

May 18, 2025

I Get More When I Quiet My Life

Circle your answer: Which one of these phrases is more likely to currently describe you?

- 1) My life is loud from my own voice and the voices of other things
- 2) I am very content with my life
- 3) I have a good idea where I'm going and I'm confident I'll get where I need to go in life

Each of the above scenarios has the potential to override God's voice.

Take 30 seconds of silence: ask God to reveal moments when the noise of things or people has been too loud recently.

Sermon Point: "The more I quiet my life the more I can hear God's whisper."

Share your experience of this statement with another person in your Life Group.

READ Isaiah 30:15; Psalm 32:8, Romans 8:26-27

- (Isaiah 30:15) How does one gain strength through quietness and trust in God? What might this process look like in your life?
- (Psalm 32:8) Which part of this verse is the most comforting to you? Why?
 - Which part of this verse is the most challenging for you to either believe or accept?
- What intentional habits and postures can you embrace to open your heart to God's guidance?
- (Romans 8:26-27) What does it mean to you that the Spirit intercedes for you? How does this shape your understanding of prayer?
- **God's Will and Guidance:** How can trusting the Spirit's intercession help you align more fully with God's will?
- **Deepening Your Prayer Life:** How might this passage inspire you to pray differently or with greater confidence?
- **Heart Examination:** What areas of your life do you need to surrender, allowing the Spirit to search your heart and guide your prayers?

"To transform religious and irreligious people into Fully Devoted Followers of Christ."