

PRAYER TO PREPARE FOR SURGERY

(Recognition) It is so good to take this time to turn my attention to the Source of All That Is, the One Power and Presence of the Divine. It is all that there is, at the heart of every being, making up the Universe out of Its own Beingness. This One is Perfect Intelligence, knowing and understanding all. It is Wisdom and Kindness, Grace and Wholeness. It is the One Mind, in which rests all knowledge, all discernment, all healing.

(Unification) As a part of All That Is, I must recognize that I am one with The One, made in Its likeness and having access to Its Divine qualities. My mind is one with the One Mind, my heart is one with the One Heart. So, I am Intelligence and Wisdom, Kindness and Grace. I am a seat of Wholeness and healing, right here and right now. And as I know this truth for myself, I know it for every person who in any way affects my health care. I know that Divine Intelligence and Perfect Wisdom are at work within every doctor, surgeon, nurse and aide that assists on my case. I know Kindness and Grace to be in the hearts of all who visit me, who pray for me, who think kindly of me during my healing process.

(Realization) And so, I speak my Word for my perfect health, knowing that The One is working mightily through each of us to perform a wondrous miracle of healing. Intelligence and Wisdom are revealed as excellent decision-making and brilliant performances by every doctor on my case. Kindness and Grace are revealed through warm and thoughtful care. Ease and Wholeness are revealed through a perfect unfoldment of my surgery and recovery, demonstrating the Divine pattern of health in every way. I let fall away from me any and every fear or doubt, for they are not the truth and they have no power. Instead, I trust deeply that God is at work in my life and in my body, supporting me every step of the way. I am loved and I am well.

(Thanksgiving) I am grateful, grateful, grateful for the perfect healing that is mine right now. I am grateful for my doctors, my nurses, my family and my friends who have supported me beautifully. I am grateful to know that I am well.

(Release) And so I let it go, imprinting my intention on the Law of Creative Mind, and trusting that my perfect healing is brought forth into manifest form. I let God do God's job. I know that it is done. And so it is.