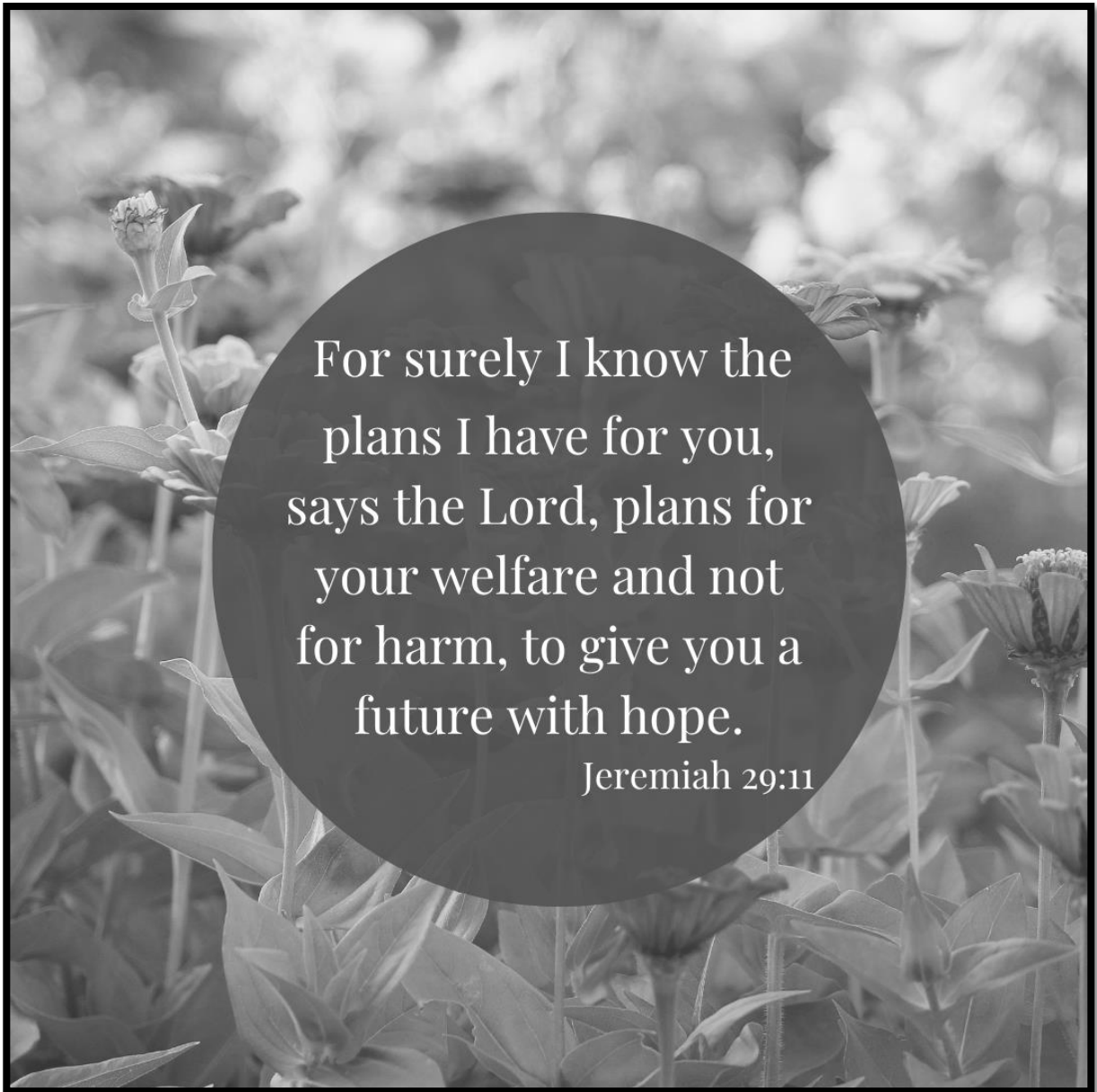


Sunday, July 6, 2025
4th Sunday after Pentecost
10:00 AM Worship



For surely I know the
plans I have for you,
says the Lord, plans for
your welfare and not
for harm, to give you a
future with hope.

Jeremiah 29:11

Welcome to Worship!
As we prepare for worship, please silence your mobile devices.
We invite you to a time of silence and focus.

