

*The Cathedral Church of All Saints
Halifax, Nova Scotia*



The Season of Lent

Please save me for next week

Welcome!

We enter the holy season of Lent. A time of 40 days to reflect on, and renew ourselves in, our journey of faith, following the path that Jesus took in the last days of his earthly life. I am delighted that you have chosen to join us for this service of worship today. No matter who you are, or where you are on life's journey, you are welcome here.

We at the Cathedral Church of All Saints, are a diverse lot, from many Christian backgrounds, non-Christian backgrounds, and no faith backgrounds. We come for Christian community, to find God in relationships with neighbours and new friends. We come for lessons from the incredible life of Jesus Christ. We come for spiritual rest, time to think, pray, and center on God, for comfort in hard times, and gratitude in good times. We come to serve God, each other, and the world. We're not perfect. We trust in God's gentle grace and unconditional love. We seek meaning for the life God has gifted us.

You are invited to God's table to receive communion (gluten free wafers are available). We welcome you, no matter who you are, or what you look like, or what labels the world puts on you. We welcome you if, like us, you struggle with flaws and imperfection but have a loving spirit and strive to let the light of Jesus shine within you and then to share it with others. We dare to welcome all because God, and not any human authority, extends this gracious invitation. If you wish not to receive Holy Communion you may still come forward for a blessing, simply fold your arms across your chest to receive a blessing. You are also welcomed to remain seated during this time.

In this leaflet, you will find most everything you need to follow along throughout the service. Whether you have been attending the Cathedral Church your whole life or this is your first time here, you are invited to participate in the service as fully as you feel comfortable doing and are able to.

Peace and Joy,



The Very Rev. Paul Smith, Rector,
and Dean of the Cathedral Church of All Saints

The Holy Eucharist ~ a Celtic Liturgy*

Welcome/Announcements

Territorial Acknowledgement

Leader: As we gather today, we acknowledge, with gratitude, that we do so on the traditional and unceded territory of the Mi'kmaq People. This territory is covered by the "Treaties of Peace and Friendship" which Mi'kmaq and Wolastoqiyik (Maliseet) People first signed with the British Crown in 1725. The treaties did not deal with surrender of lands and resources but in fact recognized Mi'kmaq and Wolastoqiyik (Maliseet) title and established the rules for what was to be an ongoing relationship between nations.

People: **We give thanks for this land and all those who have been stewards of it; for their stories and for their lives – past, present, and future. We commit ourselves to prayerfully seek reconciliation, justice, and healing that we might listen and learn to be faithful stewards of this good land and live in right relationship.**

(Land Acknowledgement adapted from The Emmaus Community, Victoria, B.C.)

Opening Hymn {see insert}

The Gathering of the Community

The presiding celebrant greets the community

Leader: Driven by the Spirit Jesus went out to inhabit a liminal** place.

All: For forty days and nights, homeless and weary, famished and footsore, he wandered and watched and wrestled, companioned and comforted by animals and angels, he traversed and was tested and tempered ...

Leader: And then, knowing who he was, seeing where he must go, understanding what he should do -

All: then Jesus, filled with the Spirit,
returned from the uncharted place
to do the work of the Kingdom.

The Collect of the Day {see insert}

The Proclamation of the Word {see insert}

Reader: Let us prepare ourselves for the Word of God as it comes to us in the reading of Holy Scripture.

All: **Our hearts and minds are open.**

Reader A reading from:

At the conclusion of the reading:

Reader Hear what the Spirit is saying to the Church.

People **Thanks be to God.**

Psalm: {see insert}

Gradual Hymn

The Gospel Proclamation

All stand for the Gospel.

Deacon The Lord be with you

People **And also with you.**

Deacon The Holy Gospel of our Lord Jesus Christ according to...

People **Glory to you, Lord Jesus Christ.**

At the conclusion of the Gospel, the reader says,

The Gospel of Christ.

People **Praise to you, Lord Jesus Christ.**

Homily

A silence for reflection may follow.

Affirmation of Belief Affirming the Church's Mission -
(from the Iona Community)

Leader: That we worship one God; Creator, Redeemer, and Holy Spirit, in whose image we are made, to whose service we are summoned, by

whose presence we are renewed:

All: This we believe.

Leader: That it is central to the mission of Christ that we participate through word and action to rejoice in the diversity of human culture, to preserve the earth in all its beauty and frailty, to witness to the love of God for every person, and to invite all to share in that converting experience:

All: This we believe.

Leader: That through the power of the Holy Spirit, the persecuted shall be lifted up and the wicked will fall, the heartfelt prayers and hidden actions of God's people shall change for good the course of human history, the ancient words of scripture shall continue to startle us with fresh insight:

All: This we believe.

Leader: That God has called the Church into being to be the servant of the kingdom, to be a sign of God's new order, to celebrate in every land worship which raises our hearts to heaven:

All: This we believe.

Leader: That Christ, fully aware of our differences, prays that we may be one so that the world may believe:

**All: This we believe and to this we are committed,
for the love of God, in the way of Christ,
by the power of the Holy Spirit. Amen**

The Prayers of the People

Confession and Absolution

Leader Jesus, by your example you challenge us to make this season a journey of discovery; As we leave comforting landmarks behind to inhabit and explore our own uncharted places, help us to discern who we are and embrace what we might become.

Leader God of the liminal places, you draw us into the quietness of the desert so that we can encounter ourselves ...

People **But we confess that all too often we stubbornly cling to false images rather than face the necessity of change.** *silence/kyrie*

Leader You call us into the emptiness of the desert so that we can confront our desires ...

