

Everything's Amazing and Nobody's Happy

Start with Louis CK clip. (Begin when he says "Everything is amazing and nobodies happy. Then jump to when he talks about Wi-Fi on the plane)

Thoughts on Technology

- 1) Over the course of your lifetime you will continually be amazed at the advancements of technology.
- 2) You will also be continually amazed at how each of these advancements do not lead to lasting joy. They won't lead to you being happy.
- 3) You will, most likely, sit on the sidelines and notice how each advancement leads people farther away each other and from true happiness.

*Always be full of joy in the Lord. I say it again—rejoice! Philippians 4:4
NLT*

chairō: to rejoice, be glad, to rejoice exceedingly, to be well, thrive

Five times I received from the Jews the forty lashes minus one. Three times I was beaten with rods, once I was pelted with stones, three times I was shipwrecked, I spent a night and a day in the open sea, I have been constantly on the move. I have been in danger from rivers, in danger from bandits, in danger from my fellow Jews, in danger from Gentiles; in danger in the city, in danger in the country, in danger at sea; and in danger from false believers. I have labored and toiled and have often gone without sleep; I have known hunger and thirst and have often gone without food; I have been cold and naked. Besides everything else, I face daily the pressure of my concern for all the churches. II Corinthians 11:24-28 NIV

Whenever I pray, I make my requests for all of you with joy. Philippians 1:4 NLT

Convinced of this, I know that I will remain, and I will continue with all of you for your progress and joy in the faith... Philippians 1:25 NIV

I will rejoice even if I lose my life, pouring it out like a liquid offering to God, just like your faithful service is an offering to God. And I want all of you to share that joy. Philippians 2:17 NLT

Yes, you should rejoice, and I will share your joy. Philippians 2:18 NLT

I love you and long to see you, dear friends, for you are my joy and the crown. Philippians 4:1b NLT

3 rumors about joy and happiness that we all tend to agree with

Paul and Timothy, servants of Christ Jesus, To all God's holy people in Christ Jesus at Philippi, together with the overseers and deacons: 2 Grace and peace to you from God our Father and the Lord Jesus Christ. Philippians I thank my God every time I remember you. 4In all my prayers for all of you, I always pray with joy 5 because of your partnership in the gospel from the first day until now, 6 being confident of this, that he who began a good work in you will carry it on to completion until the day of Christ Jesus. Philippians 1:1-6 NIV

1) I cannot be happy unless I've got it all together



(Ruth Graham gravestone)

2) I cannot be happy unless my circumstances are right

12 Now I want you to know, brothers and sisters, that what has happened to me has actually served to advance the gospel. 13 As a result, it has become clear throughout the whole palace guard and to everyone else that I am in chains for Christ. 14 And because of my chains, most of the brothers and sisters have become confident in the Lord and dare all the more to proclaim the gospel without fear. Philippians 1:12-14

3) I cannot be happy unless I'm out of danger

I will continue to rejoice, 19 for I know that through your prayers and God's provision of the Spirit of Jesus Christ what has happened to me will turn out for my deliverance. 20 I eagerly expect and hope that I will in no way be ashamed, but will have sufficient courage so that now as always Christ will be exalted in my body, whether by life or by death. 21 For to me, to live is Christ and to die is gain. 22 If I am to go on living in the body, this will mean fruitful labor for me. Yet what shall I choose? I do not know! 23 I am torn between the two: I desire to depart and be with Christ,

which is better by far; 24 but it is more necessary for you that I remain in the body. Philippians 1:18c-24

Three challenges to put joy into your life

- 1) Do a technology fast
- 2) Be on the lookout for something to be joyful about today
- 3) Write the end of your story

Where is God inviting you to share His joy?