(Recognition) I recognize the Presence everywhere of a wondrous, unconditional Love. This Love includes all, accepts all and embraces all that is. I know this Love as the God of My Understanding, the Infinite Force of Good in this world. There is nowhere this Love is not, and no one is excluded from It. I recognize this Love as the only Power that is.

(Unification) As an emanation of this Love, made in Its likeness and image, I recognize that this same Love lives in me. There is nothing for me to be, other than an expression of the One that brought me forth. I am the Good of God, the acceptance of God and the perfect Love of God. And as I know this to be my Truth, I know it to be the Truth of all people, including and especially (*your beloved person*). I affirm that (s)he is the Love of the Divine.

(Realization) And so I speak my Word for the relationship between (your beloved person) and me. I affirm that the Love that we each are is activated powerfully right here and right now by Divine Grace, melting away any and all hurt feelings, bad memories and unkind interactions. I call upon the qualities of compassion and forgiveness in each one of us to make themselves known as a willingness to see the Divine Truth of one another. We are each soothed and comforted in Sweet Spirit as we look anew upon our beloved one, experiencing a deep healing and a fresh beginning in Love. In God, all things are made new.

(Thanksgiving) Giving grateful praise for the Love in my life, I celebrate this healed relationship. I am so thankful for the Truth of this Word now.

(Release) And so I let it go, releasing my Word into the perfect action of the Law of Cause and Effect. I trust that God is handling it all. And so it is.