Saint Andrew's Lutheran Church

WELCOME TO WORSHIP: It is our joy to welcome you to worship today, in-person and from wherever you may be viewing. We give thanks for whatever brought you, and pray that you may experience the love of God surrounding you and upholding you as we gather together to give thanks to God through Word and Sacrament.

ASSISTED LISTENING DEVICES are available to use in the Sanctuary for worship. They are located in the Sound Booth; ask the Sound Booth operator if you would like to use one.

WORSHIP IS LIVESTREAMED in the Faith and Family Center (located near the entrance doors to the large parking lot). Anyone is welcome to worship in that space.

WE WELCOME CHILDREN IN WORSHIP! Like Jesus who welcomed children to his ministry, Saint Andrew's welcomes children to our worship services.

Re-usable activity bags (for readers and non-readers) with books, stickers, crayons, paper, and a snack are available from the usher/hospitality team; please return the bags following worship.

"Younger Disciples Tips" are in the bulletin with ideas to engage children in worship. "A Time for Younger Disciples" during worship invites all God's children to listen to a message.

Health Practices in place to help reduce the spread of viruses and illness:

Mask wearing is optional. Anyone who wishes to mask is welcome to do so.

Hand sanitizer is available throughout the building.

For other activities, events, meetings check our website: <https://SALC.church>

VIDEO AND AUDIO RECORDING IN PROGRESS

Saint Andrews livestreams and records its worship services to YouTube.

Video and Audio recording is currently in progress. It is possible that video footage and/or audio conversations of worshippers in the Saint Andrew's Sanctuary may appear on the YouTube livestream/recording.

GATHERING

PRELUDE

*“Sometimes I feel like a Motherless Child”
Grete Norquist, soloist; Elaine Koga, piano*

arr. Burleigh

WELCOME

Pastor Lara



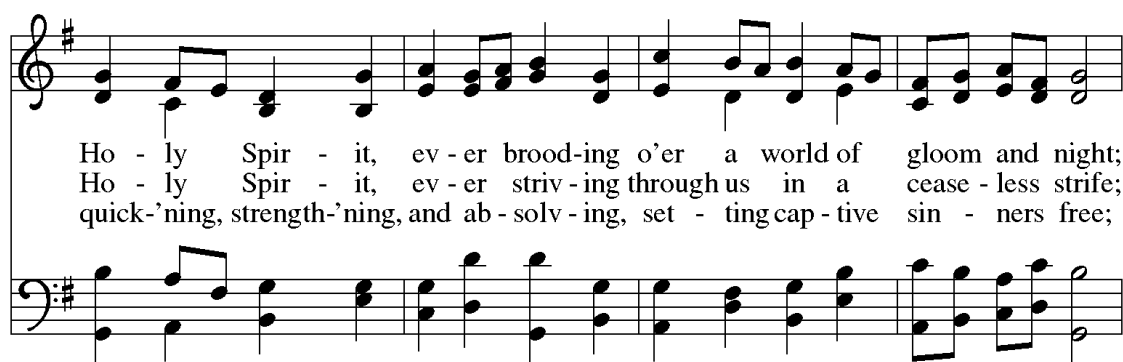
Please stand as you are able.

OPENING HYMN

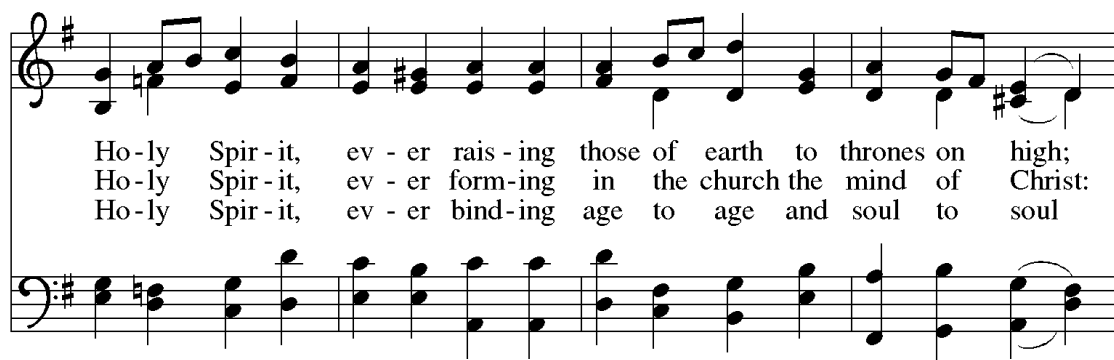
Holy Spirit, Ever Dwelling



1 Ho-ly Spir-it, ev - er dwell-ing in the ho - liest realms of light;
2 Ho-ly Spir-it, ev - er liv - ing as the church's ver - y life;
3 Ho-ly Spir-it, ev - er work-ing through the church's min - is - try;



