Sunday, October 5, 2025 17th Sunday after Pentecost 10:00 AM Worship



Welcome to Worship!
As we prepare for worship, please silence your mobile devices.
We invite you to a time of silence and focus.

Saint Andrew's Lutheran Church

WELCOME TO WORSHIP: It is our joy to welcome you to worship today, in-person and from wherever you may be viewing. We give thanks for whatever brought you, and pray that you may experience the love of God surrounding you and upholding you as we gather together to give thanks to God through Word and Sacrament.

ASSISTED LISTENING DEVICES are available to use in the Sanctuary for worship. They are located in the Sound Booth; ask the Sound Booth operator if you would like to use one.

WORSHIP IS LIVESTREAMED in the Faith and Family Center (located near the entrance doors to the large parking lot). Anyone is welcome to worship in that space.

WE WELCOME CHILDREN IN WORSHIP! Like Jesus who welcomed children to his ministry, Saint Andrew's welcomes children to our worship services. Re-usable activity bags (for readers and non-readers) with books, stickers, crayons, paper, and a snack are available from the usher/hospitality team; please return the bags following worship.

"Younger Disciples Tips" are in the bulletin with ideas to engage children in worship. "A Time for Younger Disciples" during worship invites all God's children to listen to a message.

Health Practices in place to help reduce the spread of viruses and illness:

- Mask wearing is optional. Anyone who wishes to mask is welcome to do so.
- Hand sanitizer is available throughout the building.

For other activities, events, meetings check our website: https://SALC.church

VIDEO AND AUDIO RECORDING IN PROGRESS

Saint Andrews livestreams and records its worship services to YouTube.
Video and Audio recording is currently in progress. It is possible that
video footage and/or audio conversations of worshippers in the Saint Andrew's
Sanctuary may appear on the YouTube livestream/recording.

GATHERING

Worship leaders will say text in light print. **Congregation will say/respond with bold text.**

PRELUDE "Prepare Yourself, My Soul, Watch and Pray" Johann Christian Kittel Will Simpson, organ

WELCOME Pastor Lara



Please stand as you are able.

OPENING HYMN

Praise to the Lord, the Almighty



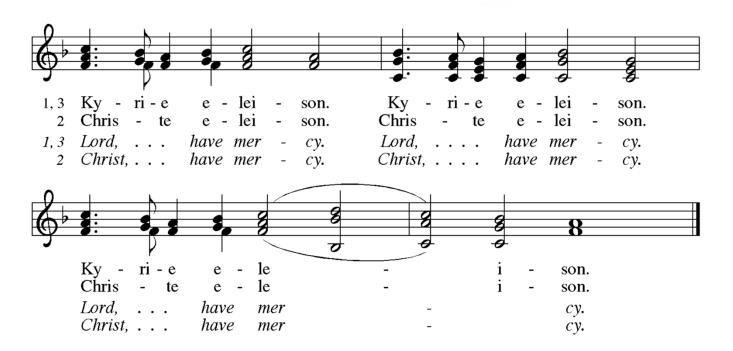
CONFESSION AND FORGIVENESS

Blessed be the Holy Trinity, + the one who forms us, who bears the cross, and who makes our joy complete.

Amen.

Trusting in God's mercy, let us confess our sin in the presence of God and one another.

KYRIE



Silence is kept for reflection.

Steadfast and faithful God,

you have revealed the ways of justice, yet we fail to follow you. We are afraid to risk what we have for the sake of helping others. For the harm we have caused, for the unjust demands we place on others and your creation, and for the ways we turn away from you and our neighbor, forgive us. Lead us back to you and set us on the right path; in the name of Jesus Christ, our Savior. Amen.

Beloved in Christ, God's justice stretches beyond all understanding, and God's compassion is beyond compare. In Jesus, God is always making a new way for us. In + Christ's name, you are forgiven.

Amen.

GREETING

The Grace of our Lord Jesus Christ, the love of God, and the communion of the Holy Spirit be with you all. **And also with you**.

CANTICLE OF PRAISE





PRAYER OF THE DAY

Let us pray. Merciful God,

When we are empty, fill us. When we are weak in faith, strengthen us. When we are cold in love, warm us, that with eagerness we may love our neighbors and serve them for the sake of your Son, Jesus Christ, our Savior and Lord. Amen.

Please be seated.

A TIME FOR YOUNGER DISCIPLES

Pastor Lara

You can find the Exodus story in your Spark Bible on page 90.

