

Welcome to the Cathedral Church of All Saints

Diocese of Nova Scotia and Prince Edward Island
Anglican Church of Canada



December 22, 2024

11 a.m.

Welcome! I am delighted to have you with us today for this service of worship. Please, stay awhile. Get to know us better. No matter who you are, or where you are on life's journey, you are welcome here.

We at All Saints Cathedral Church, are a diverse lot, from many Christian backgrounds, non-Christian backgrounds, and no faith backgrounds. We come for Christian community, to find God in relationships with neighbours and new friends. We come for lessons from the incredible life of Jesus Christ. We come for spiritual rest, time to think, pray, and center on God, for comfort in hard times, and gratitude in good times. We come to serve God, each other, and the world. We're not perfect. We trust in God's gentle grace and unconditional love. We seek meaning for the life God has gifted us.

You are invited to God's table to receive communion (gluten free wafers are available). We welcome you, no matter who you are, or what you look like, or what labels the world puts on you. We welcome you if, like us, you struggle with flaws and imperfection but have a loving spirit and strive to let the light of Jesus shine within you and then to share it with others. We dare to welcome all because God, and not any human authority, extends this gracious invitation. If you wish not to receive Holy Communion you may still come forward for a blessing, simply fold your arms across your chest to receive a blessing. You are also welcomed to remain seated during this time.

In this leaflet, you will find most everything you need to follow along throughout the service. Whether you have been attending the Cathedral Church your whole life or this is your first time here, you are invited to participate in the service as fully as you feel comfortable doing and are able to.

Peace and Joy,


Very Rev. Paul Smith,

Rector, and Dean of the Cathedral Church of All Saints

Fourth Sunday of Advent

December 22

The Holy Eucharist

Welcome

Territorial Acknowledgement

We begin by acknowledging that we are in Mi'kma'ki , the ancestral and unceded territory of the Mi'kmaq People. This territory is covered by the "Treaties of Peace and Friendship" which Mi'kmaq and Wolastoqiyik (Maliseet) People first signed with the British Crown in 1725. The treaties did not deal with surrender of lands and resources but in fact recognized Mi'kmaq and Wolastoqiyik (Maliseet) title and established the rules for what was to be an ongoing relationship between nations.

Opening Hymn

Come, Thou Long-expected Jesus

88

STUTTGART

Lighting of the 4th Advent Candle—Love

Reader One Because too many people are wandering in the wilderness, because too many people are sitting in the valley of the shadow of death, because too many of our conversations are laced with conflict and bitterness, we light candles...

Reader Two Because people all over the world are suffering, and we're often too distracted to notice, we light candles...

Reader One One for hope, one for peace, one for joy, and one for love... (*Light the fourth candle*)

Reader Two May the light from these candles overwhelm the world.

Reader One

And may the fire from these candles burn away
what ever would prevent God's love from being
born among us.

All

**Friends, let us not be not afraid, even now —
even now — God's love is overwhelming the
world, on earth as it already is in heaven!**

Hymn

89

O Come, O Come, Emmanuel (v. 7)

VENI EMMANUEL

7 O come, Desire of nations, bind
in one the hearts of humankind;
O bid our sad divisions cease,
and be for us our Prince of Peace.

*Rejoice! Rejoice! Emmanuel
shall come to you, O Israel!*

The Gathering of the Community

The presiding celebrant greets the community

Celebrant

The grace of our Lord Jesus Christ,
and the love of God,
and the fellowship of the Holy Spirit,
be with you all.

People

And also with you.

The following prayer may be said.

Celebrant

Almighty God,

All

**to you all hearts are open,
all desires known,
and from you no secrets are hidden.
Cleanse the thoughts of our hearts
by the inspiration of your Holy Spirit,
that we may perfectly love you,
and worthily magnify your holy name;
through Christ our Lord. Amen.**

The Collect of the Day

Celebrant

Let us pray.

