray, and center on God, for comfort in hard times, and gratitude in good times. We come to serve God, each other, and the world. We're not perfect. We trust in God's gentle grace and unconditional love. We seek meaning for the life God has gifted us.

You are invited to God's table to receive communion (gluten free wafers are available). We welcome you, no matter who you are, or what you look like, or what labels the world puts on you. We welcome you if, like us, you struggle with flaws and imperfection but have a loving spirit and strive to let the light of Jesus shine within you and then to share it with others. We dare to welcome all because God, and not any human authority, extends this gracious invitation. If you wish not to receive Holy Communion you may still come forward for a blessing, simply fold your arms across your chest to receive a blessing. You are also welcomed to remain seated during this time.

In this leaflet, you will find most everything you need to follow along throughout the service. Whether you have been attending the Cathedral Church your whole life or this is your first time here, you are invited to participate in the service as fully as you feel comfortable doing and are able to.

Peace and Joy,

The Very Rev. Paul Smith, Rector,
and Dean of the Cathedral Church of All Saints

The Holy Eucharist

Territorial Acknowledgement

Celebrant: We acknowledge that we are in Mi'kma'ki, the ancestral and unceded territory of the Mi'kmaq People. This territory is covered by the "Treaties of Peace and Friendship" which Mi'kmaq and Wolastoqiyik (Maliseet) People first signed with the British Crown in 1725. The treaties did not deal with surrender of lands and resources but in fact recognized Mi'kmaq and Wolastoqiyik (Maliseet) title and established the rules for what was to be an ongoing relationship between nations.

Choral Introit *O Light of Light, By Love Inclined Mode 2*

Words: 10th Cent. Latin Hymn "O nata lux de lumine"; trans. Lawrence Housman (1865–1959)

- | | |
|--|--|
| 1. O Light of light, by love inclined,
Jesu, Redeemer of mankind,
With loving-kindness deign to hear
From suppliant voices praise and prayer. | 2. More bright by day thy face did show,
Thy raiment whiter than the snow,
When on the mount to mortals blest
Man's Maker thou was manifest. |
| 3. Two prophets, that had faith to see,
With thine elect found company,
Where unto each, divinely shown,
The Godhead veiled in form was known. | 4. The heavens above his glory named,
The Father's voice the Son proclaimed;
To whom, the King of glory now,
All faithful hearts adoring bow. |
| 5. Eternal God, to thee we raise,
The King of kings, our hymn of praise,
Who Three in One and One in Three
Doth live and reign eternally. Amen. | |

Opening Hymn: 5 *Christ, Whose Glory Fills the Skies* RATISBON

The Gathering of the Community

Celebrant The grace of our Lord, Jesus Christ, and the love of God,
and the fellowship of the Holy Spirit, be with you all.

People **And also with you.**

Celebrant Almighty God,
All **to you all hearts are open, all desires known,
and from you no secrets are hidden.
Cleanse the thoughts of our hearts
by the inspiration of your Holy Spirit,
that we may perfectly love you, and worthily magnify your
holy name; through Christ our Lord. Amen.**

The Collect for Black History Month * and Transfiguration

Celebrant Let us pray.

All **Compassionate God,**
who sent Jesus Christ to deliver us
from all manner of injustices and inequalities,
create in us new hearts and enlarged visions,
to see the image of God in every person
irrespective of background, race and ethnicity.
May we be generous in our love of others
as we work towards ending misunderstanding, racism and injustice;
creating communities of human flourishing,
through Jesus Christ your Son our Lord,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever. Amen.

Lord of the mountain peak,
whose light reveals the earth to be a dwelling place for love;
Lord of the overshadowing,
whose darkness confounds
the lie that we can possess you:
transform our hearts and minds,
so that we may listen to him
who bears the weight of glory
in the lightness of our flesh,
Jesus Christ, your Chosen One. Amen.

Prayers for an Inclusive Church (2009) alt.

The Proclamation of the Word

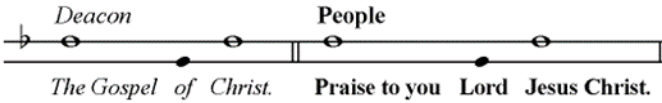
The First Reading

Reader A reading from 2 Corinthians [4:3-6]

And even if our gospel is veiled, it is veiled to those who are perishing. In their case the god of this world has blinded the minds of the unbelievers, to keep them from seeing the light of the gospel of the glory of Christ, who is the image of God. For we do not proclaim ourselves; we proclaim Jesus Christ as Lord and ourselves as your slaves for Jesus' sake. For it is the God who said, 'Let light shine out of darkness', who has shone in our hearts to give the light of the knowledge of the glory of God in the face of Jesus Christ.