WORD

Faced with hunger in the wilderness, the Israelites longed for life back in Egypt and wished they had never left. Then God miraculously and graciously gave them quails and manna to eat.

READING: Exodus 16:1-18

The whole congregation of the Israelites set out from Elim and came to the wilderness of Sin, which is between Elim and Sinai, on the fifteenth day of the second month after they had departed from the land of Egypt. The whole congregation of the Israelites complained against Moses and Aaron in the wilderness. The Israelites said to them, "If only we had died by the hand of the Lord in the land of Egypt, when we sat by the pots of meat and ate our fill of bread, for you have brought us out into this wilderness to kill this whole assembly with hunger."

Then the Lord said to Moses, "I am going to rain bread from heaven for you, and each day the people shall go out and gather enough for that day. In that way I will test them, whether they will follow my instruction or not. On the sixth day, when they prepare what they bring in, it will be twice as much as they gather on other days." So Moses and Aaron said to all the Israelites, "In the evening you shall know that it was the Lord who brought you out of the land of Egypt, and in the morning you shall see the glory of the Lord, because he has heard your complaining against the Lord. For what are we, that you complain against us?" And Moses said, "When the Lord gives you meat to eat in the evening and your fill of bread in the morning, because the Lord has heard the complaining that you utter against him—what are we? Your complaining is not against us but against the Lord."

Then Moses said to Aaron, "Say to the whole congregation of the Israelites: 'Draw near to the Lord, for he has heard your complaining.' " And as Aaron spoke to the whole congregation of the Israelites, they looked toward the wilderness, and the glory of the Lord appeared in the cloud. The Lord spoke to Moses, "I have heard the complaining of the Israelites; say to them, 'At twilight you shall eat meat, and in the morning you shall have your fill of bread; then you shall know that I am the Lord your God.'"

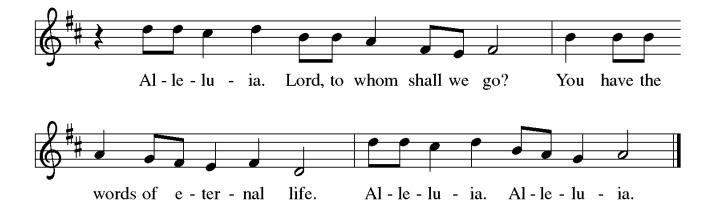
In the evening quails came up and covered the camp, and in the morning there was a layer of dew around the camp. When the layer of dew lifted, there on the surface of the wilderness was a fine flaky substance, as fine as frost on the ground. When the Israelites saw it, they said to one another, "What is it?" For they did not know what it was. Moses said to them, "It is the bread that the Lord has given you to eat. This is what the Lord has commanded: Gather as much of it as each of you needs, an omer per person according to the number of persons, all providing for those in their own tents." The Israelites did so, some gathering more, some less. But when they measured it with an omer, those who gathered much had nothing over, and those who gathered little had no shortage; they gathered as much as each of them needed.

Word of God. Word of Life.

Thanks be to God.

Please stand as you are able.

GOSPEL ACCLAMATION



GOSPEL: John 6:35-38, 41-51

The Holy Gospel according to John. **Glory to you, O Lord.**

Jesus said to them, "I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty. But I said to you that you have seen me and yet do not believe. Everything that the Father gives me will come to me, and anyone who comes to me I will never drive away, for I have come down from heaven not to do my own will but the will of him who sent me.

Then the Jews began to complain about him because he said, "I am the bread that came down from heaven." They were saying, "Is not this Jesus, the son of Joseph, whose father and mother we know? How can he now say, 'I have come down from heaven'?" Jesus answered them, "Do not complain among yourselves. No one can come to me unless drawn by the Father who sent me, and I will raise that person up on the last day. It is written in the prophets, 'And they shall all be taught by God.' Everyone who has heard and learned from the Father comes to me. Not that anyone has seen the Father except the one who is from God; he has seen the Father. Very truly, I tell you, whoever believes has eternal life. I am the bread of life. Your ancestors ate the manna in the wilderness, and they died. This is the bread that comes down from heaven, so that one may eat of it and not die. I am the living bread that came down from heaven. Whoever eats of this bread will live forever, and the bread that I will give for the life of the world is my flesh."

The Gospel of the Lord. **Praise to you, O Christ.**

Please be seated.

SERMON Pastor Lara

Please stand as you are able.