Ho - ly Spir - it, ev - er brood-ing o'er a world of gloom and night;
Ho - ly Spir - it, ev - er striv - ing through us in a cease - less strife;
quick-'ning, strength-'ning, and ab - solv - ing, set - ting cap - tive sin - ners free;



Ho-ly Spir-it, ev - er rais - ing those of earth to thrones on high;
Ho-ly Spir-it, ev - er form-ing in the church the mind of Christ:
Ho-ly Spir-it, ev - er bind-ing age to age and soul to soul



liv - ing, life - im - part-ing Spir-it, you we praise and mag - ni - fy.
you we praise with end - less wor-ship for your gifts and fruits un - priced.
in com-mu - nion nev - er end-ing, you we wor - ship and ex - tol.

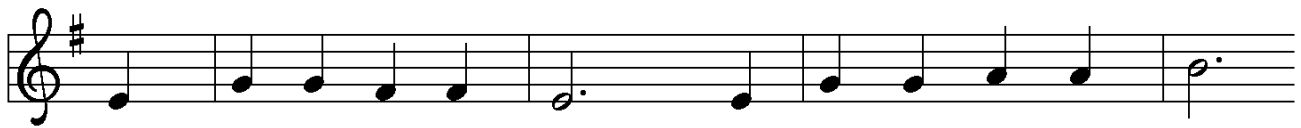
CONFESSION AND FORGIVENESS

In the name of the Father,
and of the † Son,
and of the Holy Spirit.

Amen.

Let us confess our sin in the presence of God and one another.

KYRIE



- 1 Have mer - cy on us, Lord, and hear our sol - emn prayer.
- 2 Have mer - cy on us, Christ, and wash a - way our sin.
- 3 Have mer - cy on us, Lord; make sin and shame de - part.



We come to hear your liv - ing word; it saves us from de - spair.
Pour out your grace and make us whole that new life may be - gin.
Re - new us with your sav - ing pow'r; cre - ate in us new hearts!

Silence is kept for reflection.

Merciful God,
you free us to love others,
but we neglect our neighbors and follow our own way.
You lead us by the Spirit of joy and peace,
but we turn away from the abundant life you offer.
You surround us with patience, kindness,
and generosity, but we grow weary in doing what is right.
In your mercy, forgive us, heal us and show us the path of life.
Amen.

Beloveds, you belong to Christ Jesus
and you are God's children through faith.
In the cross of ✠ Christ,
and through the power of the Holy Spirit,
your sins are forgiven.
Clothed with Christ, you are a new creation.
Amen.

GREETING

The Grace of our Lord Jesus Christ, the love of God,
and the communion of the Holy Spirit be with you all.
And also with you.

CANTICLE OF PRAISE



- 1 Come, let us join our cheer-ful songs with an-gels round the throne;
- 2 "Wor - thy the Lamb that died," they cry, "to be ex - alt - ed thus!"
- 3 Je - sus is wor - thy to re-ceive hon - or and pow'r di - vine;
- 4 Let all cre - a - tion join in one to bless the sa - cred name



ten thou-sand thou-sand are their tongues, but all their joys are one.
"Wor - thy the Lamb," our lips re - ply, "for he was slain for us!"
and bless-ings, more than we can give, be, Lord, for - ev - er thine.
of God who sits up - on the throne, and to a - dore the Lamb.

PRAYER OF THE DAY

Let us pray. Loving God,
you are the city that shelters us, the parent who comforts us. With your Spirit, accompany us on our life's journey, that we may spread your peace in all the world, through your Son, Jesus Christ, our Savior and Lord. Amen.

Please be seated.

A TIME FOR YOUNGER DISCIPLES

Pastor Lara

WORD

Ten years before the destruction of Jerusalem, many leaders of Judah were taken to Babylon. Jeremiah sends a letter to those exiles encouraging them, as they live in that strange place, to raise families and even to pray for the welfare of Babylon.

