

PRAAYER DIGEST

Gen2Gen Ministries | 21800 Melrose, Building 3 | Southfield MI 48075
www.gen2gen.com | info@gen2gen.com | (313) 460-1984

MAY 2024



OUR PRAYER REGION

G2G's prayer assignment is to Southfield, Redford Township, Detroit, and Pontiac. We have an assignment to discern and keep the portals of heaven open over these areas.

Southfield - 48075, 48076, & 48033

Redford Township - 48240

Detroit - 48219, 48223

Pontiac - 48340, 48341, 48342

Our prayers this month will focus on dominion in

MENTAL HEALTH

1 Peter 5:7: Cast all your anxiety on him because he cares for you.

Romans 12:2-3: And be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove what is that good, and acceptable, and perfect, will of God. For I say, through the grace given unto me, to every man that is among you, not to think of himself more highly than he ought to think; but to think soberly, according as God hath dealt to every man the measure of faith.

Ephesians 4:22-27,29,31-32: That ye put off concerning the former conversation the old man, which is corrupt according to the deceitful lusts; And be renewed in the spirit of your mind; And that ye put on the new man, which after God is created in righteousness and true holiness. Wherefore putting away lying, speak every man truth with his neighbour: for we are members one of another. Be ye angry, and sin not: let not the sun go down upon your wrath: Neither give place to the devil. Let no corrupt communication proceed out of your mouth, but that which is good to the use of edifying, that it may minister grace unto the hearers. Let all bitterness, and wrath, and anger, and clamour, and evil speaking, be put away from you, with all malice: And be ye kind one to another, tenderhearted, forgiving one another, even as God for Christ's sake hath forgiven you.

PORTALS OF HEAVEN

As we pray, we command God's divine will, in agreement with the Word, over the ministry, our families, and our prayer region, in these areas:

- Prayer
- Salvation
- Wisdom
- Financial
- Sanctity of Life
- Government
- Worship, Arts & Creativity
- Marriage & Family
- Health & Wellness

(continued on back)



PRAYERS & DECREES FOR MENTAL HEALTH

Thank you Father that *You will keep in perfect peace all whose mind is stayed upon You* (Isaiah 26:3)

- Thank you O God that we overcome the battles of the mind - we are victorious and more than conquerors
- You alone bring health and healing to our mental state of mind
- You are our Prince of Peace and our mental health is secure in You
- You O God are our light in darkness, give us the mental fortitude to overcome every evil thought, plan, scheme that may try to overshadow us

Your word says *You will heal your people and will let them enjoy abundant peace and security* (Jeremiah 33:6)

- We bind and take authority over depression, fear, and anxiety and we place our confident hope in the Lord
- We declare that we shall not be defeated by mental illness
- Every spirit of depression, panic, and anxiety that would try to come by stealth be bound in the name of Jesus
- We bind and cast out any spirit that would try to steal our joy

In God we trust and am not afraid, what can man do to me? (Psalm 56:11)

- We loose peace, hope, and soundness of mind
- Let every shackle that tries to bind your sons/daughters be broken
- Cast all your anxiety on him because he cares for you (1 Peter 5:7)
- We loose Your love, joy and strength
- We are established in righteousness, and oppression is far from us

We take the shield of faith, and quench every fiery dart of the enemy (Ephesians 6:16)

We do not have the spirit of fear but power, love, and a sound mind (2 Timothy 1:7)

- We cover our mind and thoughts with the Blood of Jesus
- Thank you Jesus that we have clarity of mind

Thank you for causing us to *soar like eagles, run and not grow weary, walk and not be faint* (Isaiah 40:31)

- Thank you Lord that we flourish in our mental health
- We receive your multiplied grace and peace
- Thank you that our emotional, psychological and social well-being aligns with your word
- Thank you for causing us to triumph and walk in kingdom dominion over our mental health

In God I trust and am not afraid, what can man do to me? (Psalm 56:11)

- You O God are our light in darkness give us the mental fortitude to overcome every evil thought, plot and scheme that may try to overshadow us
- We are established in righteousness and oppression is far from us

We do not have the spirit of fear but power, love and a sound mind (2 Timothy 1:7)

- Let every shackle that tries to bind your sons/daughters be broken
- You are our Prince of Peace and our mental health is secure in You