All

**God of promise,
you look with favour on the lowly,
you scatter the proud and you fill the hungry.
May we, like Mary,
respond to your call and be obedient to your will;
through Jesus Christ who is to come. Amen.**

FWM Proposed Prayers (2004) alt.

The Proclamation of the Word

The First Reading

Reader

A reading from the book of Micah [5:2-5]

But you, O Bethlehem of Ephrathah, who are one of the little clans of Judah, from you shall come forth for me one who is to rule in Israel, whose origin is from of old, from ancient days. Therefore he shall give them up until the time when she who is in labour has brought forth; then the rest of his kindred shall return to the people of Israel. And he shall stand and feed his flock in the strength of the Lord, in the majesty of the name of the Lord his God. And they shall live secure, for now he shall be great to the ends of the earth; he shall be the one of peace.

Reader

Hear what the Spirit is saying to the Church.

People

Thanks be to God.

Psalm 80: 1-7 (The Congregation joins in the bold text)

1 Hear, O Shepherd of Israel, leading Joseph like a flock; *
shine forth, you that are enthroned upon the cherubim.

**2 In the presence of Ephraim, Benjamin, and Manasseh, *
stir up your strength and come to help us.**

3 Restore us, O God of hosts; *
show the light of your countenance, and we shall be saved.

4 O Lord God of hosts, *
how long will you be angered
despite the prayers of your people?

5 You have fed them with the bread of tears; *
you have given them bowls of tears to drink.

6 You have made us the derision of our neighbors, *
and our enemies laugh us to scorn.

7 Restore us, O God of hosts; *
show the light of your countenance, and we shall be saved.

Gradual Hymn

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Prepare the Way, O Zion

BEREDAN VÄG FÖR HERRAN

Gospel Processional vv. 1 & 2

The Gospel

All stand for the Gospel.

Deacon The Lord be with you.

People **And also with you.**

Deacon The Holy Gospel of our Lord Jesus Christ accord-
ing to

Luke [1: 39-56]

People **Glory to you, Lord Jesus Christ.**

In those days Mary set out and went with haste to a Judean town in the hill country, where she entered the house of Zechariah and greeted Elizabeth. When Elizabeth heard Mary's greeting, the child leapt in her womb. And Elizabeth was filled with the Holy Spirit and exclaimed with a loud cry, 'Blessed are you among women, and blessed is the fruit of your womb. And why has this happened to me, that the mother of my Lord comes to me? For as soon as I heard the sound of your greeting, the child in my womb leapt for

joy. And blessed is she who believed that there would be a fulfilment of what was spoken to her by the Lord.'

And Mary said,

'My soul magnifies the Lord,

and my spirit rejoices in God my Saviour,

for he has looked with favour on the lowliness of his servant.

Surely, from now on all generations will call me blessed;

for the Mighty One has done great things for me,

and holy is his name.

His mercy is for those who fear him

from generation to generation.

He has shown strength with his arm;

he has scattered the proud in the thoughts of their hearts.

He has brought down the powerful from their thrones,

and lifted up the lowly;

he has filled the hungry with good things,

and sent the rich away empty.

He has helped his servant Israel,

in remembrance of his mercy,

according to the promise he made to our ancestors,

to Abraham and to his descendants for ever.'

And Mary remained with her for about three months and then returned to her home.

At the conclusion of the Gospel, the Deacon says,

The Gospel of Christ.

People

Praise to you, Lord Jesus Christ.

Gospel Recessional v. 3

Sermon

The Apostles' Creed

The celebrant may invite the people, to join in the recitation of the creed.

Celebrant Let us confess the faith of our baptism, as we say,
**I believe in God,
the Father almighty,
creator of heaven and earth.
I believe in Jesus Christ, his only Son, our Lord.
He was conceived by the power of the Holy Spirit
and born of the Virgin Mary.
He suffered under Pontius Pilate,
was crucified, died, and was buried.
He descended to the dead.
On the third day he rose again.
He ascended into heaven,
and is seated at the right hand of the Father.
He will come again
to judge the living and the dead.
I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting. Amen.**

The Prayers of the People

Confession and Absolution

Celebrant Dear friends in Christ,
God is steadfast in love and infinite in mercy;
God welcomes sinners
and invites us to this table.
Let us confess our sins,
confident in God's forgiveness.