HYMN OF THE DAY

Bread of Life from Heaven



AFFIRMATION OF FAITH

Apostles' Creed

Trusting in God's baptismal promises, we affirm our faith using the words of the Apostles' Creed.

I believe in God, the Father almighty,

creator of heaven and earth.

I believe in Jesus Christ, God's only Son, our Lord,

who was conceived by the power of the Holy Spirit,

born of the Virgin Mary,

suffered under Pontius Pilate, was crucified, died, and was

buried; he descended to the dead.

On the third day he rose again;

he ascended into heaven, he is seated at the right hand of the Father, and he will come to judge the living and the dead.

I believe in the Holy Spirit,

the holy *catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

Younger Disciples Tip ~ Prayers/Offering: Invite children to write down who they want to pray for this week and one way they can serve their family/community.

THE PRAYERS

After each petition, the leader will say, "Lord, in your mercy," Your response is, hear our prayer.

THE PEACE

The peace of Christ be with you always.

And also with you.

Please greet people around you as you are comfortable.

Please be seated.

^{*} here, "catholic" means the wholeness of the church in all times and places.

ANNOUNCEMENTS Pastor Lara

OFFERING

Our ushers will be passing offering plates. We welcome your gifts to support the mission and ministry of Saint Andrew's Lutheran Church. There are envelopes in the pews, or you can give online using the QR code.



OFFERTORY MUSIC

"Lord's Prayer"
Vanessa Wilkie, soloist; Will Simpson, piano

Paul Isensee



Please stand as you are able.

OFFERTORY VERSE

Now Thank We All Our God



OFFERTORY PRAYER

Let us pray. God of abundance,

all things belong to you. We bring your gifts to the table, that all might be fed. Form us into the body of your Beloved, Jesus Christ, our Savior. Amen.

MEAL

GREAT THANKSGIVING

The Lord be with you.

And also with you.

Lift up your hearts.

We lift them to the Lord.

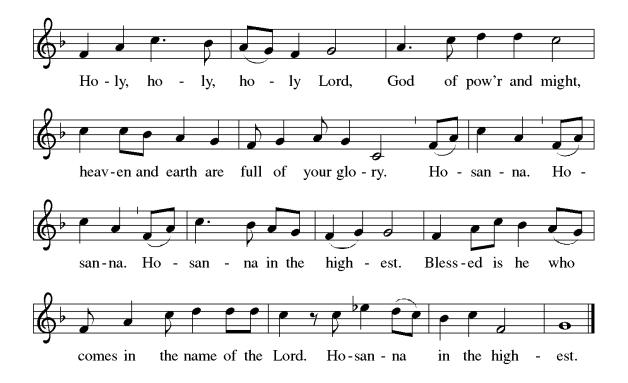
Let us give thanks to the Lord our God.

It is right to give our thanks and praise.

It is indeed right, our duty and our joy, that we should at all times and in all places give thanks and praise to you, almighty and merciful God, through our Savior Jesus Christ; who *on this day overcame death and the grave, and by his glorious resurrection opened to us the way of everlasting life. And so, with all the choirs of angels, with the church on earth and the hosts of heaven, we praise your name and join their unending hymn:

^{*} We say "on this day" because we celebrate Easter every Sunday.

SANCTUS



WORDS OF INSTITUTION

On the night that Jesus was betrayed, he took bread, blessed and broke it and shared it with his friends, saying, "Take and eat, this is my body, given for you. Do this for the remembrance of me."

After they had eaten, Jesus took the cup, blessed it, and shared it with his friends, saying, "This cup is the new covenant in my blood which is shed for you and for all people for the forgiveness of sin. Do this for the remembrance of me."

We pray together the prayer Jesus taught us:



THE LORD'S PRAYER

Our Father in heaven, hallowed be your name, your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread.

Forgive us our sins as we forgive those who sin against us.

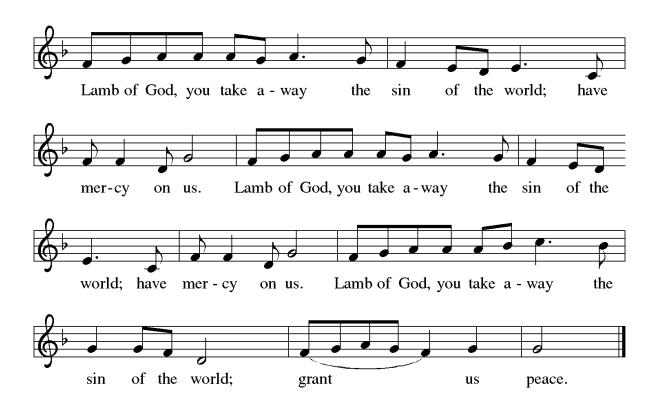
Save us from the time of trial and deliver us from evil.

