(Recognition) Expressing in and through and as All of Life is One Pure Love that I call Spirit. In Spirit, all is exactly as it should be, unfolding beautifully and perfectly according to the Law of Life. It is Whole and complete, exactly as It is and in every incarnation. It is the Love and Wisdom that drives acceptance and tolerance of all beings and all situations.

(Unification) As I am made of pure Spirit, I express Its Love and Wisdom with my entire being. Whole and complete exactly as I am, it is my natural state to be Spirit in form.

(Realization) And so I speak my Word for myself, affirming that the Love and Wisdom that I am rise up within me and shine more brightly than ever before. I am guided and led by Indwelling Spirit to live in acceptance and tolerance of everyone I meet, including those who think and believe differently than I do. I recognize that all beings are expressions of Divine Perfection, and so I know that each person is doing the very best they can in this perfect now moment. I bless each beloved soul, and know that Love and Wisdom are active in each of their hearts. I act from a place of kindness and Love, trusting that all is well right here and right now.

(Thanksgiving) I am deeply thankful for the Love and Wisdom in my life now. I'm grateful for my accepting and tolerant nature.

(Release) I release this Word into the Law, thankful that my acceptance and tolerance are already the Truth right now. I let it be, trusting that it is so. And so it is