

Welcome to the Cathedral Church of All Saints

Diocese of Nova Scotia and Prince Edward Island
Anglican Church of Canada



October 6, 2024

11 am

Welcome! I am delighted to have you with us today for this service of worship. Please, stay awhile. Get to know us better. No matter who you are, or where you are on life's journey, you are welcome here.

We at All Saints Cathedral Church, are a diverse lot, from many Christian backgrounds, non-Christian backgrounds, and no faith backgrounds. We come for Christian community, to find God in relationships with neighbours and new friends. We come for lessons from the incredible life of Jesus Christ. We come for spiritual rest, time to think, pray, and center on God, for comfort in hard times, and gratitude in good times. We come to serve God, each other, and the world. We're not perfect. We trust in God's gentle grace and unconditional love. We seek meaning for the life God has gifted us.

You are invited to God's table to receive communion (gluten free wafers are available). We welcome you, no matter who you are, or what you look like, or what labels the world puts on you. We welcome you if, like us, you struggle with flaws and imperfection but have a loving spirit and strive to let the light of Jesus shine within you and then to share it with others. We dare to welcome all because God, and not any human authority, extends this gracious invitation. If you wish not to receive Holy Communion you may still come forward for a blessing, simply fold your arms across your chest to receive a blessing. You are also welcomed to remain seated during this time.

In this leaflet, you will find most everything you need to follow along throughout the service. Whether you have been attending the Cathedral Church your whole life or this is your first time here, you are invited to participate in the service as fully as you feel comfortable doing and are able to.

Peace and Joy,



Very Rev. Paul Smith, Rector,
and Dean of the Cathedral Church of All Saints

Today we welcome Charlie Bell, an Official Fellow and College Lecturer in Medicine and Public Theology at Girton College, Cambridge, and a Registrar in Forensic Psychiatry at St George’s and Southwest London NHS Foundation Trust. He is a priest in the Diocese of Southwark, Scholar in Residence at the Cathedral of St John the Divine in New York City, Visiting Scholar at Sarum College, and a Research Fellow and Associate Tutor at St Augustine’s College of Theology. He has published in both medicine and theology, and in the space between the two. His research interests are primarily in the field of theological anthropology, including culpability, responsibility, and determinism. He is also research active in psychiatry, investigating possible biological signatures for psychiatric and personality disorder.

The Twentieth Sunday after Pentecost

October 6, 2024

Preacher: The Reverend Dr. Charlie Bell

Celebrant: The Very Reverend Paul Smith

The Holy Eucharist

Welcome

Territorial Acknowledgement

We begin by acknowledging that we are in Mi’kma’ki , the ancestral and unceded territory of the Mi’kmaq People. This territory is covered by the “Treaties of Peace and Friendship” which Mi’kmaq and Wolastoqiyik (Maliseet) People first signed with the British Crown in 1725. The treaties did not deal with surrender of lands and resources but in fact recognized Mi’kmaq and Wolastoqiyik (Maliseet) title and established the rules for what was to be an ongoing relationship between nations.

Introit Sing Unto the Lord a New Song (*Cantate Domino*) Tone VIII.2

Antiphon: The Lord is in his holy temple: O come, let us worship.

SING unto the Lord a new song, / and his praise from the end of the earth;

Ye that go down to the sea, and all that is therein; / the isles, and the inhabitants thereof.

Let the wilderness and the cities thereof lift up their voice, / the villages that Kedar doth inhabit.

Let the inhabitants of the rock sing, / let them shout from the top of the mountains.

Let them give glory unto the Lord, / and declare his praise in the islands. *Antiphon.*

Entrance Hymn

Crown Him with Many Crowns

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DIADEMATA

The presiding celebrant greets the community

Celebrant The grace of our Lord Jesus Christ, and the love of God,
and the fellowship of the Holy Spirit, be with you all.