For the kingdom, the power, and the glory are yours, now and forever. Amen.

Please be seated.

We wait silently as the participants who are worshiping online are communed.

LAMB OF GOD



COMMUNION DISTRIBUTION

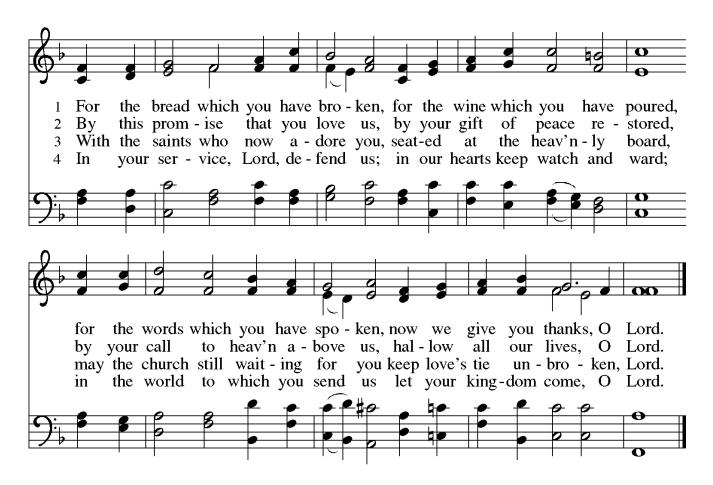
Communion is received around the altar rail. You are invited to kneel or stand as you feel comfortable. Please follow the directions of the ushers and use the hand sanitizer provided.

Bread is placed in the hands. Red wine and white grape juice are offered by individual cup. Please ask if you would like a gluten-free option.

If you wish to be communed in your seat, please let one of the ushers/hospitality team know.

COMMUNION MUSIC

For the Bread Which You Have Broken



Please stand as you are able.

PRAYER AFTER COMMUNION

Let us pray. Blessed be your name, O God,

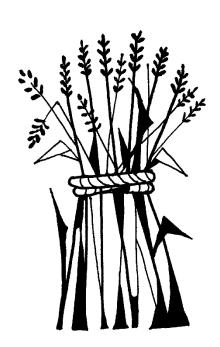
for we have feasted on your Word. Strengthened by this food, send us to gather the world to your banquet, where none are left out and all are satisfied. In Jesus' name we pray. Amen.

SENDING

Younger Disciples Tip ~ Blessing: Mark the sign of the cross on your child's forehead as a reminder of this sending blessing.

BLESSING

May God, the source of glory, + the Word of life, and the Spirit of truth, bless you now and forever. **Amen.**



SENDING HYMN

For the Beauty of the Earth



SENDING

All children and youth are invited to come forward to participate in the sending.

Go in peace, to love and serve the Lord.

Thanks be to God!

POSTLUDE

"Festival Toccata" Will Simpson, organ

Percy Fletcher



Thank you to all who are assisting in worship today:

Mikel Oswalt and Stella Nieman, Greeters

Pastor Lara Forbes, Preaching and Presiding Minister
Dr. Will Simpson, Director of Music
Elaine Koga, Accompanist
Amy Baro, Assisting Minister
Dave Vossler, Lector
Avery Laub, Acolyte
Mark Davis and Art Gurtel, Ushers
Teresa Lutterman, Altar Guild
David Mills, Livestream Video
Peter Cornwell, Audio

The FLOWERS today are given to the Glory of God by **CJ Tatum** in memory of her parents, H. James Burdon and Mildred E. Burdon, in honor of their birthdays and wedding anniversary on October 7; in memory of CJ's brother James Burdon, whose birthday is October 8; and in honor of CJ's aunt, Sissy Korner, whose birthday is October 7, and uncle Don Korner whose birthday is October 20.

