

Welcome to the Cathedral Church of All Saints

Diocese of Nova Scotia and Prince Edward Island
Anglican Church of Canada



May 12, 2024

11 am

Welcome! I am delighted to have you with us today for this service of worship. Please, stay awhile. Get to know us better. No matter who you are, or where you are on life's journey, you are welcome here.

We at All Saints Cathedral Church, are a diverse lot, from many Christian backgrounds, non-Christian backgrounds, and no faith backgrounds. We come for Christian community, to find God in relationships with neighbours and new friends. We come for lessons from the incredible life of Jesus Christ. We come for spiritual rest, time to think, pray, and center on God, for comfort in hard times, and gratitude in good times. We come to serve God, each other, and the world. We're not perfect. We trust in God's gentle grace and unconditional love. We seek meaning for the life God has gifted us.

You are invited to God's table to receive communion (gluten free wafers are available). We welcome you, no matter who you are, or what you look like, or what labels the world puts on you. We welcome you if, like us, you struggle with flaws and imperfection but have a loving spirit and strive to let the light of Jesus shine within you and then to share it with others. We dare to welcome all because God, and not any human authority, extends this gracious invitation. If you wish not to receive Holy Communion you may still come forward for a blessing, simply fold your arms across your chest to receive a blessing. You are also welcomed to remain seated during this time.

In this leaflet, you will find most everything you need to follow along throughout the service. Whether you have been attending the Cathedral Church your whole life or this is your first time here, you are invited to participate in the service as fully as you feel comfortable doing and are able to.

Peace and Joy,



Very Rev. Paul Smith, Rector,
and Dean of the Cathedral Church of All Saints

Ascension Sunday

May 12, 2024

The Holy Eucharist

Welcome

Territorial Acknowledgement

We begin by acknowledging that we are in Mi'kma'ki , the ancestral and unceded territory of the Mi'kmaq People. This territory is covered by the "Treaties of Peace and Friendship" which Mi'kmaq and Wolastoqiyik (Maliseet) People first signed with the British Crown in 1725. The treaties did not deal with surrender of lands and resources but in fact recognized Mi'kmaq and Wolastoqiyik (Maliseet) title and established the rules for what was to be an ongoing relationship between nations.

Introit Alleluia! Christ Hath Ascended (*Venite Exultemus Domino*)

Tone VI

Antiphon: Alleluia, Christ hath ascended into heaven : O come let us worship. Alleluia.

1 O come, let us sing unto the Lord: let us heartily rejoice in the strength of our salvation.

2 Let us come before his presence with thanksgiving, and show ourselves glad in him with psalms.

3 For the Lord is a great God, and a great King above all gods.

4 In his hand are all the corners of the earth: and the strength of the hills is his also.

5 The sea is his, and he made it: and his hands prepared the dry land.

6 O come, let us worship, and fall down, and kneel before the Lord our Maker.

7 For he is the Lord our God; and we are the people of his pasture, and the sheep of his hand. *Antiphon.*

Opening Hymn

Rejoice, the Lord Is King

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DARWALL

The presiding celebrant greets the community

Celebrant Alleluia! Christ is risen.

People **The Lord is risen indeed. Alleluia!**

Celebrant May his grace and peace be with you.

People **May he fill our hearts with joy.**

All **Almighty God,
to you all hearts are open,
all desires known,
and from you no secrets are hidden.
Cleanse the thoughts of our hearts
by the inspiration of your Holy Spirit,
that we may perfectly love you,
and worthily magnify your holy name;
through Christ our Lord. Amen.**

Gloria A Community Mass (*Sung by all*) R. Proulx (b.1950)

(Organ)

Glo - ry to God in the

high - est, and peace to his peo - ple on earth. Lord God, heav - en - ly

King, al - migh - ty God and fa - ther. We wor - ship you, we

give you thanks, we praise you for your glo - ry.