People **And also with you.**

All **Almighty God,
to you all hearts are open,
all desires known,
and from you no secrets are hidden.
Cleanse the thoughts of our hearts
by the inspiration of your Holy Spirit,
that we may perfectly love you,
and worthily magnify your holy name;
through Christ our Lord. Amen.**

Glory to God 686 in the Hymnal (*Sung by all*) D. Hurd (b.1950)

The Collect of the Day

Celebrant Let us pray.

All **God of the living law,
whose will is to protect the weak
and to educate our desires:
may we learn from you
to give each other dignity
and to find in you our unity;
through Jesus Christ,
who makes us one household. Amen.**

Prayers for an Inclusive Church (2009) alt.

Reader A reading from Genesis 2:18-24

Then the Lord God said, 'It is not good that the man should be alone; I will make him a helper as his partner.' So out of the ground the Lord God formed every animal of the field and every bird of the air, and brought them to the man to see what he would call them; and whatever the man called each living creature, that was its name. The man gave names to all cattle, and to the birds of the air, and to every animal of the field; but for the man there was not found a helper as his partner. So the Lord God caused a deep sleep to fall upon the man, and he slept; then he took one of his ribs and closed up its place with flesh. And the rib that

the Lord God had taken from the man he made into a woman and brought her to the man. Then the man said, 'This at last is bone of my bones and flesh of my flesh; this one shall be called Woman, for out of Man this one was taken.' Therefore a man leaves his father and his mother and clings to his wife, and they become one flesh.

Reader The word of the Lord.

People **Thanks be to God.**

Psalm 8 (*Read responsively*)

1 Lord our governor, *
how exalted is your name in all the world!

**2 Out of the mouths of infants and children *
your majesty is praised above the heavens.**

3 You have set up a stronghold against your adversaries, *
to quell the enemy and the avenger.

**4 When I consider your heavens, the work of your fingers, *
the moon and the stars you have set in their courses,**

5 What is man that you should be mindful of him? *
the son of man that you should seek him out?

**6 You have made him but little lower than the angels; *
you adorn him with glory and honour;**

7 You give him mastery over the works of your hands; *
you put all things under his feet;

**8 All sheep and oxen, *
even the wild beasts of the field,**

9 The birds of the air, the fish of the sea, *
and whatsoever walks in the paths of the sea.

**10 O Lord our governor, *
how exalted is your name in all the world!**

Blessed are you, creator of heaven and earth; amid the immensity of the universe, you are mindful of us and seek us out. Blessed are you for the gift of your Son, who humbled himself to share our life that we might be raised with him to glory and splendour. Blessed be your holy name, Father, Son, and Holy Spirit, now and for ever.

Reader A reading from Hebrews 1:1-4,2:5-12

Long ago God spoke to our ancestors in many and various ways by the prophets, but in these last days he has spoken to us by a Son, whom he appointed heir of all things, through whom he also created the worlds. He is the reflection of God's glory and the exact imprint of God's very being, and he sustains all things by his powerful word. When he had made purification for sins, he sat down at the right hand of the Majesty on high, having become as much superior to angels as the name he has inherited is more excellent than theirs. Now God did not subject the coming world, about which we are speaking, to angels. But someone has testified somewhere, 'What are human beings that you are mindful of them, or mortals, that you care for them? You have made them for a little while lower than the angels; you have crowned them with glory and honour, subjecting all things under their feet.'

Now in subjecting all things to them, God* left nothing outside their control. As it is, we do not yet see everything in subjection to them, but we do see Jesus, who for a little while was made lower than the angels, now crowned with glory and honour because of the suffering of death, so that by the grace of God he might taste death for everyone. It was fitting that God, for whom and through whom all things exist, in bringing many children to glory, should make the pioneer of their salvation perfect through sufferings. For the one who sanctifies and those who are sanctified all have one Father. For this reason Jesus is not ashamed to call them brothers and sisters, saying, 'I will proclaim your name to my brothers and sisters, in the midst of the congregation I will praise you.'