Readings for October 12
Pastor Tim Weber preaching
1 Samuel 3:1-21

John 20:19-23



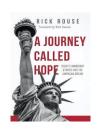
<u>Lutherfest</u> is TODAY! Hope to see you therethere are still some tickets available, talk to Sherry after worship

This fall the **Health and Wholeness Committee** is collecting items for **Personal Care Kits.** Lutheran World Relief will give these kits to needly people throughout the world. (including the US) The need is never ending! Help us fill as many kits as we can with the following items. (We did 180 in the spring)

- Bath towels: lightweight, dark colors, size 20"X40" to 27"X50".
- Soap: 4 or 5 oz.
- Toothbrushes: adult size. Multi-packs are ok
- Combs: Sturdy (no picks or fine-tooth combs)
- Nail Clippers: large sizes
- Medium size sturdy boxes, which we use for mailing.

You may put your donations in the bin designated "LWR/Health Kits Items" in the Narthex, or leave on bench in office.

We also accept monetary donations. Clearly mark your check "Kits for LWR" and place in offering plate or mail to Saint Andrews.



The Women's Book Group begins October 8th We will meet promptly at 10:00 am on **Wednesdays from October 8th through November 19th**. We will end on time at 11:30 am. *A Journey Called Hope* by Rick Rouse is our book selection for Fall 2025. All women are invited to join us in the Library or on Zoom. We meet together to learn, share our stories, pray, and encourage service. And, we laugh a lot! Contact Cheryl Jurrus for link/information (cheryljurrus74@gmail.com).



Bible Study on Sunday, October 12: Come to the Fellowship Hall at 9:00 a.m to join our new Bible Study. We will meet once a month to open our Bibles, share our insights, pray, and fellowship together. We are starting with 1 John and we will be looking at Chapter 3. What does it mean to "love one another"? Who is my brother? Did the apostle John write this to the churches which were struggling? What does this letter from John say to us in the year 2025? What does it mean to know and belong to God? Your leaders will be Cheryl Jurrus

and Allen Bolen. Please join us for this new adventure!

*** We will have a quick review of 1 John - Chapters 1 and 2. Don't worry. There is no quiz.

Corner of Blessing for October + November: We are gathering NO-COOK items to pack Emergency Food Bags for Hopelink! - Peanut Butter; Applesauce or Fruit Cups; Pouched Meat or Jerky; Canned Meals/Soups; Granola Bars; Snack Items; Shelf-Stable Drinks.

Calendar for the Week

Sunday, October 5

9:00 AM Adult Coffee & Conversation

Sunday School begins!

10:00 AM Worship 4:00 PM Lutherfest

Monday, October 6

10:00 AM Health & Wholeness meeting

1:00 PM Staff meeting

6:00 PM Finance Committee meeting 7:00 PM Executive Committee meeting

Tuesday, October 7

8:30 AM Tuesday Morning Men

9:30 AM Dorcas Circle 7:00 PM Bell Choir

Wednesday, October 8

10:00 AM Women's Book Group

Thursday, October 9

7:00 PM Choir Rehearsal

Friday, October 10

Office is closed.

Saturday, October 11

Sunday, October 12

9:00 AM Adult Bible Study

Sunday School

10:00 AM Worship

11:00 AM Sunday Brunch

Monday, October 13

1:00 PM Staff meeting

7:00 PM Congregation Council meeting

Tuesday, October 14

8:30 AM Tuesday Morning Men

7:00 PM Bell Choir

Wednesday, October 15

10:00 AM Women's Book Group

Thursday, October 16

7:00 PM Choir Rehearsal

Friday, October 17

Office is closed.

Saturday, October 18

Sunday, October 19

Quilt Blessing

9:00 AM Adult Coffee & Conversation

Sunday School

10:00 AM Worship 11:00 AM Knit Wits The Reverend Lara Forbes, Lead Pastor

pastor@SALC.church

The Reverend Timothy T. Weber,

Shared-Time Pastor timwebertt@yahoo.com

Dr. Will Simpson,

Director of Music Ministries

will@SALC.church

Doug Johnson,

Director of Youth and Family Ministries

doug@SALC.church

Sherry Grindeland, Fellowship Coordinator

sherry@SALC.church

Kurt Lutterman, Facilities Manager

kurt@SALC.church

Kathy Fisher, Communications Director

kathy@SALC.church

Vanessa Wilkie, Handbell Choir Director

Elaine Koga, Choir Accompanist

Soren Lester, Facilities Set-up

April Daniel, Records Administrator

Ann Thorpe, Sunday Church School Coordinator

Joan Tweten, Kitchen Team

We welcome your support of our ministry. You can give online using the QR code.







2650 148th Ave SE Bellevue, WA 98007-6452 425-746-2529

https://SALC.church
Follow us on Facebook
and Instagram
SALC and SALCfamilies