The Story I'm Telling Myself My Pain Makes Me Unusable

Another time Jesus went into the synagogue, and a man with a shriveled hand was there. Mark 3:1

Some of them were looking for a reason to accuse Jesus, so they watched him closely to see if he would heal him on the Sabbath. Jesus said to the man with the shriveled hand, "Stand up in front of everyone." Mark 3:2,3

Whoever acknowledges me before others, I will also acknowledge before my Father in heaven. Matthew 10:32







Then Jesus asked them, "Which is lawful on the Sabbath: to do good or to do evil, to save life or to kill?" But they remained silent. He looked around at them in anger and, deeply distressed at their stubborn hearts, said to the man, "Stretch out your hand." He stretched it out, and his hand was completely restored. Then the Pharisees went out and began to plot with the Herodians how they might kill Jesus. Mark 3:4-6

The purpose of pain

1) Pain causes us to run back to God

"God whispers to us in our pleasures, speaks to us in our conscience, but shouts to us in our pain: it is His megaphone to rouse a deaf world." C.S. Lewis

"The creature's illusion of sufficiency must, for the creature's sake, be shattered" C.S. Lewis

- 2) Pain gives God an opportunity to show up and show off
- 3) Pain grows us into the people we were meant to be.

How will you let God use your experiences to impact others?



Brian AprillePodcast on Spotify

https://open.spotify.com/episode/1sUm4ygyn1zTAVE7wlZWjE?si=-m2UlsVrTRmlA2wMHtOpyg



Talia Walsh

Podcast on Spotify
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Michael Howell



https://www.nbcsandiego.com/news/local/inspiring-san-diego-father-finds-new-life-purpose-after-als-diagnosis/31604/ (Clip until 3:29)

Podcast on Spotify https://open.spotify.com/episode/2NTibKrCScZJ67roL7BaB1?si=j9YZWREu S9WXdsNv3HDgfw