

## PRAYER FOR MY HIGHEST AND BEST

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(Recognition) There is only One -- One Life, One Truth, One Presence. We call this One by many names: God, Spirit, Love, Source. And what we know about this One is that It is all there is. It created the Universe and everything in it, every person, in Its own likeness. So every person, everything, is an extension of the One Source. The very Energy that set the stars in motion is present right here and right now. It is confidence and trust and Infinite Intelligence. It is the pouring-forth of abundance and the ever-givingness of Life.

(Unification) And what I recognize is that I am an expression of this One Power. I am made up of God Stuff, and so I am all that I claim for God. I am whole, perfect and complete just as I am, and just as I am not. I am confidence and trust, Divine Intelligence and Abundance. I am Divinely guided to perfect right action and right outcome in every area of my life.

(Realization) And as I see my true nature, I speak my Word now, claiming and affirming that Life is unfolding perfectly and beautifully for me right here and right now. I am Peace, Joy and Calm in every area of my life. I am Abundance and Prosperity, with more than enough financial resources to meet my needs and plenty more to share. Spirit is my Supply and Source, and I am perfectly supplied in every single way. The entire Universe is conspiring to bring me my Good, in the form of loving relationships, prosperous living, connected spirituality and Ease in every area of my life. Any and all thoughts, beliefs or habits around fear, worry or uncertainty are just gone, back to the nothingness from which they came, for they have no power. Everything is working out for my highest and best.

(Thanksgiving) I am so thankful to stand witness to this Truth, knowing it is already manifest in my life now.

(Release) And so I release this Word into the action of Universal Law. I let it go, with confidence and gratitude, knowing it is done. And so it is.