

Table Talk

SPIRITUAL CONVERSATION STARTERS FOR YOUR FAMILY AND FRIENDS

Exodus 22:16-23:33

Is Your Faith Too Small

Aug 10, 20...

r For Younger Kids:

1. God cares for people who need help—like those without family or a home.

How can we help someone who might feel alone?

2. God even wants us to rest, and He cares for animals too!

What's your favorite way to rest and enjoy God's creation?

3. God gives us rules because He loves us.

Can you think of one of God's rules that helps you be kind?

For Older Kids & Preteens:

1. God told His people to treat everyone with kindness—especially those who are vulnerable.

Why do you think this is so important to Him?

2. The Bible talks about balancing work and rest.

How can we make sure we have time to work hard and time to rest well?

3. God says we should use our words wisely.

What's one way you can use your words this week to encourage someone?

For Teens & Adults:

1. God's commands in Exodus 22–23 cover every part of life—from money to relationships to rest.

Which of these areas do you think is easiest for you to surrender to God? Which is hardest?

2. God warns against mistreating vulnerable people and even says He will personally act on their behalf.

How should that shape the way we treat others?

3. Work, rest, worship, justice, generosity—God's design is holistic.

How can your family make sure all of these areas reflect God's heart?

4. Our faith is meant to impact both physical and spiritual realities.

How can we be intentional this week about showing God's goodness in both?

Family Challenge:

As a family, list **three areas of life**—such as money, time, relationships, or hobbies—and talk about how you could honor God more in each one.

Then, choose **one small action** to take this week that shows God's love and justice in a practical way.