Reader The word of the Lord.

People **Thanks be to God.**

Gradual Hymn

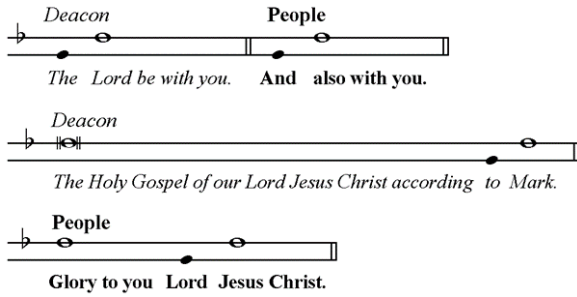
Praise the One Who Breaks the Darkness

Gospel Processional vv. 1 & 2

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NETTLETON

Responses before the Gospel

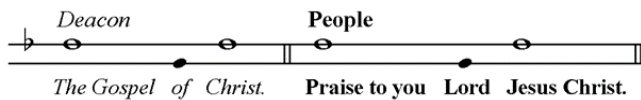


The Gospel *All stand for the Gospel.*

Some Pharisees came, and to test him they asked, ‘Is it lawful for a man to divorce his wife?’ He answered them, ‘What did Moses command you?’ They said, ‘Moses allowed a man to write a certificate of dismissal and to divorce her.’ But Jesus said to them, ‘Because of your hardness of heart he wrote this commandment for you. But from the beginning of creation, “God made them male and female.” “For this reason a man shall leave his father and mother and be joined to his wife, and the two shall become one flesh.” So they are no longer two, but one flesh. Therefore what God has joined together, let no one separate.’ Then in the house the disciples asked him again about this matter. He said to them, ‘Whoever divorces his wife and marries another commits adultery against her; and if she divorces her husband and marries another, she commits adultery.’ People were bringing little children to him in order that he might touch them; and the disciples spoke sternly to them. But when Jesus saw this, he was indignant and said to them, ‘Let the little children come to me; do not stop them; for it is to such as these that the kingdom of God belongs. Truly I tell you, whoever does not receive the kingdom of God as a little child will never enter it.’ And he took them up in his arms, laid his hands on them, and blessed them.

-Mark 10:2-16

Response after the Gospel



Gospel Recessional v. 3

Sermon

The Nicene Creed

The celebrant may invite the people, to join in the recitation of the creed.

Celebrant

Let us confess our faith, as we say,

All

**We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.
We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.
For our sake he was crucified
under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory
to judge the living and the dead,
and his kingdom will have no end.
We believe in the Holy Spirit,
the Lord, the giver of life,
who proceeds from the Father.
With the Father and the Son
he is worshipped and glorified.**

**He has spoken through the prophets.
We believe in one holy catholic
and apostolic Church.
We acknowledge one baptism
for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.**

The Prayers of the People

Confession and Absolution

Celebrant Dear friends in Christ,
God is steadfast in love and infinite in mercy;
he welcomes sinners
and invites them to his table.
Let us confess our sins,
confident in God's forgiveness.

Silence is kept.

Celebrant Most merciful God,
All **we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbours as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us,
that we may delight in your will,
and walk in your ways,
to the glory of your name. Amen.**

Celebrant Almighty God have mercy upon you,
pardon and deliver you from all your sins,
confirm and strengthen you in all goodness,
and keep you in eternal life;
through Jesus Christ our Lord.

People **Amen.**

The Peace

All stand, and the presiding celebrant addresses the people.

The peace of the Lord be always with you.

People

And also with you.

Offertory Hymn

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O Love, How Deep, How Broad, How High

PUER NOBIS NASCITUR

(v.4 high voices; v.5 low voices)

The Celebration of the Eucharist

Today we gratefully acknowledge the bulletin and wine & hosts are offered in loving memory of Ellen & David Ryding, who would be celebrating their 84th Wedding Anniversary, from Helen Ryding.