Lord Je - sus Christ, on - ly Son of the Fa - ther, Lord God,

Lamb of God, you take a - way the sin of the world: have

mer - cy on us: You are seat - ed at the
right hand of the Fa - ther: re - ceive our prayer, re -
ceive, re - ceive our prayer. (Organ) For you a - lone are the
Ho - ly One, you a - lone are the Lord, you a - lone are the Most
High, Je - sus Christ with the Ho - ly Spi - rit in the glo - ry of God the
Fa - ther. A - - - men. A - - - men.

Celebrant

The Collect of the Day

Celebrant

Let us pray.

All

**Almighty God,
your Son Jesus Christ ascended to the throne
of heaven
that he might rule over all things as Lord.
Keep the Church in the unity of the Spirit
and in the bond of his peace,
and bring the whole of creation
to worship at his feet,
who is alive and reigns with you and the Holy
Spirit,
one God, now and for ever Amen**

Reader **A reading from the Book of Acts 1:1-11**

In the first book, Theophilus, I wrote about all that Jesus did and taught from the beginning until the day when he was taken up to heaven, after giving instructions through the Holy Spirit to the apostles whom he had chosen. After his suffering he presented himself alive to them by many convincing proofs, appearing to them over the course of forty days and speaking about the kingdom of God. While staying with them, he ordered them not to leave Jerusalem, but to wait there for the promise of the Father. 'This', he said, 'is what you have heard from me; for John baptized with water, but you will be baptized with the Holy Spirit not many days from now.'

So when they had come together, they asked him, 'Lord, is this the time when you will restore the kingdom to Israel?' He replied, 'It is not for you to know the times or periods that the Father has set by his own authority. But you will receive power when the Holy Spirit has come upon you; and you will be my witnesses in Jerusalem, in all Judea and Samaria, and to the ends of the earth.' When he had said this, as they were watching, he was lifted up, and a cloud took him out of their sight. While he was going and they were gazing up towards heaven, suddenly two men in white robes stood by them. They said, 'Men of Galilee, why do you stand looking up towards heaven? This Jesus, who has been taken up from you into heaven, will come in the same way as you saw him go into heaven.'

Reader **The word of the Lord.**

People **Thanks be to God.**

Psalm 47 (*read responsively*)

1 Clap your hands, all you peoples; *
shout to God with a cry of joy.

**2 For the Lord Most High is to be feared; *
he is the great King over all the earth.**

3 He subdues the peoples under us, *
and the nations under our feet.

**4 He chooses our inheritance for us, *
the pride of Jacob whom he loves.**

5 God has gone up with a shout, *
the Lord with the sound of the ram's-horn.

**6 Sing praises to God, sing praises; *
sing praises to our King, sing praises.**

7 For God is King of all the earth; *
sing praises with all your skill.

**8 God reigns over the nations; *
God sits upon his holy throne.**

9 The nobles of the peoples have gathered together *
with the people of the God of Abraham.

**10 The rulers of the earth belong to God, *
and he is highly exalted.**

Gradual Hymn

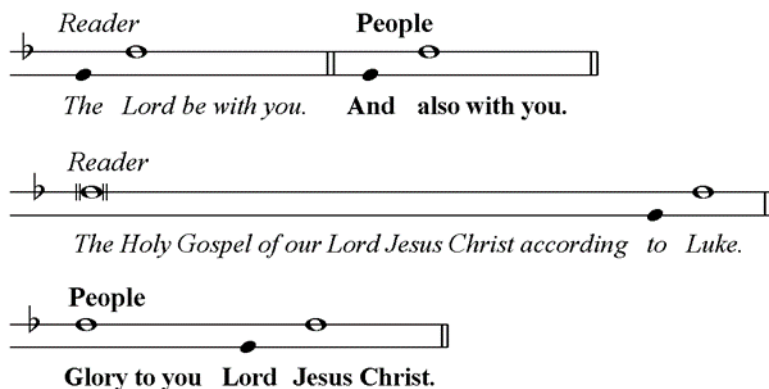
O Lord Most High, Eternal King

Gospel Processional vv. 1-3

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GONFALON ROYAL

Responses before the Gospel



The musical notation consists of three staves. The first staff is for the Reader and People, with the Reader part on the left and the People part on the right, separated by a double bar line. The second staff is for the Reader, with a double bar line at the beginning. The third staff is for the People, with a double bar line at the end. The lyrics are written below the staves.