READING: JEREMIAH 29: 1, 5-14

These are the words of the letter that the prophet Jeremiah sent from Jerusalem to the remaining elders among the exiles and to the priests, the prophets, and all the people whom Nebuchadnezzar had taken into exile from Jerusalem to Babylon.

Build houses and live in them; plant gardens and eat what they produce. Take wives and have sons and daughters; take wives for your sons, and give your daughters in marriage, that they may bear sons and daughters; multiply there, and do not decrease. But seek the welfare of the city where I have sent you into exile, and pray to the LORD on its behalf, for in its welfare you will find your welfare. For thus says the LORD of hosts, the God of Israel: Do not let the prophets and the diviners who are among you deceive you, and do not listen to your dreams that you dream, for it is a lie that they are prophesying to you in my name; I did not send them, says the LORD.

For thus says the LORD: Only when Babylon's seventy years are completed will I visit you, and I will fulfill to you my promise and bring you back to this place. For surely I know the plans I have for you, says the LORD, plans for your welfare and not for harm, to give you a future with hope. Then when you call upon me and come and pray to me, I will hear you. When you search for me, you will find me; if you seek me with all your heart, I will let you find me, says the LORD, and I will restore your fortunes and gather you from all the nations and all the places where I have driven you, says the LORD, and I will bring you back to the place from which I sent you into exile.

Word of God. Word of Life.

Thanks be to God.

Please stand as you are able.

GOSPEL ACCLAMATION



GOSPEL: JOHN 16:4-15

The Holy Gospel according to John.

Glory to you, O Lord.

[Jesus said to the disciples] I have said these things to you so that when their hour comes you may remember that I told you about them.

“I did not say these things to you from the beginning, because I was with you. But now I am going to him who sent me, yet none of you asks me, ‘Where are you going?’ But because I have said these things to you, sorrow has filled your hearts. Nevertheless, I tell you the truth: it is to your advantage that I go away, for if I do not go away, the Advocate will not come to you, but if I go, I will send him to you. And when he comes, he will prove the world wrong about sin and righteousness and judgment: about sin, because they do not believe in me; about righteousness, because I am going to the Father, and you will see me no longer; about judgment, because the ruler of this world has been condemned.

“I still have many things to say to you, but you cannot bear them now. When the Spirit of truth comes, he will guide you into all the truth, for he will not speak on his own but will speak whatever he hears, and he will declare to you the things that are to come. He will glorify me because he will take what is mine and declare it to you. All that the Father has is mine. For this reason I said that he will take what is mine and declare it to you.

The Gospel of the Lord.

Praise to you, O Christ.

Please be seated.

SERMON

Pastor Lara

Please stand as you are able.

HYMN OF THE DAY

Spirit of God, Descend upon My Heart

1 Spir - it of God, de - scend up - on my heart;
 2 I ask no dream, no proph - et ec - sta - sies,
 3 Have you not bid me love you, God and King;
 4 Teach me to love you as your an - gels love,

wean it from earth, through all its puls - es move;
 no sud - den rend - ing of the veil of clay,
 all, all your own, soul, heart, and strength, and mind?
 one ho - ly pas - sion, fill - ing all my frame:

stoop to my weak - ness, strength to me im - part,
 no an - gel vis - i - tant, no op - 'ning skies;
 I see your cross; there teach my heart to cling.
 the bap - tism of the heav'n - de - scend - ed dove,

and make me love you as I ought to love.
 but take the dim - ness of my soul a - way.
 Oh, let me seek you and, oh, let me find!
 my heart an al - tar, and your love the flame.

AFFIRMATION OF FAITH

Apostles' Creed

*Trusting in God's baptismal promises,
we affirm our faith using the words of the Apostles' Creed.*

**I believe in God, the Father almighty,
creator of heaven and earth.**

**I believe in Jesus Christ, God's only Son, our Lord,
who was conceived by the power of the Holy Spirit,
born of the Virgin Mary,
suffered under Pontius Pilate, was crucified, died, and was
buried; he descended to the dead.**

**On the third day he rose again;
he ascended into heaven, he is seated at the right hand of the Father,
and he will come to judge the living and the dead.**

**I believe in the Holy Spirit,
the holy *catholic Church, the communion of saints,
the forgiveness of sins, the resurrection of the body,
and the life everlasting. Amen.**

** here, "catholic" means the wholeness of the church in all times and places.*

THE PRAYERS

After each petition, the leader will say, "Hear us, O God".
*Your response is, **your mercy is great.***

THE PEACE

The peace of Christ be with you always.
And also with you.

