

PRAYER FOR HEALTH

(Recognition) There is one Power, one Spirit, one Creator Source of all of Life. This One is Good. It is Health and Wholeness, Energy and Vitality, Joy and Ease. It is the Power that put the very stars in motion. And this One is expressing perfectly in, through and as all of Life. Every person, everything and every situation is an expression of this One that we call God. It is everywhere present, right here and right now.

(Unification) I recognize that I am a divine emanation of this One. I am an expression of God, made whole, perfect and complete, just as I am. Because this is true, everything I claim for God, I must recognize in myself. I am Health and Wholeness, Energy and Vitality, Joy and Ease. I am divinely guided to perfect right action by the still small voice at the center of myself.

(Realization) And so, knowing this truth, I speak my Word for my perfect, Divine health. The wholeness that I already am is activated, called forth to reveal the glory of God in my glowing, radiant health. Every cell, every tissue, every organ, every system operates perfectly and in harmony with my whole body. I overflow with energy, vitally alive in every way. Any and all thoughts, ideas or habits of illness, pain or injury are just gone, back to the nothingness from which they came. They have no power here. Nothing can keep me from my Divine birthright, which is perfect health.

(Thanksgiving) I am so thankful for the Truth of this Word, knowing that it is already manifesting powerfully in my life.

(Release) And so I release this Word into the action of Universal Law, which has already said yes. I let it go. And so it is.