Silence is kept.

Celebrant

All

Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbours as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us,
that we may delight in your will,
and walk in your ways,
to the glory of your name. Amen.

Celebrant

Almighty God have mercy upon you,
pardon and deliver you from all your sins,
confirm and strengthen you in all goodness,
and keep you in eternal life;
through Jesus Christ our Lord.

People

Amen.

The Peace

All stand, and the presiding celebrant addresses the people.

The peace of the Lord be always with you.

People

And also with you.

Offertory Hymn

Tell Out, My Soul

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WOODLANDS

The Celebration of the Eucharist

*The Bulletin and Wine & Hosts for Communion, have been given today
in loving memory of Mr. & Mrs. H.P. Chaddock from family.*

The Prayer over the Gifts

When the gifts have been prepared,

All

Prayer over the Gifts

Gracious God,

by the power of the Spirit

who sanctified the mother of your Son,

make holy all we offer you this day.

We ask this in the name of Jesus Christ the Lord.

The Great Thanksgiving

Eucharistic Prayer 2

Celebrant

The Lord be with you.

People

And also with you.

Celebrant

Lift up your hearts.

People

We lift them to the Lord.

Celebrant

Let us give thanks to the Lord our God.

People

It is right to give our thanks and praise.

Celebrant

We give you thanks and praise, almighty God,
through your beloved Son, Jesus Christ,
our Saviour and Redeemer.

He is your living Word,

through whom you have created all things.

By the power of the Holy Spirit
he took flesh of the Virgin Mary
and shared our human nature.

He lived and died as one of us,
to reconcile us to you,
the God and Father of all.

In fulfilment of your will

he stretched out his hands in suffering,
to bring release to those who place their hope in
you; and so he won for you a holy people.

He chose to bear our griefs and sorrows,
and to give up his life on the cross,
that he might shatter the chains of evil and death,
and banish the darkness of sin and despair.
By his resurrection
he brings us into the light of your presence.

Now with all creation we raise our voices
to proclaim the glory of your name.

All

**Holy, holy, holy Lord,
God of power and might,
heaven and earth are full of your glory.
Hosanna in the highest.
Blessed is he who comes in the name of the Lord.
Hosanna in the highest.**

Celebrant

Holy and gracious God,
accept our praise,
through your Son our Saviour Jesus Christ;
who on the night he was handed over
to suffering and death,
took bread and gave you thanks,
saying, "Take, and eat:
this is my body which is broken for you."
In the same way he took the cup,
saying, "This is my blood which is shed for you.
When you do this, you do it in memory of me."

Remembering, therefore, his death and resurrection,
we offer you this bread and this cup,
giving thanks that you have made us worthy
to stand in your presence and serve you.

We ask you to send your Holy Spirit
upon the offering of your holy Church.
Gather into one

all who share in these sacred mysteries,
filling them with the Holy Spirit
and confirming their faith in the truth,
that together we may praise you
and give you glory
through your Servant, Jesus Christ.

All glory and honour are yours,
Father and Son,
with the Holy Spirit
in the holy Church,
now and for ever.

All **Amen.**

Celebrant And now, as our Saviour Christ has taught us,
we are bold to pray,

All **Our Father, who art in heaven,
hallowed be thy name,
thy kingdom come, thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
the power, and the glory,
for ever and ever. Amen.**

The Breaking of the Bread

The celebrant breaks the consecrated bread for distribution

Celebrant God of promise, you prepare a banquet for us in
your kingdom.