Please greet people around you as you are comfortable.

Please be seated.

ANNOUNCEMENTS

Pastor Lara

OFFERING: Our ushers will be passing offering plates. We welcome your gifts to support the mission and ministry of Saint Andrew's Lutheran Church. There are envelopes in the pews, or you can give online using the QR code.



OFFERTORY MUSIC

"Psalm 23"

Douglas Norquist

Greta Norquist, soloist; Elaine Koga, piano

*The Lord is my Shepherd: I shall not want.
He makes me to lie down in meadow pastures,
He leads me beside the still waters.
And He restores my soul.
He leads me in the paths of righteousness for His name's sake.*

*And even though I walk,
Though I walk through the valley of the shadow of death I'll fear no evil
For Thou art with me,
Thy rod and Thy staff they comfort me.*

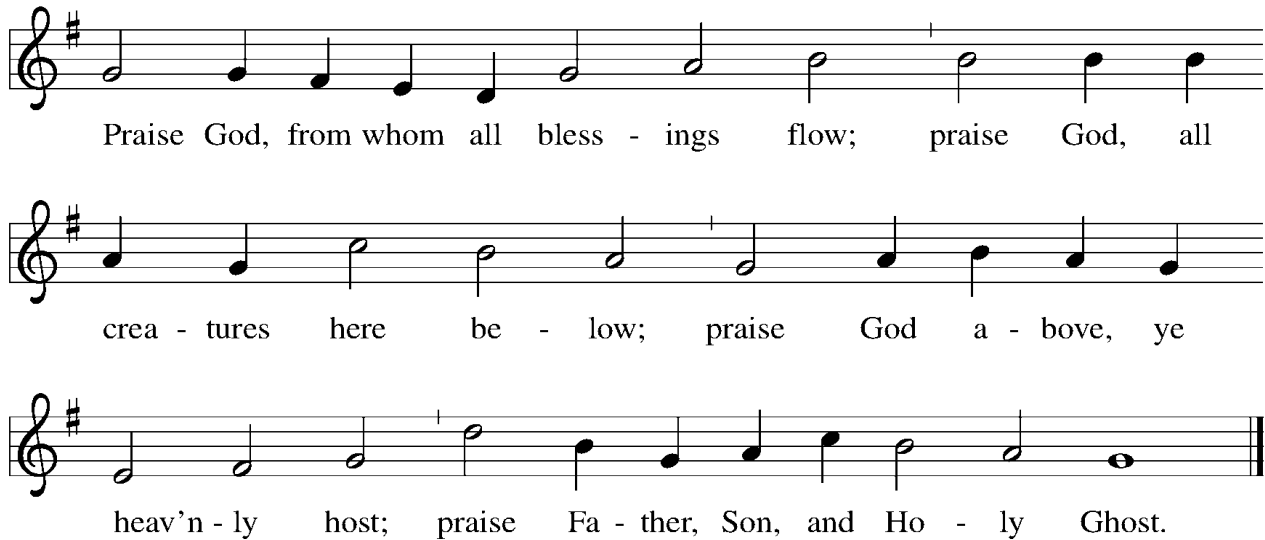
*And Thou preparest a table before me in the
Presence of mine enemies;
And Thou anointest my head with oil;
my cup, it overflows.*

*Surely goodness and mercy shall follow me all the days of my life,
And I will dwell in the house of the Lord forever and ever and ever.*

Please stand as you are able.

OFFERTORY VERSE

Praise God, from Whom All Blessings Flow



Praise God, from whom all bless - ings flow; praise God, all
crea - tures here be - low; praise God a - bove, ye
heav'n - ly host; praise Fa - ther, Son, and Ho - ly Ghost.

OFFERTORY PRAYER

Creator God,
in your wisdom you bring forth all that is good and the harvest is plentiful.
Strengthen us at your table with these gifts of the earth and our labor, that we may
work for the good of all; through Jesus Christ, our Savior. Amen.

MEAL

GREAT THANKSGIVING

The Lord be with you.

And also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give our thanks and praise.

It is indeed right, our duty and our joy, that we should at all times and in all places give thanks and praise to you, almighty and merciful God, through our Savior Jesus Christ; who *on this day overcame death and the grave, and by his glorious resurrection opened to us the way of everlasting life. And so, with all the choirs of angels, with the church on earth and the hosts of heaven, we praise your name and join their unending hymn:

** We say "on this day" because we celebrate Easter every Sunday.*

SANCTUS



Ho - ly, ho - ly, ho - ly Lord, God of pow-er and might,



heav'n and earth are full of your glo-ry. Ho-san - na in the high - est.