Reader *People*
The Lord be with you. And also with you.

Reader
The Holy Gospel of our Lord Jesus Christ according to Luke.

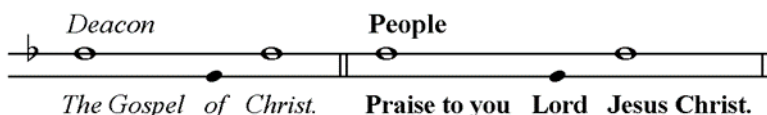
People
Glory to you Lord Jesus Christ.

The Gospel *All stand for the Gospel.*

Then he said to them, 'These are my words that I spoke to you while I was still with you—that everything written about me in the law of Moses, the prophets, and the psalms must be fulfilled.' Then he opened their minds to understand the scriptures, and he said to them, 'Thus it is written, that the Messiah is to suffer and to rise from the dead on the third day, and that repentance and forgiveness of sins is to be proclaimed in his name to all nations, beginning from Jerusalem. You are witnesses of these things. And see, I am sending upon you what my Father promised; so stay here in the city until you have been clothed with power from on high.'

Then he led them out as far as Bethany, and, lifting up his hands, he blessed them. While he was blessing them, he withdrew from them and was carried up into heaven. And they worshipped him, and returned to Jerusalem with great joy; and they were continually in the temple blessing God. *Luke (24:44-53)*

Response after the Gospel



The musical notation consists of two staves. The first staff is for the Deacon and People, with the Deacon part on the left and the People part on the right, separated by a double bar line. The second staff is for the People, with a double bar line at the end. The lyrics are written below the staves.

Deacon *People*
The Gospel of Christ. Praise to you Lord Jesus Christ.

Sermon

Anthem Sing We Merrily

S. Campbell (1909-74)

Sing we merrily unto God our strength; make a cheerful noise unto the God of Jacob.

Take the psalm, bring hither the tabret, the merry harp with the lute.

Blow up the trumpet in the new moon, even in the time appointed, and upon our solemn feast day.

For this was made a statute for Israel and a law of the God of Jacob. Alleluia!

The Nicene Creed

The celebrant may invite the people, to join in the recitation of the creed.

Celebrant Let us confess our faith, as we say,

All

**We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.
We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.
For our sake he was crucified
under Pontius Pilate;
he suffered death and was buried.**

On the third day he rose again
in accordance with the scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory
to judge the living and the dead,
and his kingdom will have no end.
We believe in the Holy Spirit,
the Lord, the giver of life,
who proceeds from the Father.
With the Father and the Son
he is worshipped and glorified.
He has spoken through the prophets.
We believe in one holy catholic
and apostolic Church.
We acknowledge one baptism
for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.

The Prayers of the People

Confession and Absolution

Celebrant Dear friends in Christ,
God is steadfast in love and infinite in mercy;
he welcomes sinners
and invites them to his table.
Let us confess our sins,
confident in God's forgiveness.

Silence is kept.

Celebrant Most merciful God,
All we confess that we have sinned against you
in thought, word, and deed,

by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbours as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us,
that we may delight in your will,
and walk in your ways,
to the glory of your name. Amen.

Celebrant

Almighty God have mercy upon you,
pardon and deliver you from all your sins,
confirm and strengthen you in all goodness,
and keep you in eternal life;
through Jesus Christ our Lord.

People

Amen.

The Peace

All stand, and the presiding celebrant addresses the people.

The peace of the Lord be always with you.

People

And also with you.

Offertory Hymn

Alleluia! Sing to Jesus (*Omit v.5*)

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HYFRYDOL

The Celebration of the Eucharist

The Prayer over the Gifts

All

Eternal God,
our Saviour Jesus Christ
has promised to be with us until the end of time.
Accept all we offer you this day,
and renew us in his transfigured life;
for the sake of Jesus Christ our Lord. Amen

Eucharistic Prayer 3

The musical notation consists of four staves, each with a treble clef and a key signature of one flat (B-flat). The lyrics are written below the staves, with the Celebrant's part on the left and the People's part on the right. The notation includes various note values (half notes, quarter notes, eighth notes) and rests, with some notes beamed together. The lyrics are as follows:

Celebrant **People**
The Lord be with you. And also with you.