People **But we confess that all too often we continue to choose our own comfort rather than serving the needs of others** *silence/kyrie*

Leader You drive us into the dangers of the desert so that we can engage with your Kingdom ...

People **But we confess that all too often we prefer the smooth roads of safety over the perilous pathways of justice** *silence/kyrie*

People **Forgive us, O God,
wherever we have chosen to be, or do,
or dare less than you have asked of us;
and as we walk on in the desert with you
help us watch and wrestle with these things
so that we might choose differently in future.**

Leader: For all to whom regret is real,
who seek renewal,
God forgives you,
Christ renews you
and the Holy Spirit enables you to grow in love.

People: **Amen.**

The Peace

All stand, and the presiding celebrant addresses the people.

Leader: May the peace of God,
the comforting peace of familiar presence,
the untamed peace of wilderness places
the challenging peace of watching and wrestling,
surround and shape your journey onwards.

The peace of the Lord be always with you.

People **And also with you.**

Preparation Hymn {see insert}

The Celebration of the Eucharist

Presider: Like a tent in the wilderness
the table of God stands open and ready
as a place of sanctuary and safety,
of hospitality and healing.

So come,

all you who are tired and travel-stained,
footsore and famished;

come with your fellow travellers
and find companionship and comfort;

for here, Jesus –

who knows what it is to wander, watch and wrestle in desert places –

waits to meet us and welcome us in,

offering us rest and restoration,

solace and strength,

for the journey still to come.

The Prayer over the Gifts

All **God our provider,
you have not fed us with bread alone,
but with words of grace and life.**

**Bless us and these your gifts,
which we receive from your bounty,
through Jesus Christ our Lord. Amen.**

Evangelical Lutheran Worship (2006)

The Great Thanksgiving

Presider: The Lord be with you.

People: **And also with you**

Presider: Lift up your hearts

People: **We lift them up to God.**

Presider: Let us give thanks to God.

People: **It is right to give both thanks and praise.**

Presider: Before going out
into the wilderness of the Garden,
Jesus sat down to eat and drink with his friends.
To show them the challenge of the way ahead,
and offer them gifts for that journey,
he took bread – sustaining and wholesome –
and poured wine – earthy and warming –
sharing these as signs of his continuing presence with them
throughout time to come.

And now, remembering that moment,
and recognizing that its promise is also for us
in this time and place,
we too break bread

(the bread may be broken)

and pour wine to share with one another

(the wine may be poured)

And in that action,
we recognize, and affirm with joy,
that Christ is present with us now,
and throughout time to come;
and we join our voices with those of all creation
in the unending song of praise:

All:

**Holy, holy, holy Lord,
God of power and might,
heaven and earth are full of your glory.
Hosanna in the highest!
Blessed is he who comes in the name of the Lord.
Hosanna in the highest!**

God of the liminal places,
send down upon us now,
and on these gifts of bread and wine,
that same Spirit who drove Jesus into the desert,
that we too may be tempered and strengthened by your Presence
and refreshed and renewed through your love.

People **Amen.**

Presider And now, as our Saviour Christ has taught us,
we are bold to say,

All **Our Father, who art in heaven,
hallowed be thy name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
the power, and the glory,
for ever and ever. Amen.**

The Breaking of the Bread

The presider breaks the consecrated bread for distribution and invites the people to share in communion and may say,

Presider: The tent side is open,
the table is set,
and God waits for us
to come in from the desert for a while
and be refreshed ...

Presider The gifts of God for the People of God.
All **Thanks be to God.**

The Communion



We invite you to come forward to receive the bread and wine. Please take a cup from the table to receive the wine of the Eucharist, you may leave the cup in the tray as you return to your seat. You are also welcome to come forward for a prayer of blessing should you choose not to receive. We are happy to come to you at your seat should you desire.

Hymn during Communion {see insert}

Prayer after Communion

Presider: God has called us
to journey for a season through the wilderness places;

All: **And so, as Jesus did before us,
we will set out once more
to wander in an uncomfortable landscape
and wrestle with its challenges,
that through the tempering action of the Spirit,
we may emerge
ready to do the work of the Kingdom.**

The Blessing:

Presider: Now go in peace,
do what God wills, follow where Christ calls,
pray for the gifts of the Spirit;
and the blessing of God the Creator, Redeemer, and Sustainer
rest on, and remain with you, now and always. **Amen.**

Closing Hymn {see insert}

The Sending *by the Deacon (in these or other words):*

Go forth in the name of Christ.

All **Thanks be to God.**



******What is meant by *liminal space*? Liminal space is the uncertain transition between where you've been and where you're going physically, emotionally, or metaphorically. To be in a liminal space means to be on the precipice of something new but not quite there yet. The word "liminal" comes from the Latin word "limen," which means threshold.

***Liturgical Resources: WALKING THE WILDERNESS**
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Thank you for your support of our Cathedral’s ministries.

Welcome to the Cathedral Church of All Saints New Member Information Form

1. Please list the names of each family member in the space below:

SURNAME(s): _____

NAMES: _____

2. Please give your mailing address and telephone number:

3. Email address _____

check here for permission to add your e-mail address to our mailing list. You will receive a bi-monthly listing of Cathedral events called **Cathedral Happenings** and weekly **Sundays @ the Cathedral** announcements.

4. Would you like Offering Envelopes or are you interested in Automatic Offering?

Envelopes: Yes No

Automatic Offering Yes No

**Please complete and return on the collection plate
or give to a Greeter. Thank you!**

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