Bless - ed is he who comes in the name of the Lord. Ho -



san - na in the high - est, ho - san - na in the high - est.

WORDS OF INSTITUTION

On the night that Jesus was betrayed, he took bread, blessed and broke it and shared it with his friends, saying, "Take and eat, this is my body, given for you. Do this for the remembrance of me."

After they had eaten, Jesus took the cup, blessed it, and shared it with his friends, saying, "This cup is the new covenant in my blood which is shed for you and for all people for the forgiveness of sin. Do this for the remembrance of me."

We pray together the prayer Jesus taught us:

THE LORD'S PRAYER

Our Father in heaven, hallowed be your name,
your kingdom come, your will be done, on earth as in heaven.
Give us today our daily bread.
Forgive us our sins as we forgive those who sin against us.
Save us from the time of trial and deliver us from evil.
For the kingdom, the power, and the glory are yours,
now and forever. Amen.

Please be seated.

We wait silently as the participants who are worshiping online are communed.

LAMB OF GOD



1 O Lamb of God, you bear the sin of all the world a - way;
2 O Lamb of God, you bear the sin of all the world a - way;
3 O Lamb of God, you bear the sin of all the world a - way;



you suf-fered death our lives to save: have mer-cy now, we pray.
you set us free from guilt and grave: have mer-cy now, we pray.
e - ter-nal peace with God you made: give us your peace, we pray.

COMMUNION DISTRIBUTION

Communion is received around the altar rail. You are invited to kneel or stand as you feel comfortable. Please follow the directions of the ushers and use the hand sanitizer provided.

Bread is placed in the hands.

Red wine and White grape juice are offered by individual cup. Please ask if you would like a gluten-free option.

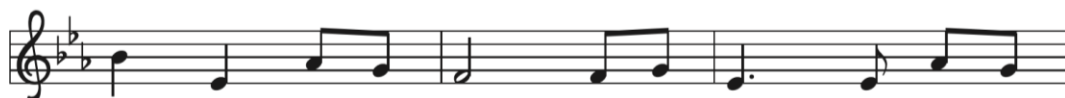
If you wish to be communed in your seat, please let one of the ushers/hospitality team know.

COMMUNION SONG

Loaves Were Broken, Words Were Spoken



1 Loaves were bro - ken, words were spo - ken by the
2 Loaves were bro - ken, words were spo - ken in a
3 Loaves are bro - ken, words are spo - ken, as in
4 By the loaves you break and give us, send us



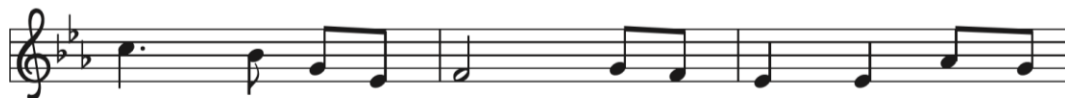
Gal - i - le - an shore. Je - sus, Bread of life from
qui - et room one night. In the bread and wine you
faith we gath - er here. Je - sus speaks a - cross the
in your name to share bread for which the mil - lions



heav - en, was their food for - ev - er - more.
gave them, Christ, you came as Light from Light.
a - ges: "I am with you; do not fear!"
hun - ger, words that tell your love and care.



By your bod - y bro - ken for us, by your



wine of life out - poured, Je - sus, feed a - gain your



peo - ple. Be our Host, our Life, our Lord.

Please stand as you are able.

PRAYER AFTER COMMUNION

Let us pray together. Nurturing God,
you gathered us to your table and we drank deeply of your grace.
Send us out by your Spirit to love our neighbors as ourselves
and proclaim your love in Jesus' name.
Amen.

SENDING

Younger Disciples Tip ~ Blessing: Mark the sign of the cross on your child's forehead as a reminder of this sending blessing.