Six days later, Jesus took with him Peter and James and John, and led them up a high mountain apart, by themselves. And he was transfigured before them, and his clothes became dazzling white, such as no one on earth could bleach them. And there appeared to them Elijah with Moses, who were talking with Jesus. Then Peter said to Jesus, ‘Rabbi, it is good for us to be here; let us make three dwellings, one for you, one for Moses, and one for Elijah.’ He did not know what to say, for they were terrified. Then a cloud overshadowed them, and from the cloud there came a voice, ‘This is my Son, the Beloved; listen to him!’ Suddenly when they looked around, they saw no one with them any more, but only Jesus. As they were coming down the mountain, he ordered them to tell no one about what they had seen, until after the Son of Man had risen from the dead.

At the conclusion of the Gospel, the Deacon says/sings



***Gospel Recessional* v. 4**

Homily

Anthem *Precious Lord, Take My Hand*
 G. N. Allen; arr. R. Wingwald Words: Joyce Merman

Precious Lord, take my hand,
 Bring me home through the night,
 Through the dark, through the storm, to Thy light.
 I have been to the mount,
 I have seen the Promised Land:
 Precious Lord, precious Lord, take my hand.

Precious Lord, take my hand,
 Bring Thy child home at last,
 Where the strife and the pain All are past:
 I have dreamed a great dream
 That Thy love shall rule our land:

Precious Lord, precious Lord, take my hand.
 Precious Lord, take my hand,
 Take Thy child unto Thee,

With my dream of a world That is free,
For that day when all flesh
Joins the glory Thou hast planned,
Precious Lord, precious Lord, take my hand.

The Apostles' Creed

Celebrant Let us confess the faith of our baptism, as we say,

**I believe in God,
the Father almighty,
creator of heaven and earth.
I believe in Jesus Christ, his only Son, our Lord.
He was conceived by the power of the Holy Spirit
and born of the Virgin Mary.
He suffered under Pontius Pilate,
was crucified, died, and was buried.
He descended to the dead.
On the third day he rose again.
He ascended into heaven,
and is seated at the right hand of the Father.
He will come again
to judge the living and the dead.
I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting. Amen.**

The Prayers of the People

Confession and Absolution

Celebrant Dear friends in Christ,
God is steadfast in love and infinite in mercy;
God welcomes sinners
and invites us to this table.
Let us confess our sins,
confident in God's forgiveness.

Silence is kept.

Celebrant Most merciful God,

All we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbours as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us,
that we may delight in your will,
and walk in your ways,
to the glory of your name. Amen.

Celebrant Almighty God have mercy upon you,
pardon and deliver you from all your sins,
confirm and strengthen you in all goodness,
and keep you in eternal life;
through Jesus Christ our Lord.
People Amen.

The Peace

The presiding celebrant addresses the people.

The peace of the Lord be always with you.

People And also with you.

Preparation Hymn 505 *Be Thou My Vision*

SLANE

The Celebration of the Eucharist

The Prayer over the Gifts

When the altar has been prepared,

All God of all creation,
all you have made is good,
and your love endures forever.
You bring forth bread from the earth
and fruit from the vine.
Nourish us with these gifts,
so that we might be for the world
signs of your gracious presence
in Jesus Christ, our Saviour and Lord. Amen.
Evangelical Lutheran Worship (2006) alt.

The Great Thanksgiving

Eucharistic Prayer for Black History Month **

Celebrant *People*
The Lord be with you. And also with you.

Celebrant *People*
Lift up your hearts. We lift them to the Lord.

Celebrant
Let us give thanks to the Lord our God.

People
It is right to give our thanks and praise.

Celebrant God of hope and grief,
God of power and strength,
God of the widow and the orphan,
God of the imprisoned and impoverished,
God of the poor in spirit, the merciful, the mourning.
God who sees the proud and arrogant,
God who does not forget those who turn away from the one in need,
God who waits to be greeted in prison, in hunger, in hospital, and on the corner,
God who grieves the word spoken in hate and the action that excludes.
You are the one true God and it is our gift and right and duty to call upon you here.
We praise you for your faithfulness in history.
We praise you for your prophets who have shouted the truth.
We praise you for your saving action in leaders, in the church, in this community, and for what You have done sometimes in spite of them.

