

August 25, 2024

The Story I'm Telling Myself: Nothing Is Changing... I'm Stuck! (Luke 8:40-48)

Jesus can lift you out of being stuck.

Warmup: When you hear the word "crowd," or think of being in a crowd, what experience and emotions do you recall?

READ Luke 8:40-48, Hebrews 11:1

- Based on the text and nuances of the passage, describe the crowd that welcomes Jesus when He steps onto the shore of Galilee?
- Considering that Jesus is answering an urgent request from Jairus, a ruler in the synagogue, what does Jesus' actions and ability to be interrupted reveal?
- What is God saying to you in these verses?

REFLECT (Read Leviticus 15:25-27)

- What do you think this woman's life was like during the 12 years of her illness?
- Why did the woman need to leave her place of comfort, her home, in order to be healed physically and emotionally? How does Jesus bring healing to the woman's emotional health? Why did the community need to be present?
- How does this story encourage you to have faith when you are "stuck"?
- In the past how has your faith been ignited after a time of feeling stuck?

RESPOND

- A readiness to walk by faith and be uncomfortable contributes to "getting unstuck." How is Jesus asking you to become uncomfortable?
- What faith action step is Jesus asking you to begin while trusting Him for the outcome?
- (smaller group) Spend time in prayer lifting up one another's personal action step for this week.

"To transform religious and irreligious people into Fully Devoted Followers of Christ."