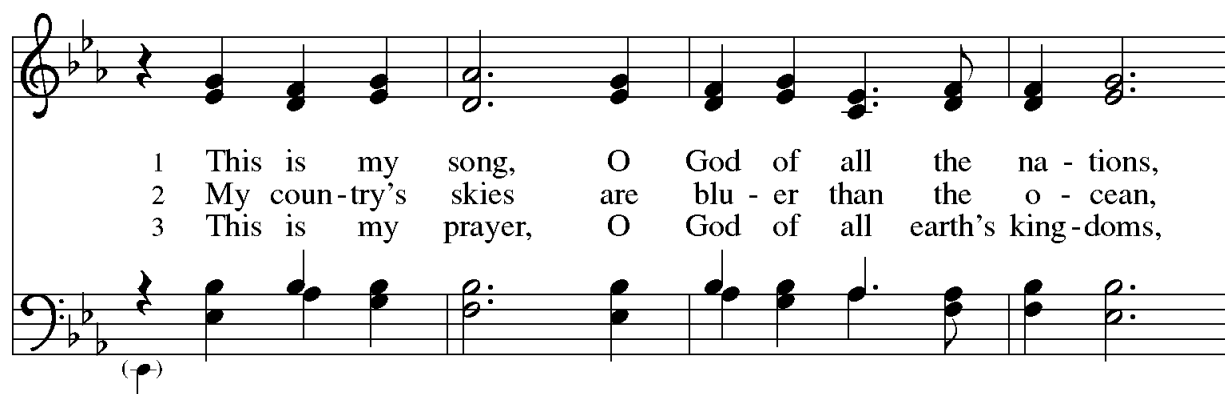
BLESSING

The love of God abound in you;
the grace of our Savior Jesus Christ fill your hearts;
and the life of the Spirit ✠ bless you and give you peace.
Amen.



SENDING SONG

This Is My Song

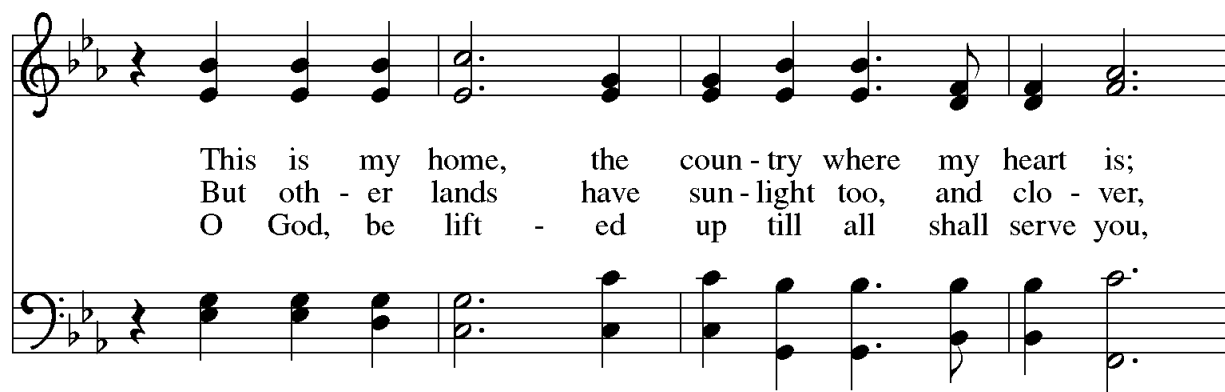


1 This is my song, O God of all the na - tions,
2 My coun - try's skies are blu - er than the o - cean,
3 This is my prayer, O God of all earth's king - doms,

(-P)



a song of peace for lands a - far and mine.
and sun - light beams on clo - ver - leaf and pine.
your king - dom come; on earth your will be done.



This is my home, the coun - try where my heart is;
But oth - er lands have sun - light too, and clo - ver,
O God, be lift - ed up till all shall serve you,

here are my hopes, my dreams, my ho - ly shrine;
 and skies are ev - 'ry - where as blue as mine.
 and hearts u - nit - ed learn to live as one.

but oth - er hearts in oth - er lands are beat - ing
 So hear my song, O God of all the na - tions,
 So hear my prayer, O God of all the na - tions;

with hopes and dreams as true and high as mine.
 a song of peace for their land and for mine.
 my - self I give you; let your will be done.

SENDING

All children and youth are invited to come forward to participate in the sending.

Go in peace to love and serve the Lord.

Thanks be to God!