The Prayer over the Gifts

All

Prayer over the Gifts

God of truth,

receive all we offer you this day.

Make us worthy servants,

strong to follow in the pattern

of our Lord and Saviour Jesus Christ.

Eucharistic Prayer 1

The musical notation consists of four staves, each with a treble clef and a key signature of one flat (B-flat). The first staff is for the Celebrant and the People, with the text "The Lord be with you." and "And also with you." respectively. The second staff is for the Celebrant and the People, with the text "Lift up your hearts." and "We lift them to the Lord." respectively. The third staff is for the Celebrant, with the text "Let us give thanks to the Lord our God." The fourth staff is for the People, with the text "It is right to give our thanks and praise." The notation includes various note values, rests, and bar lines.

Celebrant

It is indeed right that we should praise you, gracious God, for you created all things. You formed us, reflecting your own image. In wondrous diversity you created us all.

When we turned away from you in sin,
you did not cease to care for us, but opened a path of
salvation for all people.

You made a covenant with Israel,
and through your servants Abraham and Sarah
gave the promise of a blessing to all nations.
Through Moses you led your people
from bondage into freedom;
through the prophets you renewed
your promise of salvation.
herefore, with them, and with all your saints
who have served you in every age,
we give thanks and raise our voices
to proclaim the glory of your name.

Sanctus

No. 719 in the Hymnal (*Sung by all*)

LAND OF REST;
American trad.

Celebrant

Holy God, source of life and goodness,
all creation rightly gives you praise.
In the fullness of time,
you sent your Son Jesus Christ,
to share our human nature,
to live and die as one of us,
to reconcile us to you,
the God and creator of all.

He healed the sick
and ate and drank with outcasts and sinners;
he opened the eyes of the blind
and proclaimed the good news of your kingdom
to the poor and to those in need.
In all things he fulfilled your gracious will.
On the night he freely gave himself to death,
our Lord Jesus Christ took bread,
and when he had given thanks to you,
he broke it, and gave it to his disciples,
and said, " Take, eat:
this is my body which is given for you.

Do this for the remembrance of me.”

After supper he took the cup of wine;
and when he had given thanks,
he gave it to them,
and said, “ Drink this, all of you:]
this is my blood of the new covenant,
which is shed for you and for many
for the forgiveness of sins.
Whenever you drink it,
do this for the remembrance of me.”

Gracious God,
his perfect sacrifice
destroys the power of sin and death;
by raising him to life
you give us life for evermore.
Therefore we proclaim the mystery of faith;

All



Celebrant

Recalling his death,
proclaiming his resurrection,
and looking for his coming again in glory,
we offer you, Father, this bread and this cup.
Send your Holy Spirit upon us
and upon these gifts,
that all who eat and drink at this table
may be one body and one holy people,
a living sacrifice in Jesus Christ, our Lord.
Through Christ, with Christ, and in Christ,
in the unity of the Holy Spirit,
all glory is yours, almighty Father,
now and for ever.

People



Celebrant

And now, as our Saviour Christ has taught us,
we are bold to say,

All

**Our Father, who art in heaven,
hallowed be thy name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
the power, and the glory,
for ever and ever. Amen.**

The Breaking of the Bread

The celebrant breaks the consecrated bread for distribution

Celebrant

Look, the body of Christ is broken
for the life of the world.

All

Here is Christ coming to us in bread and wine.

Celebrant

The gifts of God for the People of God.

People

Thanks be to God.

