

# Everything's Amazing & Nobody's Happy Finding Your Value (Philippians 2)

Warmup: What is one of the best compliments someone has given you?

### READ Philippians 2

- What does Paul say it would take to make his joy complete? What does he mean by that?
- How does Paul describe/define humility in this passage? What does it mean to value others **above** yourself? Is that different than handing out compliments? Is that different from admiring others because of their accomplishments (esteem)?
- What is God saying to you in these verses?

#### **REFLECT**

## It is amazing what you can accomplish if you do not care who gets the credit. Harry S Truman

- Do you find yourself wanting people to notice your good works and actions? Do you feel cheated
  when you do not get acknowledged or noticed for doing a good deed? How often have you caught
  yourself letting people know you did something good just to get acknowledged (or maybe you
  just thought it)?
- What again did Paul say brought his joy? Does complaining and grumbling about your circumstance or predicament ever lead to joy (vs. 14-18)?
- What is the Holy Spirit prompting you to release into His control?

#### **RESPOND**

- Sooooo, how about you start raising the value of someone around you (vs. 19-21). Develop a short list of people and find a way to remind yourself to do this each day.
- Who is someone you can text or email right now to let them know how much you value them?
- How is the Spirit leading you to respond this week?