POSTLUDE

“Down in My Heart”

arr. Ham

Elaine Koga, piano

Thank you to all who are assisting in worship today:

Pastor Lara Forbes, *Preaching and Presiding Minister*

Dr. Will Simpson, *Director of Music*

Elaine Koga, *Accompanist*

Jean Wahlstrom, *Assisting Minister*

Carol Schneider, *Lector*

Melanie Grad, *Acolyte*

Art Gurtel and Gary Rudolph, *Ushers*

Ann Berglind and Jan Bowerman, *Altar Guild*

Johannes Grad, *Livestream Video*

Chase Dooley, *Audio*

Stella Neiman and Mikel Oswalt, *Greeters*

The flowers today are given by Pat and Paul Kaald to the honor and glory of God.

Readings for July 13:

Jeremiah 32:1-3a, 6-15

John 4:31-38

LITURGY and MUSIC: Unless otherwise noted, liturgy, liturgical music, and hymns are from Evangelical Lutheran Worship (ELW) and All Creation Sings (ACS), and Scripture readings are from New Revised Standard Version Bible (NRSV) Liturgy and NRSV text from Sundays and Seasons.com. Copyright 2025 Augsburg Fortress; streamed/reprinted with permission under Augsburg Fortress Liturgies Annual License #SAS006660. All rights reserved. New Revised Standard Version Bible, copyright 1989, Division of Christian Education of the National Council of the Churches of Christ in the United States of America. Used by permission. All rights reserved. Reprinted / podcast / streamed with permission under OneLicense.net #A-718073. All rights reserved. Reprinted / podcast / streamed with permission under CCLI #2042297 and #CSPL048062. All rights reserved



Did you notice the Christmas Tree?? It's Christmas in July!! Take a tag (or 2) to help bring joy to our ministry partners at Kid Vantage and Lantern Hill.

Saint Andrew's Constitution: Last week, an email was sent to the congregation regarding a questionnaire from the Constitution Task Force. If you did not receive the email, please contact Constitution Task Force chair Susan Hegedus, susanhegedus@outlook.com.

Do you love coffee on Sunday morning? So do we!! We are looking for Coffee Hosts for the summer! It means having beverages ready at 9:00 AM in the Fellowship Hall! Set up and clean up. Is that you? Please contact Sherry.





SUMMER PROJECT DAYS

Do you love to clean and sort??

Pick from these summer Tuesdays to come and help out at Saint Andrew's!

We will be organizing 'Church history' finds, clearing out files of old paperwork, updating church records!

Beverages & Snacks provided - bring a lunch if you wish.

Stay for an hour - or the whole time...your choice!

Dates:

Project Tuesdays will be July 8, 15, 22; August 5, 12, 19
10:00 AM - 1:00 PM

Calendar for the Week

Sunday, July 6

9:00 AM Coffee & Conversation
10:00 AM Worship
11:00 AM Ice Cream Sundae Sunday!

Monday, July 7

1:00 PM Staff Meeting
6:00 PM Finance Committee Meeting
7:00 PM Executive Committee Meeting

Tuesday, July 8

8:30 AM Tuesday Morning Men
9:30 AM Dorcas Circle
10:00 AM Summer Project Day

Wednesday, July 9

1:00 PM Congregational Care Team
4:00 PM Adult Education Planning Team

Thursday, July 10

Friday, July 11

Office is closed.

Saturday, July 12

10:00 AM Communications Meeting

Sunday, July 13

9:00 AM Coffee & Conversation
10:00 AM Worship
11:00 AM Sanctuary Refresh Q/A

The Reverend Lara Forbes, Lead Pastor
pastor@SALC.church

The Reverend Timothy T. Weber,
Shared-Time Pastor
timwebertt@yahoo.com

Dr. Will Simpson,
Director of Music Ministries
will@SALC.church

Doug Johnson,
Director of Youth and Family Ministries
doug@SALC.church

Sherry Grindeland, Fellowship Coordinator
sherry@SALC.church

Kurt Lutterman, Facilities Manager
kurt@SALC.church

Kathy Fisher, Communications Director
kathy@SALC.church

Vanessa Wilkie, Handbell Choir Director

Elaine Koga, Choir Accompanist

Soren Lester, Facilities Set-up

Ann Thorpe, Sunday Church School Coordinator

Joan Tweten, Kitchen Team

**We welcome your
support of our mission
and ministry. Use the QR
Code to give to SALC.**



We are a Reconciling in Christ Congregation. All are welcome!

2650 148th Ave SE
Bellevue, WA 98007-6452
425-746-2529 <https://SALC.church>
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