A Prayer for Spiritual Communion (which may be prayed by those at home) *
My Jesus, I believe that you are truly present in the Blessed Sacrament of
the altar. I desire to offer you praise and thanksgiving as I proclaim your
resurrection. I love you above all things, and long for you in my soul.
Since I cannot receive you now in the sacrament of your Body and Blood,
come spiritually into my heart. Cleanse and strengthen me with your
grace, Lord Jesus and let me never be separated from you. May I live in
you, and you in me, in this life and in the life to come. **Amen**

**Based on a prayer by St. Alphonsus Liguori (1696-1787) used at the 2020 Easter celebration at
The Episcopal Cathedral Church of Saint Peter and Saint Paul (Washington National Cathedral)*

Agnus Dei from *Missa Octavi Toni* (Sung by the choir) O. di Lasso (1532-1594)

The Communion

*ALL are invited to come forward to receive both Bread and Wine.
Gluten-free bread is available from those administering.
Wine is offered in individual cups*

Communion Motet Ave Verum Corpus

W. Byrd (1543-1623)

Ave verum Corpus, natum de Maria Virgine:
Vere passum, immolatum in cruce pro homine:
Cujus latus perforatum, unda fluxit sanguine:
Esto nobis praegustatum in mortis examine.
O Jesu dulcis, O Jesu pie, O Jesu Fili Mariae, miserere mei. Amen.
*Hail, true Body, born of the Virgin Mary,
who has truly suffered, was sacrificed on the cross for men,
whose side was pierced, whence flowed water and blood:
Be for us a foretaste of heaven during our final examining.
O Jesu sweet, O Jesu pure, O Jesu, Son of Mary,
have mercy upon me. Amen.*

Communion Hymn

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Just As I Am

WOODWORTH

Prayer after Communion

Celebrant Almighty God,
may we who have been strengthened by this eucharist
remain in your steadfast love,
and show in our lives
the saving mystery that we celebrate.
This we ask in the name of Jesus Christ the Lord.

Then the following doxology may be said.

Celebrant Glory to God,
All whose power, working in us,
can do infinitely more
than we can ask or imagine.
Glory to God from generation to generation,
in the Church and in Christ Jesus,
for ever and ever. Amen.

Blessing

Celebrant

Go forth now to care for God’s world.
Live in harmony with all creation. Go out into all the world as prophets of a new way of living, and preach the good news to all.
And the blessing of the Creator God, the Risen Son, and the Promised Holy Spirit bless you that you might be a blessing to others today and always. Amen.

Closing Hymn

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King of Glory, King of Peace

GWALCHMAI

Choral Benediction

Benedicamus Domino: Deo gratias. (*Let us bless the Lord: thanks be to God.*)

Dismissal *by the Deacon*

Deacon Let us go forth in the name of Christ. Alleluia, alleluia!
People **Thanks be to God. Alleluia, alleluia!**

Postlude Prelude & Fugue in C

J. S. Bach (BWV 545)

The Postlude - You are invited to be seated during the postlude to pray or simply to enjoy the music. Alternatively, you may depart in peace following the Deacon’s Dismissal.

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Please join us this afternoon at 2pm for our Blessing of the Animals Service. All friendly animals welcome. Leashes preferred. Pictures or stuffies of animals and endangered species welcome.

Sundays at Four

Please join us this afternoon for Evensong sung by Capella Regalis Men & Boys Choir. All are welcome!



As part of our Covid Protocols we dispensed with the practice of passing collection plates throughout the congregations. You will find offering plates at the front and side entrance of the Cathedral. We also have installed touchless “Tap” devices at the main entrance, or you may make electronic donations using the digital QR code.

Welcome to the Cathedral Church of All Saints

New Member Information Form

1. Please list the names of each family member in the space below:

SURNAME(s): _____

NAMES: _____

2. Please give your mailing address and telephone number:

3. Email address _____

check here for permission to add your e-mail address to our mailing list. You will receive a bi-monthly listing of Cathedral events called **Cathedral Happenings** and weekly **Sundays @ the Cathedral** announcements.

4. Would you like Offering Envelopes or are you interested in Automatic Offering?

Envelopes: **Yes** **No**

Automatic Offering **Yes** **No**

**Please complete and return on the collection plate
or give to a Greeter. Thank you!**

Contact Us:

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