Celebrant **People**
Lift up your hearts. We lift them to the Lord.

Celebrant
Let us give thanks to the Lord our God.

People
It is right to give our thanks and praise.

Celebrant Blessed are you, gracious God,
creator of heaven and earth;
we give you thanks and praise
through Jesus Christ our Lord,
who after his glorious resurrection
appeared to his disciples,
and in their sight ascended into heaven
to prepare a place for us;
that where he is, there we might also be,
and reign with him in glory.
Therefore we praise you with angels and
archangels
and with all the company of heaven,
who for ever sing this hymn
to proclaim the glory of your name.

Sanctus

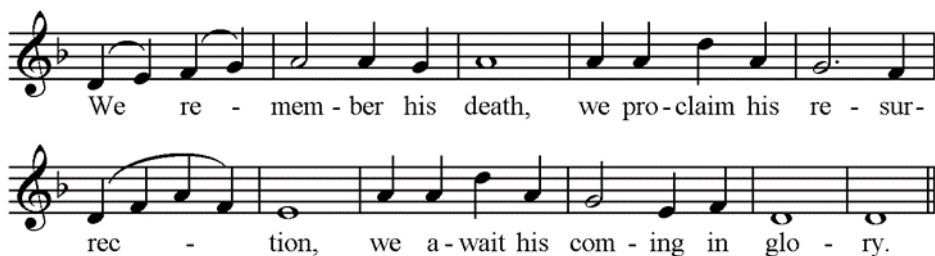
No. 732 in the Hymnal (*sung by all*)

Community Mass by R. Proulx

We give thanks to you, Lord our God,
for the goodness and love
you have made known to us in creation;
in calling Israel to be your people;
in your Word spoken through the prophets;
and above all in the Word made flesh,
Jesus your Son.

For in these last days you sent him
to be incarnate from the Virgin Mary,
to be the Saviour and Redeemer of the world.
In him, you have delivered us from evil,
and made us worthy to stand before you.
In him, you have brought us
out of error into truth,
out of sin into righteousness, out of death into life.
On the night he was handed over
to suffering and death,
a death he freely accepted,
our Lord Jesus Christ took bread;
and when he had given thanks to you,
he broke it, and gave it to his disciples,
and said, " Take, eat:
this is my body which is given for you.
Do this for the remembrance of me."
After supper he took the cup of wine;
and when he had given thanks,
he gave it to them,
and said, "Drink this, all of you:
this is my blood of the new covenant,
which is shed for you and for many
for the forgiveness of sins.
Whenever you drink it,
do this for the remembrance of me."
Therefore, Father, according to his command,

All



Celebrant

and we offer our sacrifice
of praise and thanksgiving
to you, Lord of all;
presenting to you, from your creation,
this bread and this wine.
We pray you, gracious God,
to send your Holy Spirit upon these gifts,
that they may be the sacrament
of the body of Christ
and his blood of the new covenant.
Unite us to your Son in his sacrifice,
that we, made acceptable in him,
may be sanctified by the Holy Spirit.
In the fullness of time,
reconcile all things in Christ,
and make them new,
and bring us to that city of light
where you dwell with all your sons and daughters;
through Jesus Christ our Lord,
the firstborn of all creation,
the head of the Church,
and the author of our salvation;
by whom, and with whom, and in whom,
in the unity of the Holy Spirit,
all honour and glory are yours, almighty Father,
now and for ever.

People



Celebrant

And now, as our Saviour Christ has taught us,
we are bold to say,

All

**Our Father, who art in heaven,
hallowed be thy name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
the power, and the glory,
for ever and ever. Amen.**

The Breaking of the Bread

The celebrant breaks the consecrated bread for distribution

Celebrant

Lord, we died with you on the cross.