With all faithful people of Christ, with all your children across the world, with all the saints, with the whole creation, we praise your name and join the unending hymn.

Sanctus CP 719 (sung by all) LAND OF REST; American trad.

**Holy, holy, holy Lord,
God of power and might,**

**heaven and earth are full of your glory.
Hosanna in the highest.
Blessed is he who comes in the name of the Lord.
Hosanna in the highest, Hosanna in the highest.**

Celebrant God, with our sighs too deep for words,
we come to this table, and we remember when it has been closed.
We remember when the invitation was not open.
We remember when the feast was in part, but not the whole.
With gratitude and thanksgiving, we celebrate in our spirits and our
bodies that the barriers people erect cannot withstand the Holy Spirit.

With gratitude and thanksgiving, we celebrate in our spirits and our
bodies that the prejudices that people hold will not withstand the Holy
Spirit.

With gratitude and thanksgiving, we celebrate in our spirits and our
bodies that the ignorance people profess will not withstand the Holy
Spirit. We gather here today and we remember Jesus gathered with those
whom he loved. They celebrated the first Passover, that event that
marked the move of the people from slavery into freedom.

As they ate and drank their celebration, their actions anticipated the
second Passover- from death into life, from fear into joy, from
resignation into resurrection. Jesus took the bread, a food that they as
Jews had in common with all people, gave thanks to you, O God, broke
it, gave it to his disciples, and said: "Take, eat; this is my body - given
for you. Do this in remembrance of me."

After supper, he took the cup- filled with wine-
A drink they had in common with all people.
He gave thanks to you, O God, gave it to his disciples, and said:
"Drink from this, all of you; this is a new covenant in my blood, shed for
you and for all people, for the forgiveness of sins.
Do this in remembrance of me."

God of our weary years, God of our silent tears, You have brought us this
far, and we trust that you will not leave us. Pour out now your Holy
Spirit on these gifts and upon us, that this sacrament may strengthen us in
the faith, in the fight, and in our freedom in Christ.
And so we proclaim our hope.

All 
Christ has died; Christ is ris-en; Christ will come a-gain.

A Prayer for Spiritual Communion (for prayer by those at home) *

My Jesus, I believe that you are truly present in the Blessed Sacrament of the altar. I desire to offer you praise and thanksgiving as I proclaim your resurrection. I love you above all things, and long for you in my soul. Since I cannot receive you now in the sacrament of your Body and Blood, come spiritually into my heart. Cleanse and strengthen me with your grace, Lord Jesus and let me never be separated from you. May I live in you, and you in me, in this life and in the life to come.

Amen

**Based on a prayer by St. Alphonsus Liguori (1696-1787) used at the 2020 Easter celebration at The Episcopal Cathedral Church of Saint Peter and Saint Paul (Washington National Cathedral)*

Agnus Dei Missa Sine Nomine (Sung by the choir)

L. da Viadana (c.1560-1627)

Communion Motet *Quicumque Christum quaeritis*

O. di Lasso (c.1530-94)

- | | |
|--|--|
| 1. Quicumque Christum quaeritis,
oculos in altum tollite:
illic licebit visere there
signum perennis gloriae. | <i>Whoever seeks Christ,
raise your eyes to the heights;
you may behold
a sign of his eternal glory.</i> |
| 2. Illustre quiddam cernimus
quod nesciat finem pati,
sublime, celsum, interminum,
antiquius caelo et chao. | <i>We discern something brilliant,
which knows no limit:
exalted, most high, without end,
more ancient than heaven or chaos.</i> |
| 3. Hic ille rex est gentium
populique rex Iudaici,
promissus Abrahae patri
eiusque in aevum semini. | <i>This is the king of nations
and king of the Jewish people,
who was promised to father Abraham
and his seed for ever.</i> |
| 4. Hunc et prophetis testibus,
iisdemque signatoribus,
testator et Pater jubet
audire nos et credere. | <i>With prophets as witnesses
and also as signatories,
the witness and Father commands us
to hear this and believe.</i> |
| Gloria tibi Domine,
qui apparuisti hodie,
cum Patre et Sancto Spiritu,
in sempiterna saecula. Amen. | <i>Glory be to you, O Lord,
who appeared today,
with the Father and Holy Spirit,
for eternal ages. Amen.</i> |

Words: Aurelius Prudentius Clemens (348 – c. 413); trans. Scott Beard

Communion Hymn 74 *For the Bread Which You Have Broken*
OMNE DIE DIC MARIA

Prayer after Communion

Celebrant *Let us pray.*

All Holy God,
we see your glory in the face of Jesus Christ.
May we who are partakers of his table
reflect his life in word and deed,
that all the world may know
his power to change and save.
We ask this in his name.

