

PRAYER FOR FOCUS

(Recognition) I turn within, to the space where Truth resides, and there I recognize the Power and the Presence of the Almighty, the One Mind, the All Knowing. This One, with laser focus and absolute Clarity, created all of life and imbued Its creation with Its very Essence. There is nowhere God is not, and no part of It is missing in anyone or anything. It is powerful intention and Divine Intelligence, making Itself known in all things.

(Unification) This is what I know for myself: I am created by that same Almighty Power. It has imprinted Itself on my heart, building me out of Its own stuff and substance, in Its likeness and image. Every aspect of this One is a part of me, built into my very DNA by my Creator. The focus and intention of the Divine is right here within me. The Clarity and Intelligence of God is always mine to claim and express.

(Realization) And so, I speak my Word, affirming that I am perfect focus in all of my affairs. I complete each task before me easily, completely free from distraction or confusion. I see each step clearly, and take action on each with Ease. Divine Intelligence operates through me as a perfect Knowingness about what to do and when to do it, lining every element up beautifully with ideal timing and magnificent outcome. Nothing has the power to pull my attention or my intention away from my focused choices. Nothing can keep me from my good.

(Thanksgiving) Gratitude wells up from the core of me, flowing forth with thanks and praise. I am so grateful for the focus in my life.

(Release) I let it go, releasing it into the Law of Cause and Effect, trusting that it is done. I let it be. And so it is.