All

Now we are raised to new life.

Celebrant

We were buried in your tomb.

All

Now we share in your resurrection.

Celebrant

Live in us, that we may live in you.

A Prayer for Spiritual Communion (for those to pray at home) *

My Jesus, I believe that you are truly present in the Blessed Sacrament of the altar. I desire to offer you praise and thanksgiving as I proclaim your resurrection. I love you above all things, and long for you in my soul. Since I cannot receive you now in the sacra-

ment of your Body and Blood, come spiritually into my heart.
Cleanse and strengthen me with your grace, Lord Jesus and let me
never be separated from you. May I live in you, and you in me, in
this life and in the life to come. **Amen**

**Based on a prayer by St. Alphonsus Liguori (1696-1787) used at the 2020 Easter
celebration at The Episcopal Cathedral Church of Saint Peter and Saint Paul
(Washington National Cathedral)*

Agnus Dei Communion Service in C (*Sung by the choir*)
J. Ireland (1879-1962)

The Communion

The celebrant invites the people to share in communion and may say,
The gifts of God for the People of God.

People **Thanks be to God.**

*ALL are invited to come forward to receive both Bread and Wine.
Gluten-free bread is available from those administering.
Wine is offered in individual cups*

Communion Motet O Rex Glorïae L. Marenzio (1553-1599)

O Rex gloriæ, Domine virtutum, qui triumphator hodie super omnes coelos
ascendisti,
ne derelinquas nos orphanos, sed mitte promissum Patris in nos Spiritum
Veritatis. Alleluia.

*O King of glory, Lord of hosts, who has triumphed today and ascended above all the
heavens;
leave us not orphans; but send unto us the Promise of the Father, even the Spirit of
Truth. Alleluia.*

Communion Hymn **84**

Lord, Enthroned in Heavenly Splendour ST. OSMUND

Prayer after Communion

Celebrant Father,
you restored us to life
by raising your Son from death.

May we who receive this sacrament
always be strengthened to do your will,
in the name of Jesus Christ the risen Lord.

Then the following doxology may be said.

Celebrant Glory to God,
All whose power, working in us,
 can do infinitely more
 than we can ask or imagine.
 Glory to God from generation to generation,
 in the Church and in Christ Jesus,
 for ever and ever. Amen.

Blessing

Closing Hymn

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Hail the Day That Sees Him Rise

ASCENSION

Choral Benediction

Alleluia. Christ hath ascended into heaven; so may we also in heart and mind
thither ascend, and with him continually dwell. Alleluia.

Dismissal

Deacon Let us go forth in the name of Christ. Alleluia, alleluia!
People **Thanks be to God. Alleluia, alleluia!**

Postlude Heut' triumphiret Gottes Sohn J. S. Bach (BWV 630)
 (Today God's Son triumphs)

The Postlude - You are invited to be seated during the postlude to pray or
simply to enjoy the music. Alternatively, you may depart in peace following
the Deacon's Dismissal.

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Sundays at Four

Please join us this afternoon
for Choral Evensong sung by the Cathedral Choir.

We look forward to seeing you there.

*As part of our Covid Protocols we dispensed with the practice of passing collection plates throughout the congregations. You will find offering plates at the front and side entrance of the Cathedral. We also have installed touchless “Tap” devices at the main entrance, or you may make electronic donations using the digital QR code below.

Thank you for your support of our Cathedral’s ministries



Welcome to the Cathedral Church of All Saints

New Member Information Form

1. Please list the names of each family member in the space below:

SURNAME(s): _____

NAMES: _____

2. Please give your mailing address and telephone number:

3. Email address _____

☐ **check** here for permission to add your e-mail address to our mailing list. You will receive a bi-monthly listing of Cathedral events called **Cathedral Happenings** and weekly **Sundays @ the Cathedral** announcements.

4. Would you like Offering Envelopes or are you interested in Automatic Offering?

Envelopes: **Yes** ☐ **No** ☐

Automatic Offering **Yes** ☐ **No** ☐

**Please complete and return on the collection plate
or give to a Greeter. Thank you!**

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