Then the following doxology may be said.

Celebrant Glory to God,

All whose power, working in us,
can do infinitely more
than we can ask or imagine.
Glory to God from generation to generation,
in the Church and in Christ Jesus,
for ever and ever. Amen.

Blessing

Celebrant Go forth into the world in peace;
be of good courage;
hold fast that which is good;
render to no one evil for evil;
strengthen the faint hearted;
support the weak;
help the afflicted;
honour everyone;
love and serve the Lord,
rejoicing in the power of the Holy Spirit;
and the blessing of God Almighty,
the Father, the Son, and the Holy Spirit,
be among you and remain with you always.

Closing Hymn CP 167 *'Tis Good, Lord, To Be Here*
CARLISLE

Choral Benediction

The Lord bless you and keep you.

The Lord lift up his countenance upon you and give you peace.

Dismissal *by the Deacon*

Postlude *Fugue in Eb ('St. Anne')* J. S. Bach (BWV 552)

Services for Ash Wednesday

7:30 am *Eucharist w/ Imposition of Ashes*

12 noon *Eucharist w/ Imposition of Ashes*

7 pm *Choral Eucharist w/ Imposition of Ashes*

Ash
Wednesday 

Call for a day of prayer and fasting for Israel/Gaza and Ukraine

Primate Linda Nicholls and ELCIC National Bishop Susan Johnson are calling for a personal day of prayer and fasting for Israel/Gaza and Ukraine on Friday, **February 16th**. The practice of fasting is a concrete way to focus our hearts and minds by letting go of something we enjoy or expect. We then use that time and mental space to pray throughout the day.

You may choose to fast from food or from social media, computer time, music, television or whatever is appropriate for you. During the day, whenever your heart remembers or at times you designate, you stop and pray. You may use the prayers below or simply cry from your heart to God about the situations in Israel/Palestine/Gaza and Ukraine. You may gather with friends, family or church members.

To conclude the day, join Bishop Susan Johnson and Primate Linda Nicholls on Friday, February 16, at 7 p.m. EST for a 30-minute prayer service on FACEBOOK Live

* Collect from: The Church of England, resources for Black History Month

** Eucharistic Prayer from: *Lutheran Church of Hope, Anchorage, AK.*
The Reverend Julia Seymour

*COVER IMAGE

This year's **African Heritage Month** provincial theme, ***Our Smiles, Our Joy, Our Resilience as African Nova Scotians***, outlines the spirit of perseverance that people of African Descent have demonstrated over the centuries in our province. It can be said that our smiles can tell a story, they can share our joy and can share our resilience. This African Heritage Month we celebrate our heritage and culture and the incredible spirit to overcome. The theme also aligns with the final year of the United Nations' International Decade for People of African Descent (DPAD) 2015-2024. The goal of DPAD is to strengthen global cooperation in support of people of African descent, increase awareness and the passage towards presence in all aspects of society.

Nova Scotia has 52 historic African Nova Scotian communities with a long, deep and complex history dating back over 200 years. African Heritage Month provides us with another opportunity to celebrate our culture, legacy, achievements and contributions of our people – past and present.

The beginning of African Heritage Month can be traced back to 1926 when Harvard-educated Black historian Carter G. Woodson founded Negro History Week to recognize the achievements made by African Americans. Black History Month was first celebrated in Canada in 1950.

For more information and a calendar of events, check the **Black Cultural Centre** website: <https://www.ahm.bccnsweb.com/wp/home/>

*As part of our Covid Protocols we dispensed with the practice of passing collection plates throughout the congregations. You will find offering plates at the front and side entrance of the Cathedral. We also have installed touchless "Tap" devices at the main entrance, or you may make electronic donations using the digital QR code below.



Thank you for your support of our Cathedral's ministries