All **Happy are those who are called to the supper of
the Lamb.**

A Prayer for Spiritual Communion

*(which may be prayed by those at home) **

Celebrant

Dear friends, I invite you in this moment,
wherever you may be,
to receive Christ, in communion with the saints,
and the gathering of God's people, unseen and yet
present with us now.
May this prayer be of be of comfort to you:
Lord, you stand at the door of my heart and knock.
You wait for me and only I can let you in.
I believe and trust in you and ask you now to fill
me with your presence.
Feed me with your body and unite me in your
blood,
that I may be your blessing to a world in need.
Amen

The Communion

ALL are invited to come forward to receive both Bread and Wine.

Gluten-free bread is available from those administering.

Wine is offered in individual cups

Communion Hymn

117

Lo, How A Rose E'er Blooming

ES IST EIN' ROS

Prayer after Communion

All

Faithful God,
in this sacrament we receive the promise of
salvation.
May we, like the Virgin Mary,
be obedient to your will.
We ask this in the name of Jesus Christ the Lord.

Then the following doxology may be said.

Celebrant Glory to God,
All **whose power, working in us,
can do infinitely more
than we can ask or imagine.
Glory to God from generation to generation,
in the Church and in Christ Jesus,
for ever and ever. Amen.**

Blessing

Celebrant Go forth now to care for God's world.
Live in harmony with all creation. Go out into all
the world as prophets of a new way of living, and
preach the good news to all.
And the blessing of the Creator God, the Risen
Son, and the Promised Holy Spirit bless you that
you might be a blessing to others today and
always. **Amen.**

Closing Hymn

Hail to the Lord's Anointed

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CRÜGER

Dismissal *by the Deacon*

Deacon Let us go forth in the name of Christ.

People **Thanks be to God.**

Postlude Vom Himmel hoch, da komm ich her. (Fugue)

From heaven above to earth I come.

J. S. Bach (BWV 700)

The Postlude - You are invited to be seated during the postlude to pray or simply to enjoy the music. Alternatively, you may depart in peace following the Deacon's Dismissal.

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Sundays at Four

There are still tickets available to A Chorister's Christmas today at 7pm.

Please visit <https://capellaregalis.com/events> for further information.

Christmas Worship

Tuesday, December 24 Christmas Eve

4 pm Friends and Family Christmas Celebration

7 pm Choral Eucharist Sung by the Cathedral Choir Music by Gabrieli, Howells, Halley, Darke and Bach.

10:30 pm Christmas Eve Midnight Eucharist Service

Sung by the Cathedral Choir and Capella Regalis Men & Boys & Girls Choirs with The Maritime Brass Quintet At 10:30 p.m. The Maritime Brass Quintet and Paul Halley play music for brass and organ by Praetorius, Gabrieli, Bach and Brahms. This forms the Prelude to the service proper which begins at **11 p.m.** The choirs, brass and organ offer anthems by Gabrieli, Rutter and Howells and the Missa Festiva by Gretchaninov. The service ends with Mulet's "Carillon-Sortie" arranged for brass and organ.

Wednesday, December 25 Christmas Day

10 am Holy Eucharist

Friday, December 27

12noon Holy Eucharist

Sunday, December 29

9:30 am Contemporary Eucharist (there is no Sunday School this day)

11 am Eucharist

Wednesday, January 1 New Year's Day

7:30 am New Year's Day Eucharist

10 am - 1 pm Bishop's New Year's Day Eucharist
with Reception to follow

Welcome to the Cathedral Church of All Saints

New Member Information Form

1. Please list the names of each family member in the space below:

SURNAME(s): _____

NAMES: _____

2. Please give your mailing address and telephone number:

3. Email address _____

check here for permission to add your e-mail address to our mailing list. You will receive a bi-monthly listing of Cathedral events called **Cathedral Happenings** and weekly **Sundays @ the Cathedral** announcements.

4. Would you like Offering Envelopes or are you interested in Automatic Offering?

Envelopes: Yes No

Automatic Offering Yes No

**Please complete and return on the collection plate
or give to a Greeter. Thank you!**

Contact Us:

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